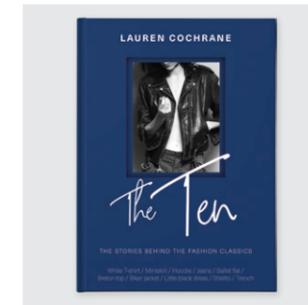




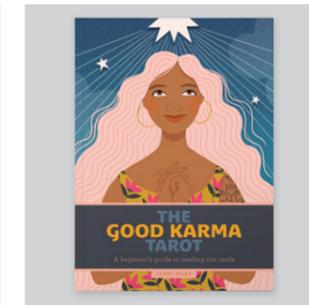
#WELBECK FOR BOOKS

04



LIFESTYLE & GIFT

15



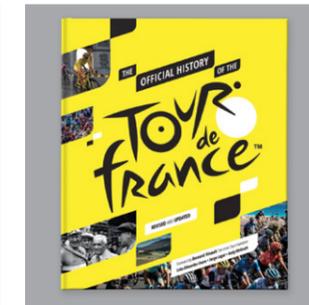
MBS & WELLBEING

46



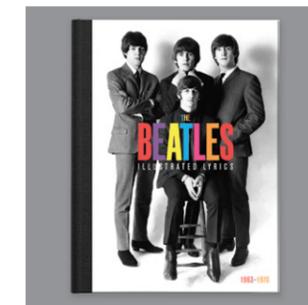
REFERENCE

61



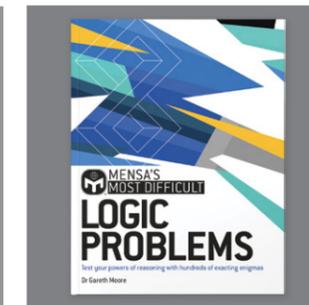
SPORT

67



MUSIC & ENTERTAINMENT

74



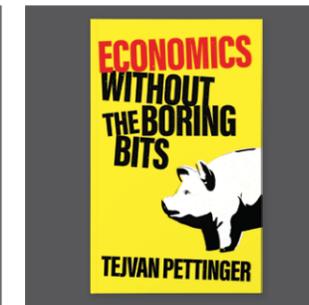
PUZZLES

83



ORANGE HIPPO!

90



NARRATIVE NON-FICTION

94



CHILDREN'S

All descriptions in this catalogue are correct at the time of going to press and are subject to alteration without any notice.



WELBECK PUBLISHING GROUP

Narrative and Illustrated Non-Fiction and highly commercial Fiction



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Brand new children's fiction imprint with debut diamonds and big brands



40 WAYS TO FOLD A NAPKIN

OH Editions

November 2021

190mm 190mm

Hardback

96 pages

£9.99

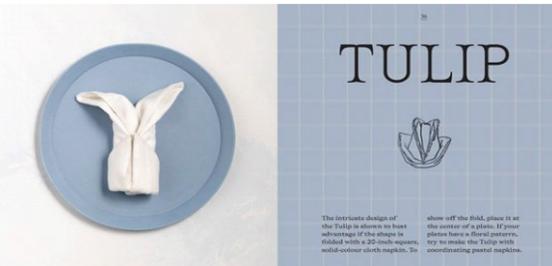
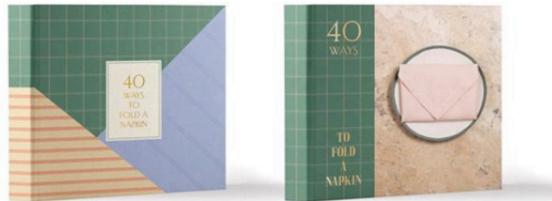
Crafts & Hobbies / Decorating

- Over 40 ways to fold a napkin to elevate every meal.
- the hashtag #tablescap boasts 1.19million posts and #tabledecor has raked in 2.45million.
- Stylish design features colour photography as well as step-by-step illustrations of how to fold each napkin
- Features folds for several holidays, from Christmas to Easter and more.
- Gives instructions on how to care for your napkins and how to achieve the perfect fold.
- Excellent stocking stuffer for the foodie in your life

In the past 12 months, entertaining has been impossible. Once we all return to some sort of normalcy, hosting a brunch, lunch or dinner party will become all the more important, and what better way to elevate your dinner party than with a stylish table setting.

In *40 Ways to Fold a Napkin* you will discover 40 ways to turn your meal into a tablescaped event, worthy of an Instagram post. From simple folds that can hold culinary to elegant knots, quirky envelopes and more, your event will instantly become more refined and classy. There are even some special folds for Christmas, Thanksgiving, Easter, Chinese New Year and more.

From birthdays to DIY weddings, dinner parties or just a Friday night at home for two, this stylish guide for anyone who loves to entertain. Make every meal an event by folding your napkins.



SKETCHBOOK CHALLENGE

200 drawing exercises to unleash your creativity

Egan Molly

- Drawing and sketching in particular have been connected with improved creativity, memory, and stress relief, and are also used in art therapy.
- Molly Egan is an illustrator based in the US with over 120k followers on Instagram. She has taught classes to people of all ages on how to get the creative juices flowing and draw for pleasure.

Many people would love to learn to draw for pleasure, but don't know where to start. Being faced with a blank page can be daunting – even for a professional artist. In *Sketchbook Challenge*, illustrator Molly Egan shares prompts and ideas to get you started, encouraging risk taking and experimentation.

The book is split into three sections:

Warm Up, for 5- to 10-minute exercises designed to stretch your muscles; **Weekday**, for guided creative drawing prompts for limited time; and **Weekend**, for open ended, in-depth creative explorations. In addition to the exercises, Molly provides details on how to build an art kit and encourages artistic exploration beyond the pages of the book.

Sketching is fun and therapeutic, and *Sketchbook Challenge* will be the springboard to unleash your creativity and discover your own style.

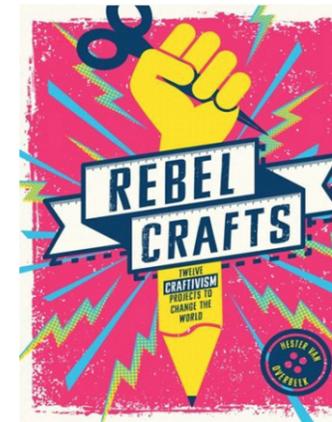
£15.00

Flexible plastic/vinyl cover

225mm 175mm

352 pages

Art / Techniques



REBEL CRAFTS

Twelve craftivism projects to change the world

van Overbeek, Hester

In the wake of global events, more people than ever are joining protest movements (Women's March, Black Lives Matter, March for Our Lives, Extinction Rebellion)

Craftivism is a movement of "gentle protest", a way of protesting from your own home or craft studio

Hand-painted signs, stickered slogans and knitted hats: craft and protest have gone hand in hand since people began to take to the streets and stand up for change. A way of visualising your beliefs, craftivism combines a passion for making with the desire to make your voice heard - using your own hands to quietly subvert the status quo.

Rebel Crafts collects projects that will inspire change, resist injustice and subvert the everyday. Experienced craft author Hester's Handmade Home shares expert advice in 12 fully illustrated step-by-step makes. With crafts suitable for both the experienced maker and the beginner, Hester will teach you how to stitch your way to freedom, screen-print for equality, letter-write for the people and sport your feminist credentials on a badge. Filled with beautifully photographed ideas for how to use and style your makes, *Rebel Crafts* is a fun and right-on collection of activism-inspired

£12.99

Paper over boards

April 2021

219mm 173mm

160 pages

CRAFTS & HOBBIES / Mixed Media



TRUE COLOUR

Many people crave a creative outlet but don't know where to start. The *True Colour* series is a range of drawing books inspired by famous works of art that celebrate colour. Explore creative prompts directly onto the page using various techniques and materials, and unlock your creative self.

UK RRP £9.99 | Paperback | 220 x 170 mm | 64 pages | 2,000 words



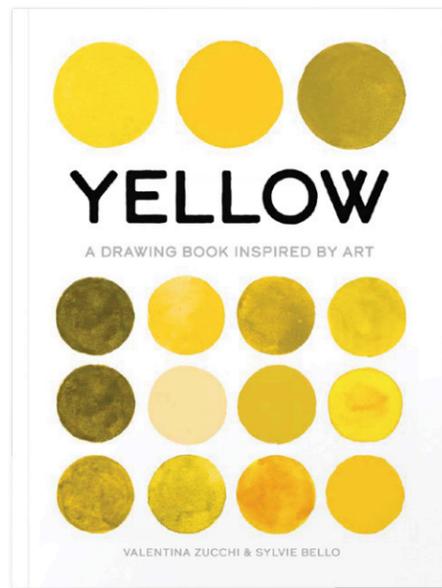
GREEN

A DRAWING BOOK INSPIRED BY ART

VALENTINA ZUCCHI & ANGELA LEON

GREEN

978-1-80069-021-9 • June 2021



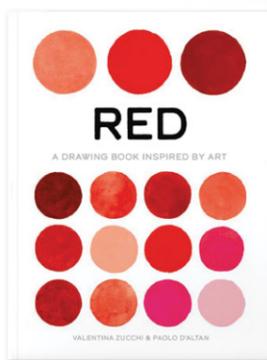
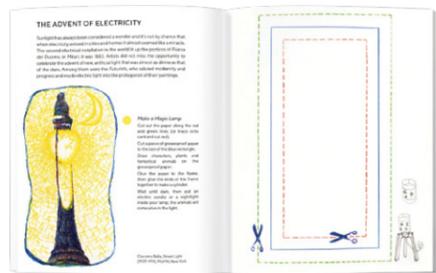
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VALENTINA ZUCCHI & SYLVIE BELLO

YELLOW

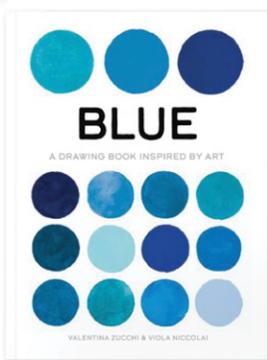
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RED

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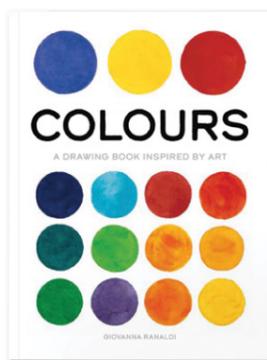
VALENTINA ZUCCHI & PAOLO DALTAN



BLUE

A DRAWING BOOK INSPIRED BY ART

VALENTINA ZUCCHI & VIOLA NICCOLAI



COLOURS

A DRAWING BOOK INSPIRED BY ART

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COLOURS

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BLUE

978-1-80069-013-4

BLACK

978-1-80069-020-2

WHITE

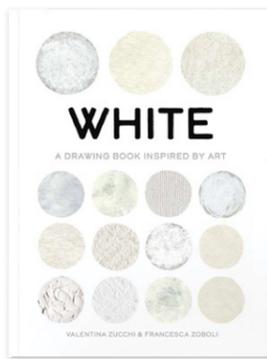
978-1-80069-015-8



BLACK

A DRAWING BOOK INSPIRED BY ART

VALENTINA ZUCCHI & FRANCESCA ZOBOLI



WHITE

A DRAWING BOOK INSPIRED BY ART

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CHILLING COCKTAILS

Classic Cocktails with a Horrifying Twist

Jason Ward
September 2021

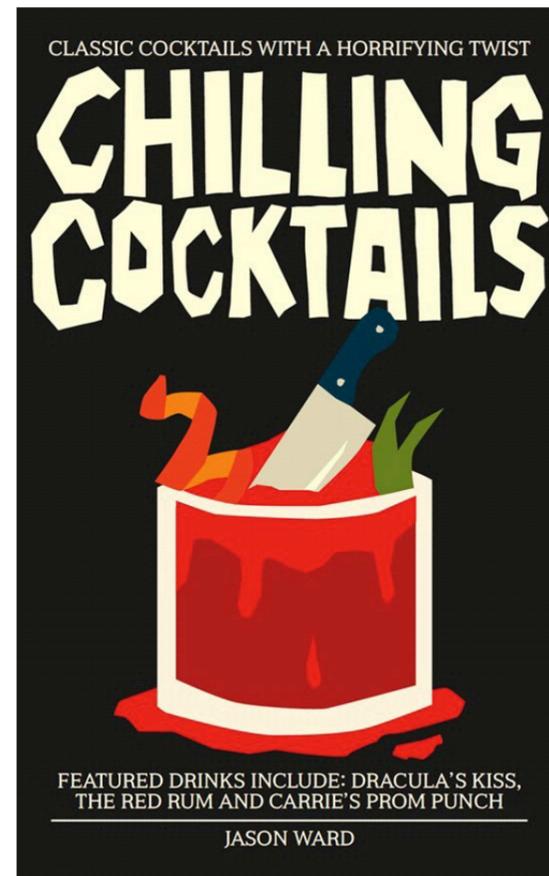
198mm 129mm

Hardback

144 pages

£9.99

Cooking / Beverages



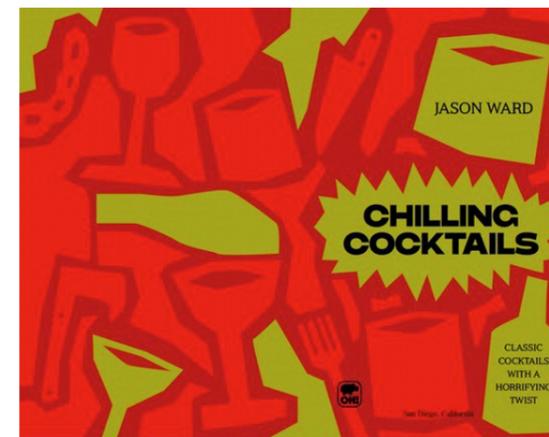
The author has an in-depth knowledge of the horror genre, making this book a great read as well as a book filled with excellent recipes.

The book's compact size makes it a perfect stocking filler.

From *Dracula* to *Frankenstein*, and *The Shining* to *The Exorcist*, literature has provided the most enduringly horrifying monsters and terrors to ever haunt the human imagination.

Fifty cocktails and snacks are included inspired by the most famous monsters, ghosts and crazed killers from literary history.

This is the perfect gift book for horror fans – providing cocktails and snacks for a horror-themed movie night or a Halloween party.



Did *Silence of the Lambs* leave you reaching for a smooth bottle of dry red wine?

After reading *The Shining* did you have an unaccountable urge to sip a red rum concoction?

And did Bram Stoker's *Dracula* induce a craving for... well, perhaps the less said about that the better.

If so, fear not – you are not alone! *Chilling Cocktails* is a creepy compendium of 50 drinks inspired by the most frightening horror stories ever written. Each delicious recipe is accompanied by dark and compelling facts and anecdotes about the inspiring story, certain to get you in the mood for a cool refreshment.

What's more, if you can keep your appetite after reading the grisly details, a selection of complementary snack ideas are also sprinkled throughout. Try pairing 'Dracula's Kiss' with some 'Night of the Living Dead Cheddar Bites'. Or 'Carrie's Prom Punch' with 'Paranormal eggitivity Deviled Eggs'.

The perfect gift for the horror and booze fan in your life, *Chilling Cocktails* is all you need to get the party started for your next horror movie night or Halloween party – just make sure the doors and windows are locked first!

A compendium of 50 drinks inspired by the most frightening horror stories ever written. Each recipe is accompanied by dark and compelling facts and anecdotes about the inspiring story; and a selection of complementary snack ideas are also sprinkled throughout.



Jason Ward is a writer and journalist based in Glasgow, Scotland. He has written about film for publications including the *Guardian*, *Little White Lies* and *Dazed*, as well as the books *Movie Star Chronicles* and *1001 Movies You Must See Before You Die*. He is also the author of books including *Should You Buy This Book?* and *Edgar Allan Poe's Puzzles From Beyond the Grave*. As a child, he once stayed up late to watch *Night of the Living Dead* on TV and has never gotten over it.



ANNABEL KARMEL'S FUN, FAST AND EASY CHILDREN'S COOKBOOK

Annabel Karmel

UK RRP **£14.99**
978-1-78739-816-0
September 2021
246 x 189 mm

Hardback
112 pages
10,000 words
Cooking

Brand new cookbook from Annabel Karmel, the UK's no. 1 children's cookery author.

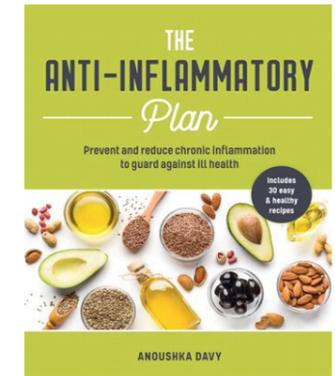
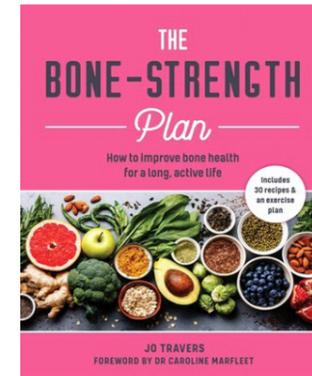
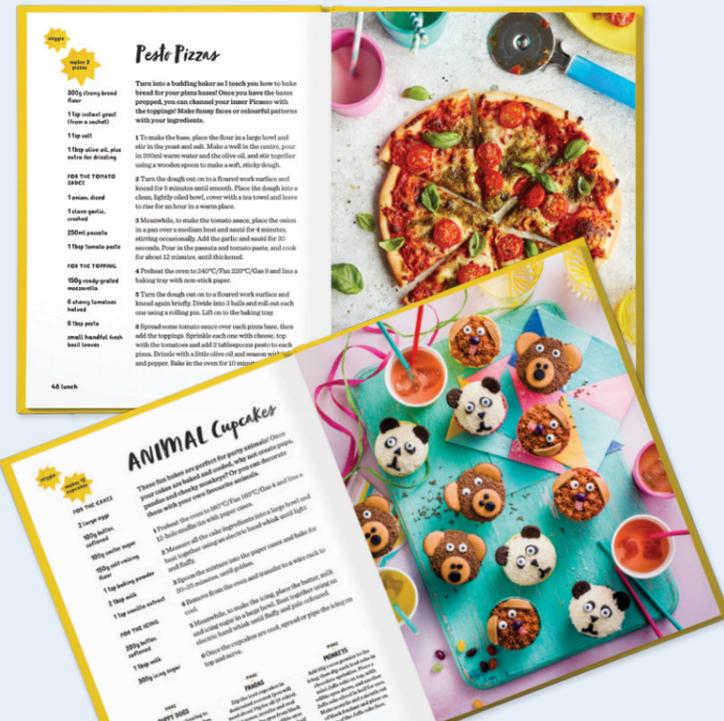
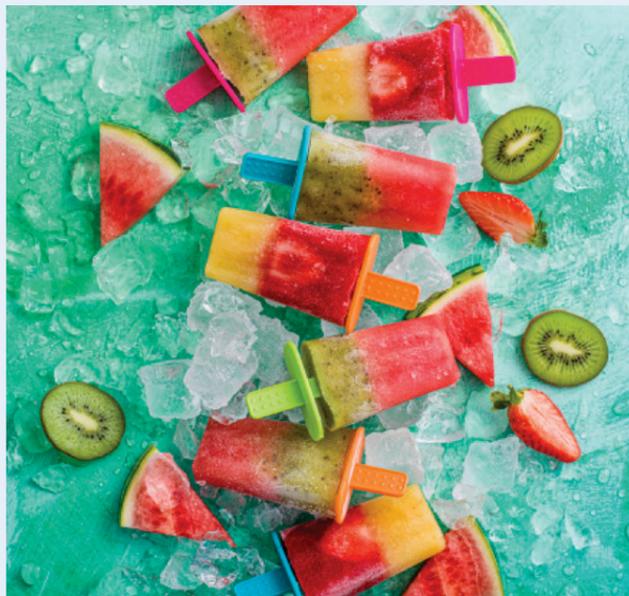
Perfect for parents who have used Annabel's weaning books and are now moving on to making meals for young children.

Annabel Karmel brand has worldwide appeal and recognition.

This practical cookbook from leading children's cookery author Annabel Karmel is filled with fun, tasty recipes that will help parents inspire young children with a love of cooking, food and healthy eating. Inside, you'll find everything from Hidden Vegetable Bolognese to Teddy Bear Burgers, as well as nutritionally balanced snacks and sweets like oat and raisin cookies and fruity ice lollies. Recipes include child-friendly versions of food from around the world, such as stir-fries, paella and kebabs. The recipes cater to all dietary requirements, featuring swaps for gluten-free, dairy-free, vegetarian and vegan versions.

Adults will appreciate the emphasis on nutrition and straightforward, step-by-step instructions. And thanks to the engaging illustrations, children will love discovering more about the food they eat, as well as helping to create meals they'll love.

Annabel Karmel is the UK's best-selling children's cookbook author, with over 4 million copies of her *Complete Baby And Toddler Meal Planner* sold worldwide. She has written over 40 books on baby, toddler, child and family food and nutrition.



THE BONE-STRENGTH PLAN

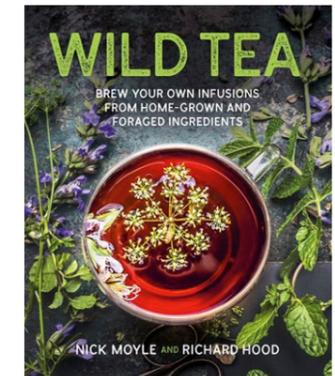
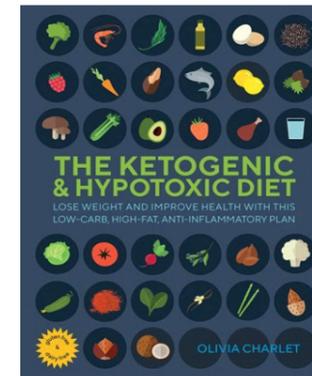
How to increase bone health to live a long, active life

Travers, Jo
January 2021
Medical / Osteopathy
229mm 178mm Paperback / 128 pages £12.99

THE ANTI-INFLAMMATORY PLAN

How to reduce inflammation to live a long, healthy life

Davy, Anoushka
January 2021
Health & Fitness / Nutrition
229mm 178mm Paperback / 128 pages £12.99



THE KETOGENIC & HYPOTOXIC DIET

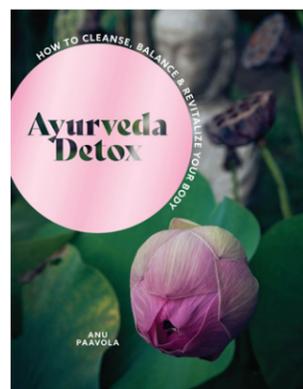
Lose weight and improve health with this low-carb, high-fat, anti-inflammatory plan

Charlet, Olivia
February 2019
Health & Fitness / Diets
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WILD TEA

Brew your own teas and infusions from home-grown and foraged ingredients

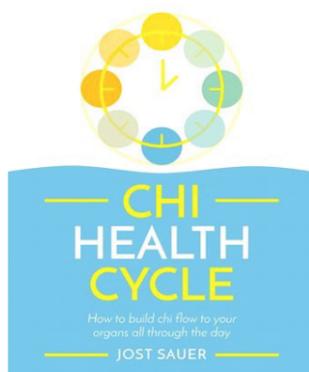
Moyle, Nick
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Cooking / Beverages
246mm 189mm Hardback 176 pages £16.99



THE AYURVEDA DETOX

How to cleanse, balance and revitalize your body

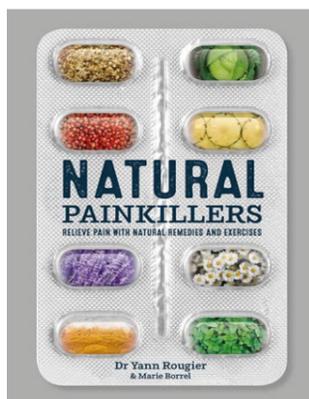
Paavola, Anu
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CHI HEALTH CYCLE

How to build chi flow to your organs all through the day

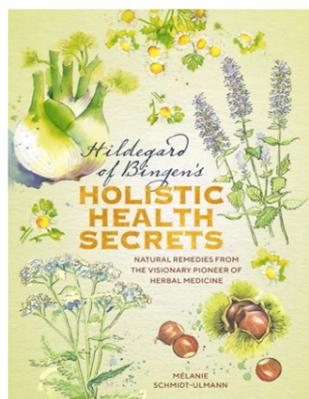
Sauer, Jost
December 2020
Health & Fitness / Alternative
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NATURAL PAINKILLERS

Relieve pain with natural remedies and exercises

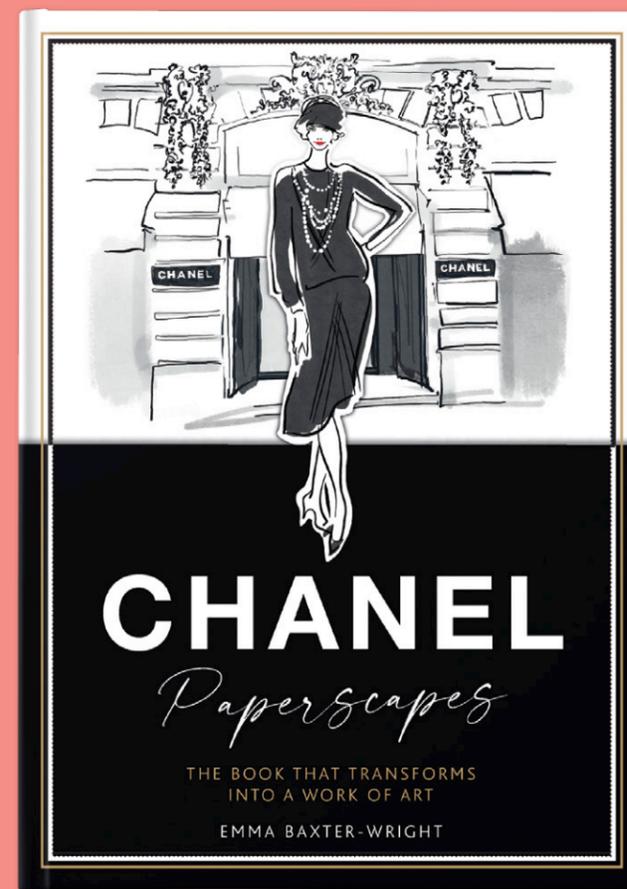
Rougier, Yann
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Health & Fitness / Pain Management
205mm 114mm Paperback /128 pages £12.99



HILDEGARD OF BINGEN'S HOLISTIC HEALTH

Natural remedies from the visionary pioneer of herbal medicine

Schmidt-Ulmann, Mélanie
September 2019
Health & Fitness / Alternative
235mm 172mm Hardback 144 pages £14.99



CHANEL PAPERSCAPES
THE BOOK THAT TRANSFORMS INTO A WORK OF ART

Emma Baxter-Wright

UK RRP **£14.99**
978-1-78739-744-6
October 2021
210 x 150 mm

Hardback
120 pages
15,000 words
History of Fashion / Biography

Deluxe gift book with die-cut pop-out illustrations and a selection of 8 removeable, frameable prints.

Bestselling author of *Little Book of Chanel*.

Bespoke illustrations by Francesca Waddell (clients include *Vogue*, *Chanel*, *Tatler*, *Penguin Random House* and *Bloomingdales*).

Chanel is always in the top-five-selling luxury brands, and Coco is the most recognizable couturier in history.

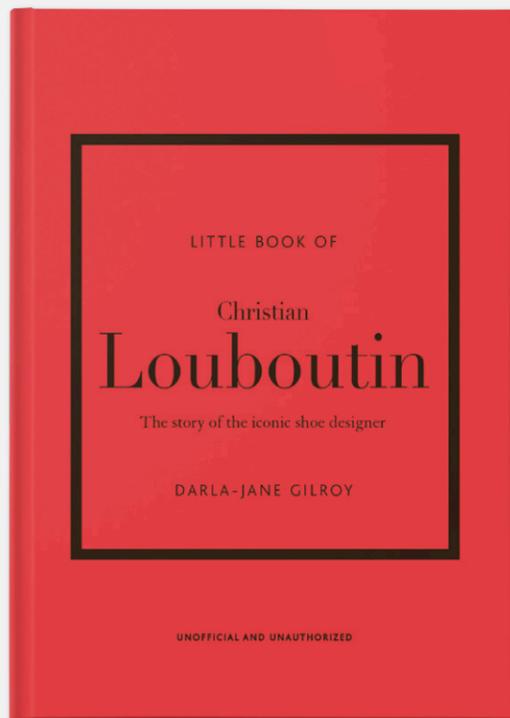
Chanel Paperscapes features 55 beautiful pop-out illustrations and a selection of 8 removeable prints, turning your book into a work of art and the perfect gift for fashion lovers.

Bringing to life the story and designs of Coco Chanel, the most influential couturier in the history of fashion, *Chanel Paperscapes* is an exquisite collection of bespoke illustrations and captivating text. The chic drawings depict her most iconic innovations, including fashion, fragrance, jewellery and accessories, as well as the places, motifs and people that inspired her. Each illustration pops out of the page, turning your book into an elegant item to admire and display. Finally, at the back of the book are 8 frameable prints of Coco's most beloved designs, ready to be removed and cherished.

Emma Baxter-Wright has taught fashion journalism at the University of the Arts London (UAL) and UCA. She has contributed to many publications, including the *New York Observer*, *Cosmopolitan* and *Marie Claire*, and is the bestselling author of *Little Book of Chanel*. Emma lives in Gloucestershire, England.



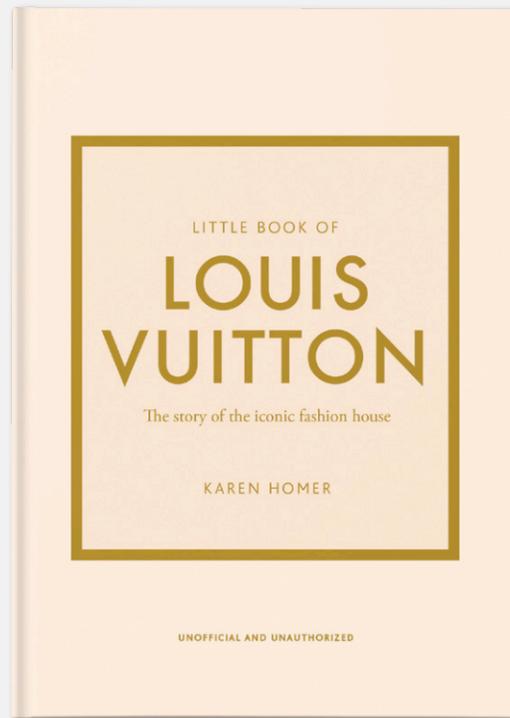
THE beautifully ILLUSTRATED STORIES OF THE MOST ICONIC FASHION BRANDS



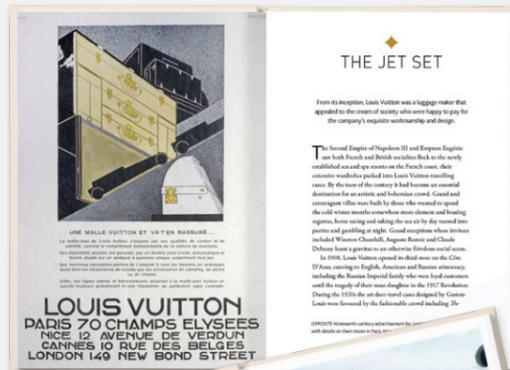
Little Book of Christian Louboutin
978-1-78739-739-2 • October 2021



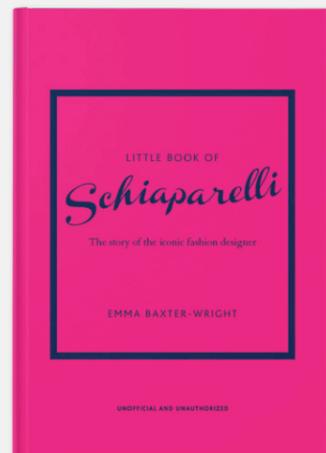
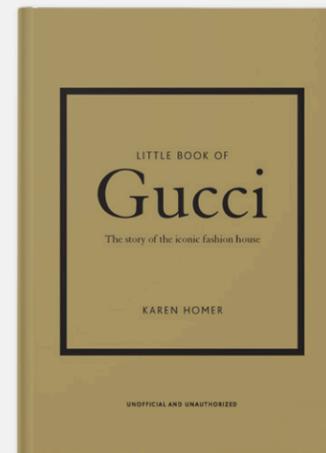
£12.99 | Hardback | 180 x 125 mm
160 pages | 16,000 words



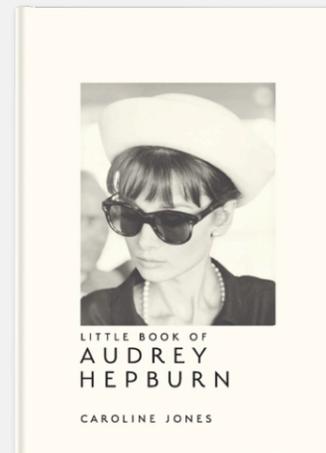
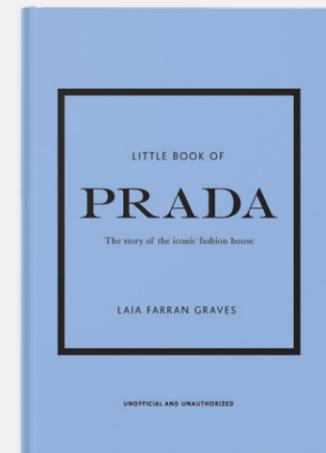
Little Book of Louis Vuitton
978-1-78739-741-5 • August 2021



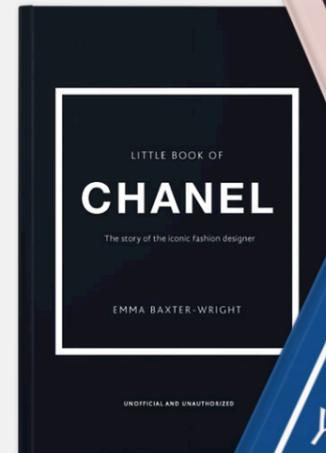
Our classic series of fashion monographs, the Little Books are essential introductions to the most stylish brands and fashionistas in history. Designed in a beautifully compact format, and featuring luxurious full-colour illustrations, each book is a chic accessory to be treasured.



- Also available:
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- Little Book of Yves Saint Laurent
978-1-78739-554-1 April 2021
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Over 400,000 copies sold

LAUREN COCHRANE



The Ten

THE STORIES BEHIND THE FASHION CLASSICS

White T-shirt / Miniskirt / Hoodie / Jeans / Ballet flat / Breton top / Biker jacket / Little black dress / Stiletto / Trench

THE TEN

THE STORIES BEHIND THE FASHION CLASSICS

Lauren Cochrane

UK RRP **£14.99**

978-1-78739-505-3

April 2021

194 x 140 mm

Hardback

256 pages

65,000 words

Fashion / Lifestyle

The social history of fashion in ten items.

Author Lauren Cochrane is senior fashion writer at the *Guardian* (also *i-D*, *Vogue*, *matchesfashion.com*, *The Gentlewoman*).

Online searches for sustainable fashion tripled in the last four years, and 43% of consumers would pay a premium for more ethical products: focusing on a capsule wardrobe of classic, quality items that last is a key tenet of the slow fashion ethos.

Text-led with pared back design, high-quality photography and hand-drawn illustrations

White T-shirt, Miniskirt, Hoodie, Jeans, Ballet flat, Breton top, Biker jacket, Little black dress, Stiletto, Trench.

What are you wearing? In all likelihood, your outfit will feature at least one of these ten items. Familiar, commonplace, ubiquitous – each piece has become an emblem of a certain style, carrying its own connotations and historical significance. They aren't just clothes – our social history is contained within these perfect ten pieces. They're vessels that hold the history of style, politics and identity: while trends may come and go, these are here to stay.

The Ten includes deep dive explorations into each item's history, how it gained its reputation, and what it means today, accompanied by stylish photography and illustrations.

Features interviews with: Biba founder Barbara Hulanicki; Levi's official historian; curator historian of Imperial War Museums; fashion designer Samuel Ross; CEO of Repetto; and more.

Lauren Cochrane is a senior fashion writer at the *Guardian*. She has also written for *i-D*, *Vogue*, *The Telegraph*, *matchesfashion.com*, *Elle*, *Porter* and *The Gentlewoman*. She regularly appears on the radio, on podcasts and at events discussing fashion and culture. Lauren is the author of *50 Style Icons Who Changed the World* (2016). She lives in London.

HOW TO WEAR THE WHITE TSHIRT NOW

Find your fit
Your perfect white T-shirt is a personal thing. Wear yours straight or oversized, cropped or long. This is the kind of item where you can let your preferences be show, and that can change depending on mood. Brands with cut followings include COS, APC and Uniqlo.

Combine with jeans for a steam-odd classic outfit
There's a reason you've seen the outfit for 70 years – jeans and T-shirts go together like burgers and fries. The combination is our former cool, an item on Instagram that's as common as a dark indigo for the full effect – makes the outfit pop.

Alternately, mix it up
The white T-shirt lends itself well

THE DIGESTED READ

BEFORE THERE WERE T-Shirts, there were T-shaped shirts, worn as undershirt. The garment we recognize came about at the start of the twentieth century. It was worn part of the kit of the navy in Britain, France and the US, and also worn by sailors and working men.

From sea to shore T-shirt became the emblem of the young and the rebel, spread on the cinema had been the Marlon Brando, James Dean and Sidney Poitier. All of this made it seem like an icon of danger, perhaps even an item of change. The T-shirt was banned in some schools.

Ward on T-shirt came back in 1980 and a campaign for presidential candidate Thomas Dewey. They have since showed with punk, protest during Vietnam and got very with Keith Haring. The first T-shirt "moments" for women featured words when Joan Baez wore a T-shirt with "The New York Herald Tribune" on it in 1965, *I Bred a Dog*.

White T-shirts have been worn over the course of modern history – including Mexican-American Civil War, and young people of colour who adopted the XXXXXXXXX T-shirt in the 80s. Perhaps the shirt size of their wear showcasing the establishment failed them to grasp culture.

The white T-shirt is now in the arsenal of activism. This ranges from the white T-shirt movement and government protest in China in 2013, to Spain's Burger's Nihilistic hooded T-shirt. Sold during 2020's pandemic, it raised £100,000 for the NHS.

was a design for "girls who go shopping, run for hours"

Whether the thinking behind it, the notion of the shirt meant it caused scandal between generations. It went against the existing male ideal of who female shirt looked like – a girly and pretty homemaker in a cold-shoulder look. Young women were instead choosing to wear something that showed their body, owning their own sexuality. They were – or this was the reading – looking male. At the time, the shirt was a display of rebellion, of the new, or in office, distracted respectable men from being respectable.

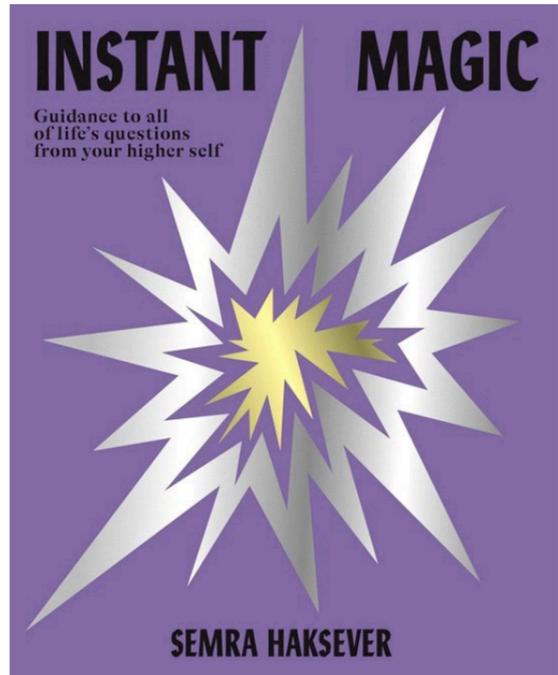
In 1963, Joan Shriver's appearance at the Melbourne Cup wearing a similar (see under above the here – about by modern standard – just her under her in the media. "Fashion connection: Babi Deo emerges from the shadows," reported *Melbourne's* the newspaper, "laughing," "a disgrace" and "how dare she!" were some of the responses." This trickled down to more ordinary consumers via Helen Brown, recalling her adolescence in *Mad and Mean* (see Study Girl), said, "I remember I bought one girl before after school and she wore a shorter skirt than most dared to wear at that time. My father said we never to bring her back again."

Such disregard was in vain, however. Thanks in part to mass production, fashion moved at accelerated speed in the 60s, and mini dress took hold. By 1965, *Melbourne Cup*, Australian newspaper *The Age* wrote of the same event: "Miss Shriver's outfit had been passed unnoticed in the crowd... Anytime with headlines below the knee looked very 'old hat.'" The same year, a group of unidentified young women paraded outside of the Christian Dior atelier in Paris, seemingly late at the lack of visibility to designer Marc Bohan's collection, "Bikini's forever" and one phrase.

Responsibility was not, then, and freedom was in. In December 1967, *The magazine* put the shirt on its cover – a symbol of the new laid-back femininity. "Traditional and apparently self-conscious," the magazine wrote "the new young style-writers couldn't care less



A cover worth fighting for, previous cover Christian Dior in 1967 in defense of the miniskirt.



INSTANT MAGIC

Guidance to all of life's questions from your higher self

Semra Haksever

November 2021

150mm 120mm

Hardback

512 pages

£12.00

Body, Mind & Spirit / Meditation

- Brimming with positivity, magic is the new form of self care that enables people to make positive changes in their life.
- Simple, easy way to add a sprinkle a daily dose of magic into your life.
- Many people love the idea of introducing some magic into their lives, but feel like they don't have the time. This is an easy way to tap into cosmic vibrations on a daily basis, without much time needed.
- One-of-a-kind 'Magic Eightball'-style book that incorporates spells, rituals, manifestations and more.
- Author Semra Haksever is the bestselling author of *Everyday Magic* and two other books on spells and magic.

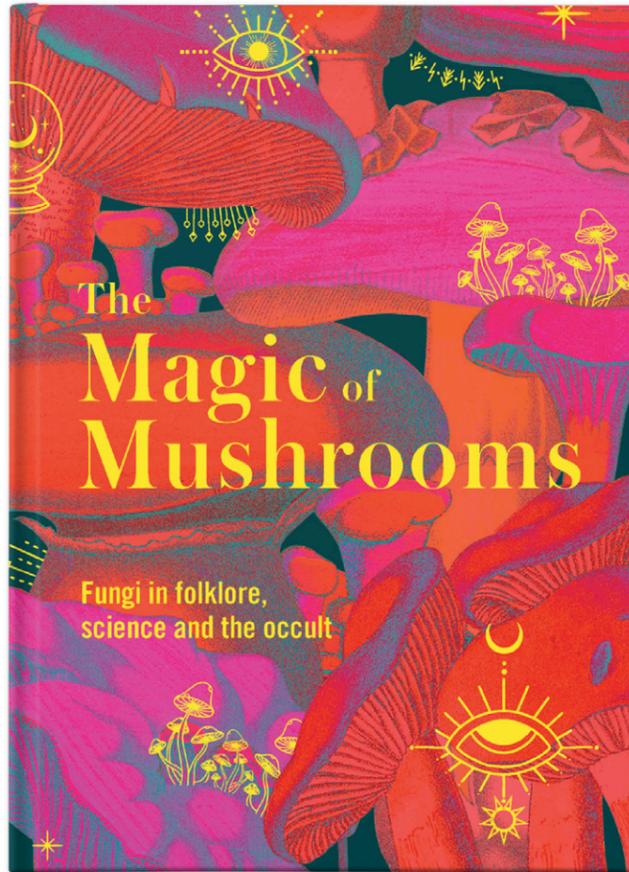
In these challenging times, the world seems an unpredictable and scary place. However, the answer to all of life's questions, both big and small, lie within us - your higher self can give you some cosmic insight. *Instant Magic* is a fun, magical guide by expert witch **Semra Haksever**, that will help you to navigate whatever life throws at you.

The way to use the book is simple: take a few deep breaths, run your fingers along the edge of the book while thinking of a question you would like the answer to. When the time feels right, open the book and read the spiritual guidance. You might be encouraged to call a friend, set some intentions in time for the new moon, or the page could contain a spell to cast. Many people love the idea of injecting some magic into their lives but ay not have the time. Semra combines her knowledge of witchcraft and spells to make this a one-of-a-kind magical book that can help you to navigate your life, instantly.

Whether you want some magic every day, or to dip in just now and again for some clarity, this is the book for you.

Semra Haksever was a fashion stylist for over a decade before becoming a bohemian entrepreneur and starting Mama Moon, a bespoke collection of magical scented candles and potions. She has practiced reiki, crystal therapy and moon rituals for over 20 years, and has always held the desire to create ritualistic tools that are accessible to all.

She is the bestselling author of *Everyday Magic* (2018), as well as *Love Spells* (2019) and *Mama Moon's Book of Magic* (2020).



THE MAGIC OF MUSHROOMS

FUNGI IN FOLKLORE, SCIENCE AND THE OCCULT

UK RRP **£14.99**
 978-1-78739-906-8
 August 2022
 210 x 150 mm

Hardback
 208 pages
 30,000 words, 200 images
 Botany & Plant Sciences

Images from Royal Botanic Gardens, Kew, whose fungarium houses 1.25 million fungi specimens and countless botanical illustrations of interesting mushrooms

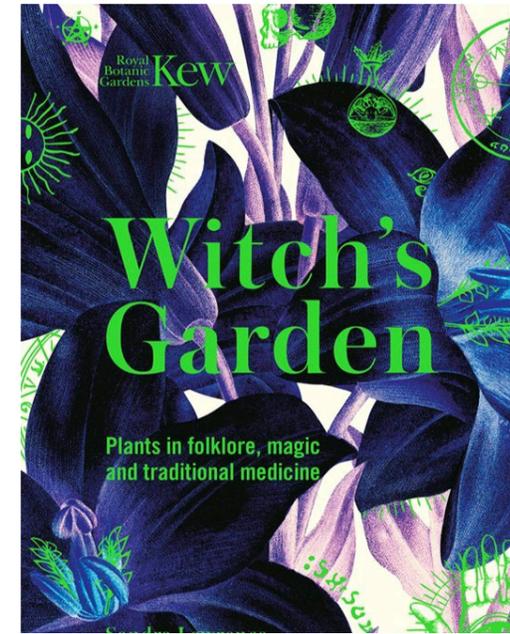
Lockdown saw boom in nature interests; Wildlife Trusts saw 2000% increase in views on their live nature webcams and nature-spotting became a solace for many on daily walks.

Trending across wellness, from beauty to nutrition, with mushroom sales increasing by 40% in 2020. Microdosing mushrooms for mental health is gaining traction in the medical community.

Esoteric and occult imagery and themes hugely popular in contemporary culture, from fine art to fashion (Gucci, Dior) and television (*American Horror Story*, *Sabrina*).

Explore the wonderful world of some of the most incredible natural forms on our planet - fungi.

At the centre of countless superstitions, folkloric tales and magical beliefs, as well as appearing in recipes and medicines both traditional and modern, mushrooms have incredible powers. Featuring images of over 100 fascinating species, sourced from the archives at the Royal Botanic Gardens, Kew, *The Magic of Mushrooms* shows that from saving lives to expanding the mind, the potential of these fascinating organisms should not be underestimated.



KEW - THE WITCH'S GARDEN

Plants in Folklore, Magic and Traditional Medicine

Sandra Lawrence

September 2020

210mm 150mm

Hardback

208 pages

£14.99

Gardening / General



Folklore and mythology ongoing trends in literature, art, film and television. The audience is broad, with growth in the millennial market.

Published in collaboration with the Royal Botanic Gardens at Kew in London, which receives over 2 million visitors every year.

Previous collaborations between the publisher and Kew have won awards internationally and have sold over 80,000 copies worldwide.

The Witch's Garden describes over 50 of the world's most powerful, harmful, legendary and storied plants – from the screaming mandrake to calming St John's Wort, to predicting the weather with seaweed, the creation of salves for broken hearts, sore heads, protection from evil spirits and to even induce immortality.

Wise women, apothecaries, witches, herbalists: whatever you like to call them, those who cultivate plants for their apparent mystical properties have existed for thousands of years. *The Witch's Garden* tells the story of our folkloric fascination with these magical specimens, documenting the beliefs and rituals surrounding the natural world. Illustrated with pages from herbals held within the archives of the Royal Botanic Gardens, Kew, along with botanical illustrations and archival images depicting magic and mayhem, *The Witch's Garden* beautifully evokes the bewitching nature of mysterious plants.

Fully illustrated, *The Witch's Garden* tells the story of our folkloric

Sandra Lawrence is a journalist and author. She writes for the *Evening Standard*, *Guardian*, *Financial Times*, *The Times*, *Londonist.com* and the *English Garden*. She is the London columnist for *British Heritage* magazine and is on the Q&A panel of experts for *History Revealed* magazine. Her travel writing is collected on madamepassepartout.com.



NATURE'S HIDDEN CHARMS

50 Signs, Symbols and Practices from the Natural World to Bring Inner Dean, Liz

- This is the first practical lay person guide that covers this topic
- Covering the mythology and folklore of all the crafts included this is also a highly practical 'how to' guide
- Liz has a good solid sales track record and runs workshops in the UK and abroad
- Connecting with nature, crystal grids and sacred geometry as well as crafting are all

Being in nature helps us to relax and connect with our innate knowing. When we're connected, we naturally want to collect: a pink shell, sycamore key, a pinecone, or a pure white pebble that calls to us. *Nature's Hidden Charms* is an invitation to reach into the natural world, understand folklore and to explore and discover the hidden symbols and gifts that even the tiniest twig or stone can bring. Charms and amulets provide us with protection, good fortune and healing, rituals, meditation and simply being in nature make us feel good, help us to be present and to connect to ourselves and the world around us. In this practical guidebook you will learn:

- How to prepare to open the senses to intentionally connect with nature
- Create and make amulets, charms and talismans
- Connect with plants, trees and herbs

£12.99

Unsewn / adhesive bound

September 2021

190mm 140mm

224 pages

Nature / General



HEAL YOURSELF WITH COLOR

Harness the power of color to change your life

Walaa

- Discover which color you are: red, orange, yellow, green, blue, indigo, violet, magenta or gold.
- Learn why you are attracted to certain colors and how you can wear and surround yourself with these colors to bring abundance, clarity and healing into your life.
- Featuring easy daily and weekly rituals and techniques for using colour, including

Ever wondered why you're more attracted to one color over another?

Colorways will help you decode your color personality and enable you to work with it to create the life you've always wanted. Find out what your color personality is and use that knowledge to inform the choices you make, such as what to wear or what to have in your home.

Chromatologist Walaa AIMuhaiteeb takes you on a journey through the spectrum of colors. One by one, she explains the associations with each color, what it can do for you and how to harness the different powers of each to balance and heal, helping to bring love into your life, improve your relationships, gain success at work and enjoy a relaxing, happy atmosphere at home.



£14.99

With flaps

July 2021

190mm 170mm

208 pages

Body, Mind & Spirit / Healing



MOONPOWER

How to work with the phases of the moon and plan your timing for every major decision

Struthers, Jane

October 2019

Body, Mind & Spirit / Astrology

250mm 150mm Paperback /176 pages £14.99



CHAKRA WORKBOOK

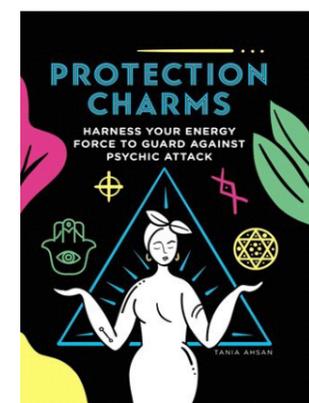
Rebalance your body's vital energies

Wills, Pauline

September 2017

Health & Fitness / Healing

230mm 180mm Paperback /128 pages £12.99



PROTECTION CHARMS

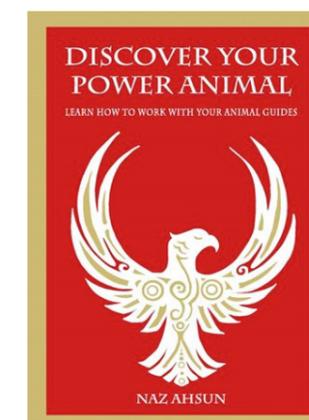
Harness your energy force to guard against psychic attack

Ahsan, Tania

October 2020

Body, Mind & Spirit / Parapsychology

197mm 143mm Paperback /160 pages £10.99



DISCOVER YOUR POWER ANIMAL

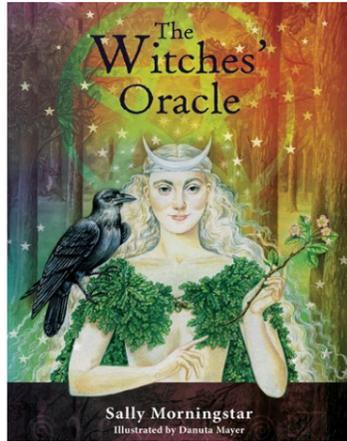
Learn How to Work with Your Animal Guides

Ahsun, Naz

January 2021

Body, Mind & Spirit / Angels & Spirit

161mm 111mm Paperback /160 pages £8.99



THE WITCHES' ORACLE

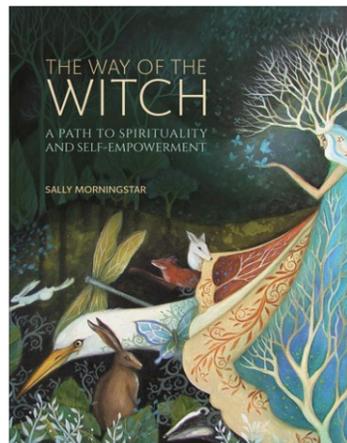
(Book & Cards)
Morningstar, Sally

Develop your hidden intuitive skills and discover Wiccan wisdom with this beautifully illustrated divinatory deck and guidebook pack. Featuring key Wiccan symbols and archetypes, the cards help you connect to a place of deep inner knowledge to find the answers you seek.

Each card represents a quality of energy and carries its own particular meaning in a reading, while "high notes and low notes" offer insight into the possibilities and pitfalls you're likely to encounter on your present course. Including fascinating background on the history of Wicca and the Wiccan festivals through the year, along with a selection of card spreads to address all types of enquiry, *The Witches' Oracle* will help you develop your intuitive skills and weave magic into your life as you set out on your quest for guidance.

£18.99

October 2019
200mm 130mm
128 pages
Body, Mind & Spirit / Witchcraft & Wicca

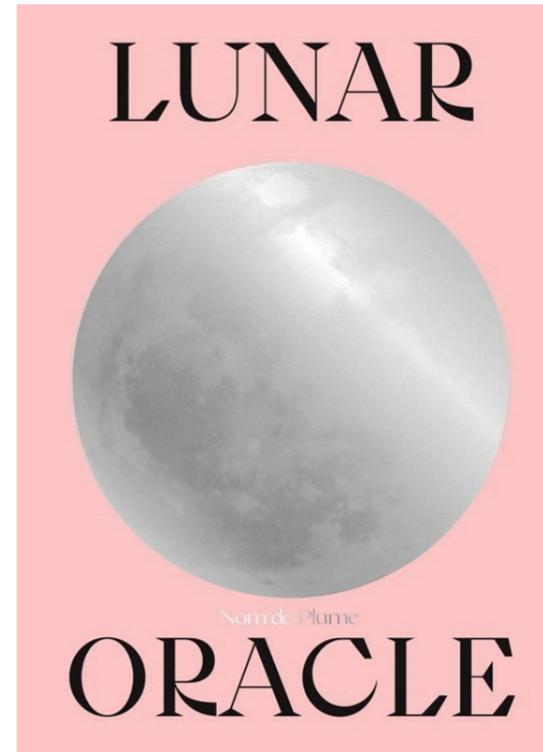


THE WAY OF THE WITCH

A Path to Spirituality and Self-Empowerment
Morningstar, Sally

Embark on this enchanted journey to one of the oldest spiritual traditions known to humankind, providing an accessible introduction and how-to guide to all aspects of the Craft. Discover the roots of witchcraft and the meaning of what it is to be a witch, as well as the seasonal cycles, rituals, spells, and practical magic. Learn how to tap into magic, re-empower yourself, connect with the natural world, and realize your dreams through ancient knowledge. In giving you a clear understanding of how to live your life following the principles of honoring the Earth, yourself, and others, *The Way of the Witch* explains many Wiccan practices and beliefs, including magical tools, the arrangement of an altar, and how to perform rituals and ceremonies. Learn how to develop and embody the powers of nature within your own being.

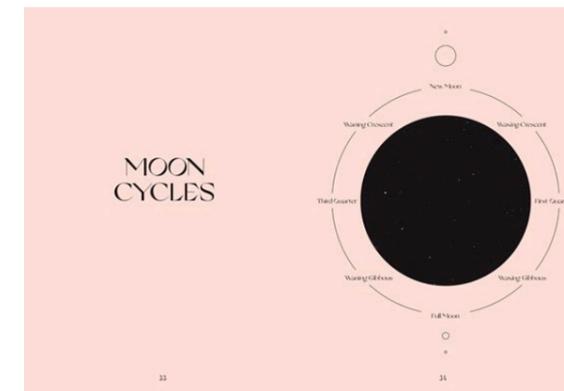
£14.99
Hardback
February 2021
220mm 160mm
160 pages
Body, Mind & Spirit / Witchcraft & Wicca



LUNAR ORACLE

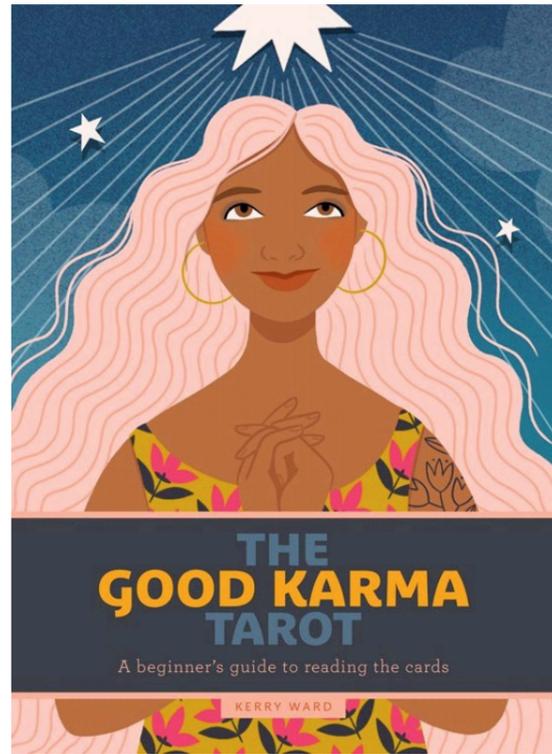
Liberty Phi
November 2021
205mm 148mm
Paperback / softback
144 pages
£16.99
Body, Mind & Spirit / Astrology

beautifully designed 144-page book and 36-card box set, which will enable readers to harness the power of the moon and manifest their dream life contains insightful information on moon journaling, essential oils, crystals, zodiac signs and more perfect gift for moon-lovers



The world seems like a chaotic place right now - many things seem out of our control, which can feel scary and unsettling. In the Lunar Oracle, Liberty Phi will teach that harnessing the power of the lunar phases can help you make sense of what's happening around you and may even unleash some moon magic. Harnessing the power of the moon can give us control over our lives. The moon is always changing but remains constant; understanding this is something that helps us manage change with confidence. We need to learn to negotiate the ebb and flow of change, much like the ocean's tides which are so influenced by the moon's gravitational pull. In this stunning card and box set, Liberty will explain the moon phases, moon journaling, how the moon affects each zodiac sign, and will give details on how to use the 36 moon cards to improve your life - whether it's when you need a little guidance, or for some everyday inspiration. Life is never static and change always occurs; this knowledge is our friend and not something to be feared. The Lunar Oracle will teach you to trust the moon's constancy and its continual disappearance and re-emergence over the course of the lunar cycle, and will empower you to embrace the magic of the moon.

With her sun in Taurus, Aquarius ascendant and Moon in Cancer, Liberty Phi utilises earth, air and water to inspire her own astrological journey.



THE GOOD KARMA TAROT

A beginner's guide to reading the cards

Kerry Ward, Amy Blackwell

April 2021

195mm 135mm

Paperback / softback

128 pages

£19.99

Body, Mind & Spirit / Divination

Unique deck of 78 specially commissioned major and minor arcana cards.

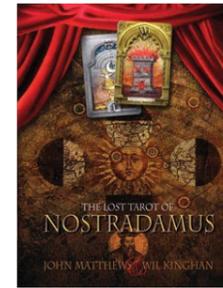
An accompanying 144-page guide book explains the meanings and reversed meanings of each card, plus various ways to lay them out in spreads.

Specifically geared towards the teens and twentysomethings embarking on their adult life.

Ever feel as if you don't know which path to take, which decision to make, or what you really want in life?

This beginner's guide to using tarot is specifically geared for personal guidance and self development to help you understand your motivations, strengths, talents and inner wisdom on your journey through life. Whether you are looking for a simple yes or no answer, or want a more in-depth analysis of where you are right now or what lies ahead, this tarot will guide you in your decision-making process. The pack includes 78 major and minor arcana cards and an accompanying 144-page book explaining the meanings of each card, plus a section on different ways to lay them out in spreads.

Kerry Ward writes under TarotBella for *Cosmopolitan* and Kerry King for *The Sun*. She also contributes to *Soul & Spirit* magazine where she writes about tarot, fortune telling, astrology, predictions and forecasts, celebrity star sign analysis and predictions, personality and relationship analysis, and quizzes, ghost hunting and spirits.



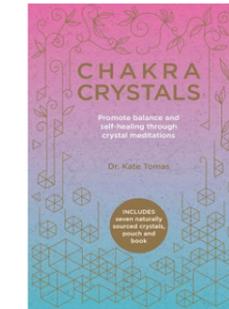
THE LOST TAROT OF NOSTRADAMUS

Matthews, John

April 2021

205mm 148mm 160 pages £24.99

Body, Mind & Spirit / Divination



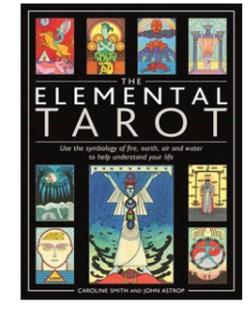
CHAKRA CRYSTALS

Tomas, Kate

October 2019

200mm 135mm 144 pages £24.99

Body, Mind & Spirit / Crystals



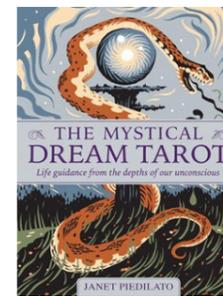
THE ELEMENTAL TAROT

Smith, Caroline

December 2020

205mm 148mm 128 pages £24.99

Body, Mind & Spirit / Divination



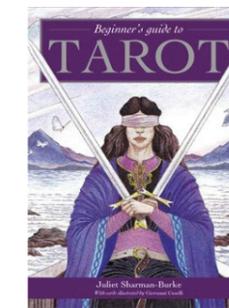
THE MYSTICAL DREAM TAROT

Piedilato, Janet

October 2019

217mm 155mm 160 pages £24.99

Body, Mind & Spirit / Divination



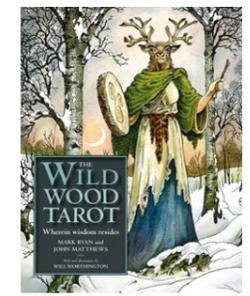
BEGINNER'S GUIDE TO TAROT

Sharman-Burke, Juliet

September 2016

190mm 132mm 192 pages £24.99

Body, Mind & Spirit / Divination



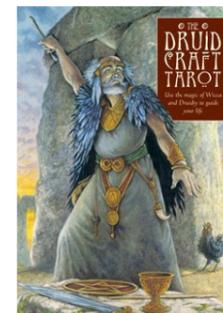
WILDWOOD TAROT

Ryan, Mark

March 2011

210mm 158mm 160 pages £24.99

Body, Mind & Spirit / Divination



THE DRUIDCRAFT TAROT

Carr-Gomm, Philip

May 2017

254mm 163mm 192 pages £25.99

Body, Mind & Spirit / Divination



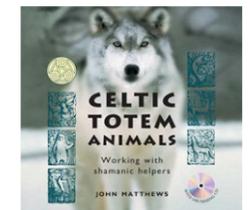
THE DRUID ANIMAL ORACLE

Carr-Gomm, Philip

October 1996

210mm 155mm 176 pages £24.99

Body, Mind & Spirit / Spirituality



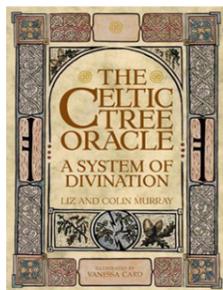
CELTIC TOTEM ANIMALS

Matthews, John

March 2019 Paperback /

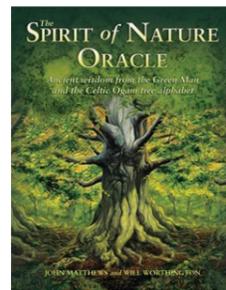
205mm 150mm 160 pages £12.99

Body, Mind & Spirit / Spirituality



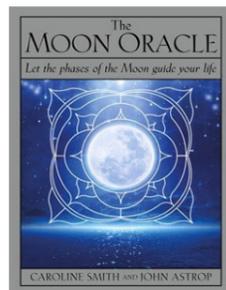
THE CELTIC TREE ORACLE

Murray, Liz
May 2014
194mm 144mm 120 pages £22.99
Body, Mind & Spirit / Divination



THE SPIRIT OF NATURE ORACLE

Matthews, John
September 2018 Paperback /
8.5in 6.25in 128 pages £24.99
Body, Mind & Spirit / Divination



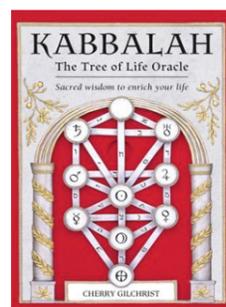
THE MOON ORACLE

Smith, Caroline
March 2018
218mm 158mm 128 pages £22.99
Body, Mind & Spirit / Astrology



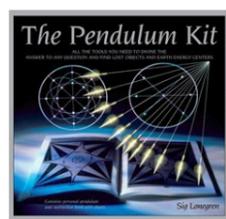
THE I CHING FOR ROMANCE & FRIENDSHIP

Burr, Rosemary
February 2020 Hardback
210mm 148mm 144 pages £16.99
Body, Mind & Spirit / I Ching



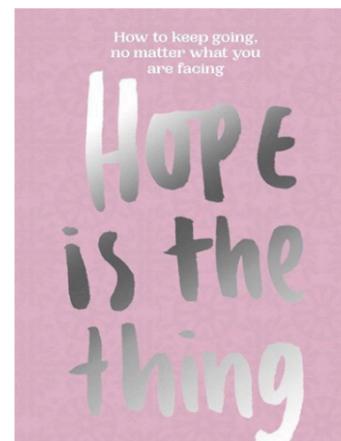
KABBALAH: THE TREE OF LIFE ORACLE

Gilchrist, Cherry
August 2020
198mm 135mm 144 pages £24.99
Body, Mind & Spirit / Divination



THE PENDULUM KIT

Lonegren, Sig
November 2013
208mm 174mm 128 pages £19.99
Body, Mind & Spirit / Divination



HOPE...IS THE THING

How to keep going, no matter what you are facing

Clark Susan Elizabeth

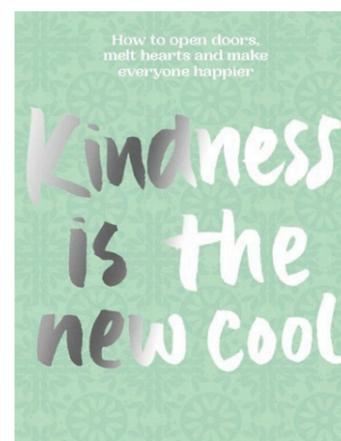
- Hope is the little book that reminds us why we need to keep going, whatever the circumstances we may be facing
- Now more than ever, people need hope to understand and make sense of the world, as the global pandemic has challenged many.
- Featuring inspirational quotes about the value and importance of Hope.

To have hope is to want an outcome that makes your life better in some way. It not only can help make a tough present situation more bearable but also can eventually improve our lives because envisioning a better future motivates you to take the steps to make it happen. *Hope...is the Thing* will explore the role of Hope in our personal and collective lives. Like love, it's something we cannot see, smell or hold but we all know it exists.

We'll explore the meaning and significance of Hope in art and science; fact and fiction, reason and mythology. This is a 'dip in/dip out' book so will be full of quirky snippets of discovery - and inspirational quotes - about how Hope will always show up if you make space for it in your life and trust in the magic it brings.

£10.00
Sewn

180mm 125mm
224 pages
SELF-HELP / Emotions



KINDNESS...IS THE NEW COOL

How to open doors, melt hearts & make everyone happier

Clark Susan Elizabeth

- Unexpected kindness is the most powerful and most underrated agent of human change for the better.
- You can be kind, or you can be mean but if you choose the latter you'll be missing out on the New Cool that is Kindness.

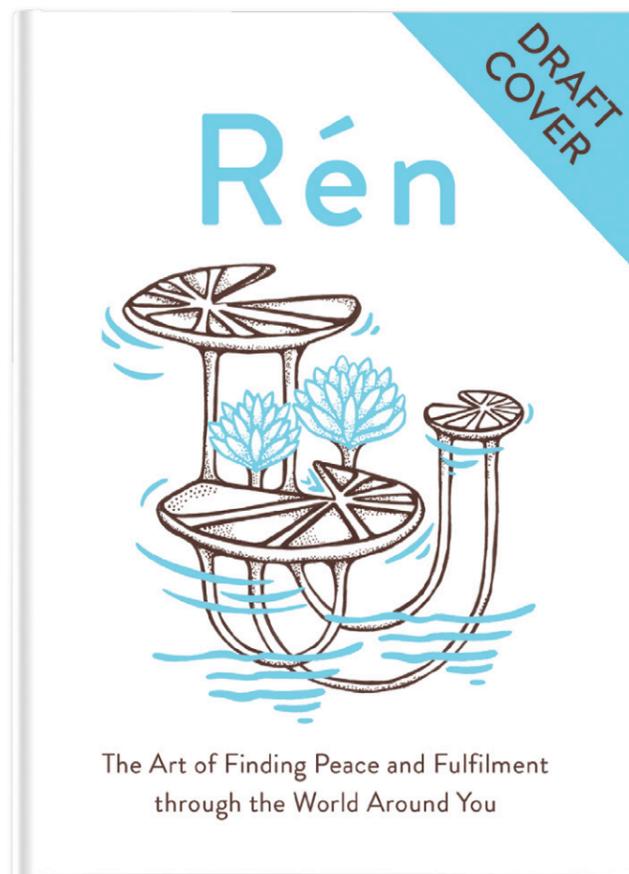
Kindness...is the New Cool will explore the importance and meaning of Kindness in our lives; how to get more of it, give more of it and, how to live a life of kindness.

The themes will explore the role of Kindness in our personal and collective lives. Like love, it's something we cannot see, smell or hold but we know it exists. The book explores the joys and unexpected rewards of choosing Kindness for its own sake.

Kindness can guide you to a richer and more fulfilling life once you make space for it and trust in the magic it brings, and this book is the perfect place to start.

£10.00
Sewn

180mm 125mm
224 pages
SELF-HELP / Emotions



RÉN

THE ART OF FINDING PEACE AND FULFILMENT THROUGH THE WORLD AROUND YOU

Yen Ooi

UK RRP **£12.99**

February 2022

175 x 126 mm

Hardback

192 pages

Lifestyle

This is the first mass-market book to introduce readers to the idea of Rén, a philosophy of kindness, compassion and community that should resonate in a post-Covid world.

There have been many successful books bringing ideas from different countries to the masses, including *The Little Book of Hygge* (307k TCM), *Ikigai* (96k), *Lagom* (31k) and *Wabi Sabi* (18k), all of which continue to sell.

This fully illustrated and beautifully produced hardback will be the perfect gift or self-purchase.

A beautiful book explaining and exploring the Ancient Chinese philosophy of Rén and its positive message of compassion and kindness.

The Chinese character for Rén 仁 is a combination of the word for 'person' 亻 and the number 'two' 二.

And in the teachings of Ancient philosopher Confucius, Rén is the study of our relationship with the world around us.

In this beautiful and accessible new book, Yen Ooi explains and explores the various facets of the idea of Rén, from the importance of treating ourselves with kindness and how this can affect others around us, to being benevolent to others and the wider world in general.

Using Confucius's teachings and proving how they are still very relevant to the modern world, Yen Ooi looks at how we can apply this thinking to our own lives. She shows us how we can better relate to friends, family and colleagues, how these lessons can help us become better members of society and, ultimately, how we can find fulfilment in ideas of community, justice, morality and compassion.

And, though Rén, teaches us how to be better humans.

This practical and remarkable book is essential for anyone feeling lost in the modern world.

Yen Ooi is a writer-researcher whose works explore cultural storytelling and its effects on identity. She is currently working towards her PhD at Royal Holloway, University of London, specialising in the development of Chinese science fiction by diaspora writers and writers from Chinese-speaking nations. Her research delves into the critical inheritance of culture that permeates across the genre.

Her latest project, *Road to Guangdong* is a narrative-style driving game that highlights the Chinese culture through story puzzles that is weaved into family interactions. Yen is also author of *Sun: Queens of Earth* (novel) and *A Suspicious Collection of Short Stories and Poetry* (collection). When she's not writing, Yen is a lecturer at Westminster University's MA Creative Writing course, and a mentor in marketing and publishing.



HONJOK

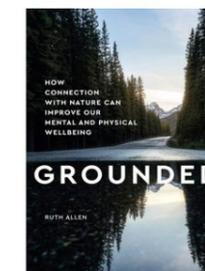
Healey, Francie

April 2020

Hardback

205mm 148mm 160 pages £14.99

Self-Help / Personal Growth



GROUNDED

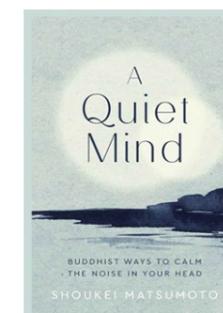
Allen, Ruth

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A QUIET MIND

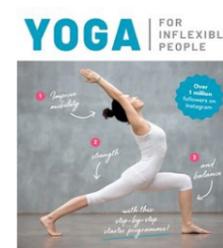
Matsumoto, Shoukei

October 2020

Hardback

205mm 148mm 176 pages £14.99

Philosophy / Buddhist



YOGA FOR INFLEXIBLE PEOPLE

Lowenstein, Max

January 2020

Paperback /

229mm 178mm 160 pages £14.99

Health & Fitness / Yoga



CHANGE YOUR LIFE IN FIVE

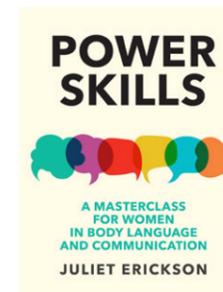
Belton, Sue

April 2020

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Self-Help / Personal Growth



POWER SKILLS

Erickson, Juliet

April 2020

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Self-Help / Personal Growth



6 ESSENTIAL OILS YOU CAN'T DO WITHOUT

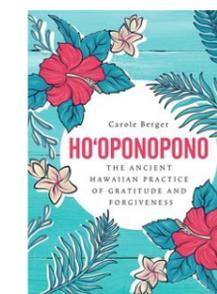
Festy, Danièle

February 2019

Paperback /

229mm 180mm 128 pages £12.99

Health & Fitness / Aromatherapy



HO'OPONOPONO

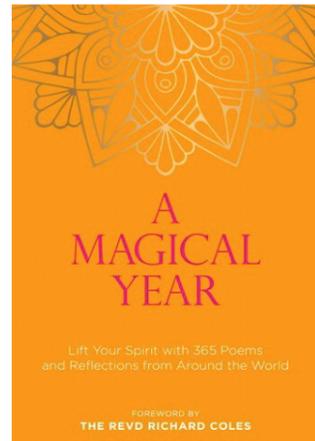
Berger, Carole

November 2019

Hardback

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Body, Mind & Spirit / Inspiration & Personal Growth

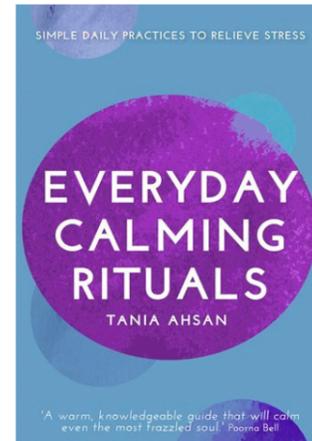


A MAGICAL YEAR

Lift Your Spirit with 365 Poems and Reflections from Around the World

Bailey, Susanna
December 2020

Poetry / Anthologies (multiple authors)
8.5in 5.31in Paperback /400 pages £14.99

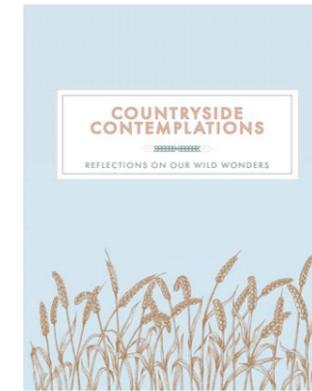


EVERYDAY CALMING RITUALS

Simple Daily Practices to Reduce Stress

Ahsan, Tania
March 2020

Self-Help / Meditation
198mm 129mm Hardback 192 pages £9.99

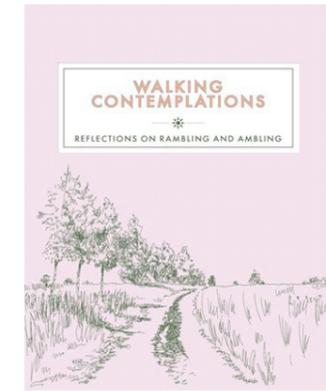


COUNTRYSIDE CONTEMPLATIONS

Reflections on Our Wild Wonders

Trigger Publishing
August 2020

Nature / General
160mm 120mm Hardback 192 pages £9.99

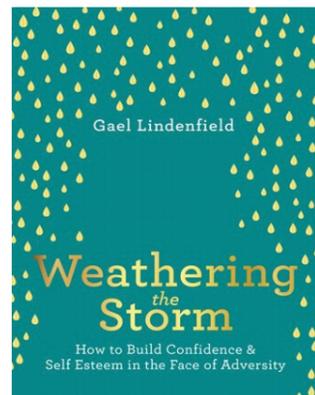


WALKING CONTEMPLATIONS

Reflections on Rambling and Ambling

Trigger Publishing
August 2020

Nature / General
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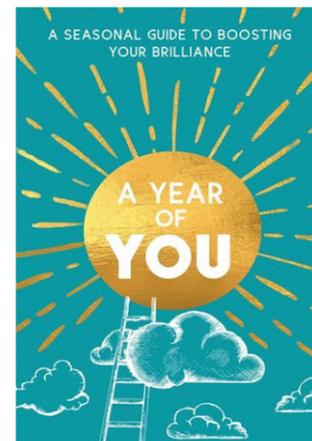


WEATHERING THE STORM

How to Build Confidence and Self Esteem in the Face of Adversity

Lindenfield, Gael
August 2020

Self-Help / Personal Growth
190mm 140mm Paperback /192 pages £9.99

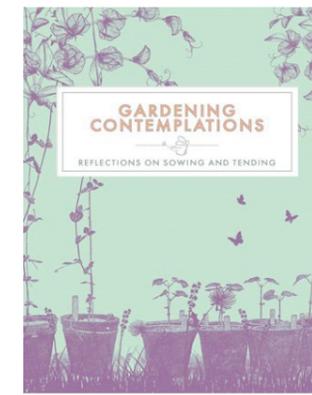


YEAR OF YOU

A Seasonal Guide to Boosting Your Brilliance

Trigger Publishing
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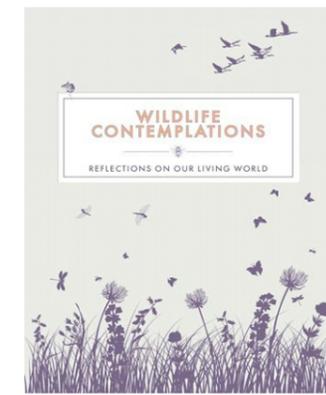


GARDENING CONTEMPLATIONS

Reflections on Sowing and Tending

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Nature / Plants
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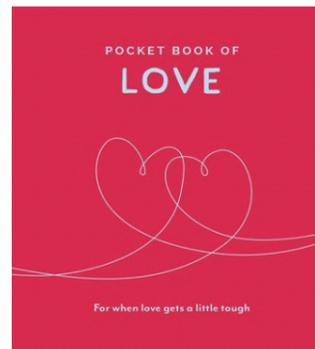


WILDLIFE CONTEMPLATIONS

Reflections on Our Living World

Trigger Publishing
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160mm 120mm Hardback 192 pages £9.99

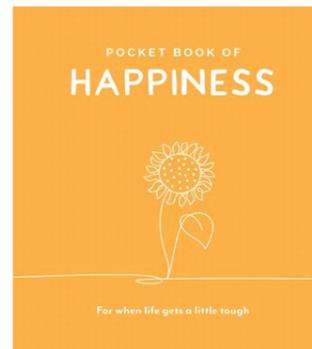


POCKET BOOK OF LOVE

For When Love Gets a Little Tough

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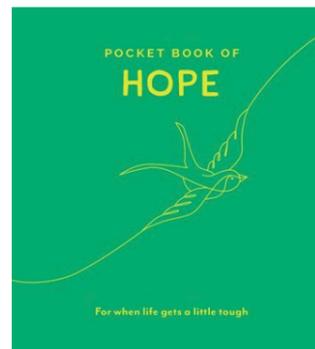


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Trigger Publishing
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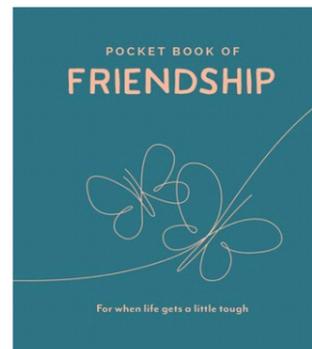


POCKET BOOK OF HOPE

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March 2020

Self-Help / Personal Growth
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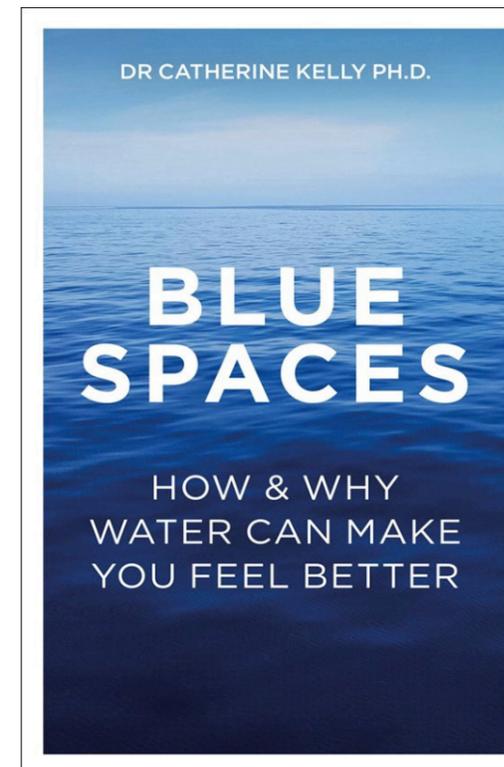


POCKET BOOK OF FRIENDSHIP

For When Life Gets a Little Tough

Trigger Publishing
March 2020

Family & Relationships / Friendship
143mm 119mm Hardback 160 pages £5.99



BLUE SPACES

How & Why Water Can Make You Feel Better

Catherine Kelly

April 2021

216mm 135mm
Paperback / softback
224 pages

£14.99
Self-Help / Stress Management

Blue Space & Blue Health are set to be the next big trend in outdoor wellbeing. The therapeutic value of nature, particularly water, continues to be of growing interest in the treatment of mental health issues.

Catherine Kelly is a wellness practitioner. She has lectured in geography, has a degree in stress management and runs her own courses from her Wild Beach School in Brighton.

One survey found that in the UK, people make 271 million recreational visits to coastlines and beaches each year. The most popular activity isn't sunbathing or swimming. It's walking along the shore.

Why do so many of us feel drawn to water?

Researchers around the globe have become increasingly intrigued by our psychological response to Blue Spaces: the sea, rivers, lakes and waterfalls. Studies are showing that being near water or blue space is an instant mood-lifter, helping us to be present, less stressed, and to feel more connected.

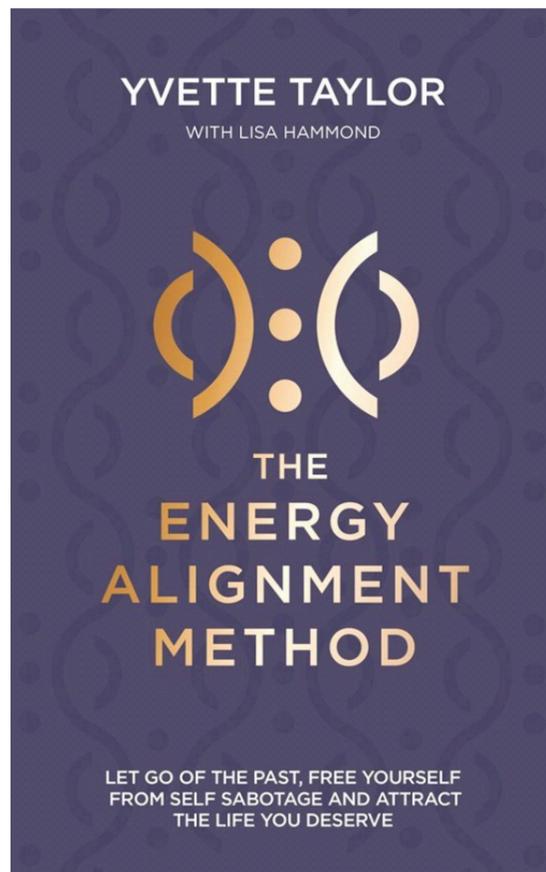
What is it about water that helps us come back to ourselves?

Many of us naturally gravitate towards the nearest blue space for our regular walks. There is an innate balancing quality that water brings – whether it's crashing waves, gentle oceans, distant horizons, or the reflections we see, water can bring on a meditative 'blue mind' state.

Join Dr Catherine Kelly, geographer, wellbeing practitioner and cold-water swimming enthusiast, as she explores the latest research into the physical, psychological and social factors that connect water and wellbeing and explains why water makes us feel better. Throughout the book you will also find exercises and suggestions to help you enhance your own wellbeing.

'A timely read for today's challenges. Catherine Kelly's wise and informed memoir-style narrative helps us understand why blue spaces are so valued'

Dr Catherine Kelly has been a university lecturer for 25 years. Wellbeing is one of her research specialisms, but she also practises what she teaches. She has a second degree in stress management and professional diplomas in mindfulness training. She is an established wellbeing practitioner and sits on the UNESCO Biosphere board in Sussex, helping to promote all aspects of sustainable development learning and living. Water is her passion.



THE ENERGY ALIGNMENT METHOD

Let Go of the Past, Free Yourself From Self-Sabotage and Attract the Life You Deserve

Yvette Taylor, Lisa Hammond

May 2021

216mm 135mm

Paperback / softback

272 pages

£14.99

Body, Mind & Spirit / Healing

Yvette has a strong and growing social media reach with over 40k followers. There are already over 100 trained EAM practitioners. Yvette runs both online and in person events, each with approx. 200 attendees or more. She also regularly appears as a guest speaker at events in Europe and the US.

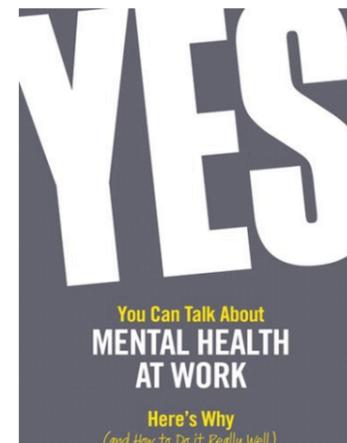
Do you want to be happy, more in flow, and change your life?

The Energy Alignment Method – EAM®, is a transformational energy and self-help process. The technique brings together Chinese medicine, manifesting, law of attraction, elements of kinesiology, neuroscience research, NLP, positive psychology and eastern spiritual principles into one powerful self-help process.

EAM® enables you to release repetitive negative thoughts and feelings, painful memories, traumatic experiences and overwhelming emotions, so that you can be free from stress, anxiety and negative emotions. The technique involves 5 simple steps, and can be used all day every day. A key part of the practice is known as 'the sway', a muscle testing method taken from Applied Kinesiology. It provides realtime energetic feedback.

This book explains what EAM is and how it works, then shows readers how to use it themselves.

Yvette Taylor is the creator of EAM – The Energy Alignment Method – an internationally recognized complementary therapy. She has spent over 20 years using and teaching Eastern principles, spiritual practices and self-development in the UK and internationally. She was voted one of the Top 10 Holistic Therapists In The UK by *Holistic Therapy Magazine* and was Winner of the Janey Lee Grace Platinum Award among other accolades.



YES, YOU CAN TALK ABOUT MENTAL HEALTH AT WORK

Here's Why... and How to Do it Really Well

Doman, MA, Melissa

- Melissa is an organizational psychologist & former therapist, specialising in mental health in the workplace.
- She is a keynote speaker, consultant, trainer and coach working with organizations, groups and individuals.

This book is for any employee, manager or leader who wants to understand mental health at a deeper level in order to foster inclusive workplace conversations. With the gap between the home and the workplace closing, it is clear that good leadership and good mental health go hand-in-hand: how you set the tone in your organization is critical.

Topics covered include:

- How we bring our beliefs about, and experiences with, mental health and mental illness into the workplace
- Understanding how the language we use – consciously or unconsciously – impacts us all
- A 'how-to' conversation guide

£12.99

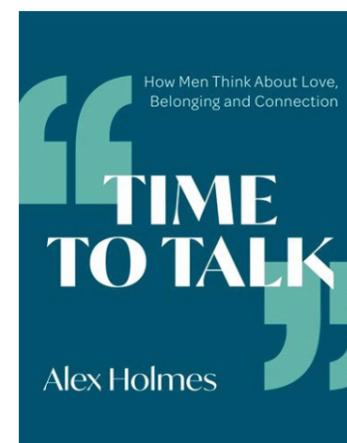
Unsewn / adhesive bound

October 2021

216mm 135mm

256 pages

Business & Economics / Organizational Behavior



TIME TO TALK

How Men Think About Love, Belonging and Connection

Holmes, Alex

We live in a super-connected world, yet men, specifically, struggle to connect and share. This is changing . . . but not quickly enough. Award-winning podcaster Alex Holmes sets out to accelerate this shift, debunking lingering myths around masculinity, love and connection by exploring what causes this sense of loneliness. Starting with 'Real Man Myths' and features designed to encourage us to open up and share, Alex motivates us to move from:

- Ignoring to Acknowledging
- Being Closed to Opening Up
- Can't to Can
- Avoiding to Embracing
- Expecting to Accepting

£10.99

Paperback / softback

April 2021

190mm 140mm

256 pages

SELF-HELP / Emotions



£12.99

Unsewn / adhesive bound

216mm 135mm

256 pages

SELF-HELP / Communication & Social Skills

OWN YOUR AWKWARD

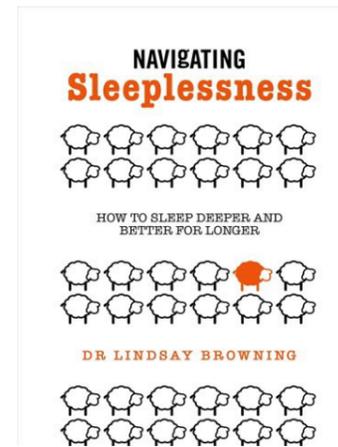
Morgan Michelle

- Highly promotable author with good media connections and contacts
- She is a popular trainer within a number of high profile corporate clients and regularly hosts events and workshops
- Michelle owns and runs PJoys
- Michele is a Mental Health First Aider and an Ambassador for Mental Health First Aid

Let's be honest, it can be really awkward talking about your mental health.

In this hugely relatable practical and inspiring self help guide Michelle Morgan, Ambassador for Mental Health First Aid England, provides a roadmap to stepping into our power so that we can talk about and look after our mental health.

A hugely relatable, practical and inspiring self help guide to encouraging healthy, open conversations around mental health. Michelle Morgan, Ambassador for Mental Health First Aid England uses the frameworks of SENSE - how to offer help and BRAVE – how to ask for help to provide a supportive go-to-guide for anyone needing help to feel confident in talking about mental health. In these pages you will learn how to turn awkward into your greatest asset.



£8.99

B-format paperback

March 2021

198mm 129mm

160 pages

Health & Fitness / Sleep & Sleep Disorders

NAVIGATING SLEEPLESSNESS

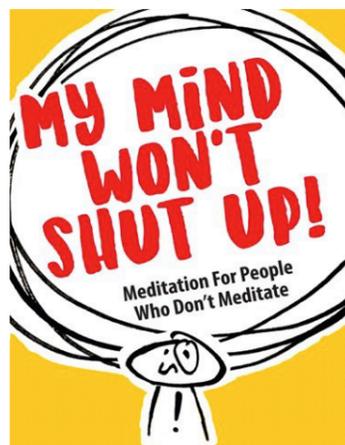
How to Sleep Deeper and Better for Longer
Browning, Lindsay

Short and concise for those that are time poor Packed with actionable strategies and practical exercises Written by a practitioner who is an expert in her field The American Sleep Association says that 50-70 million US adults have a sleep disorder. Uniquely, this book highlights the positives alongside the negatives of the main issue, while focusing on improving our mental health.

We are experiencing a sleeplessness epidemic, but we can all take steps to improve the quality of our sleep. We all sleep differently. The key to sleeping well is to develop good habits that work for you. In this book you will learn to understand your patterns and discover what works, so that you can build and maintain a healthy personal sleep plan.

This book offers actionable strategies and step-by-step solutions to develop better sleep, using self-care and self-compassion. You will discover how to:

- Understand the difference between 'good' and 'bad' sleep.
- Cope better with temporary sleeplessness.
- Begin to unlearn unhelpful sleeping habits.



£8.99

B-format paperback

January 2021

198mm 129mm

192 pages

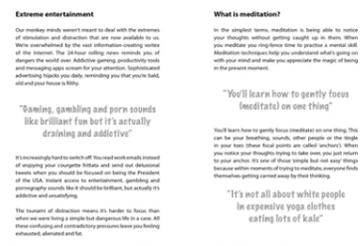
Self-Help / Personal Growth

MY MIND WON'T SHUT UP!

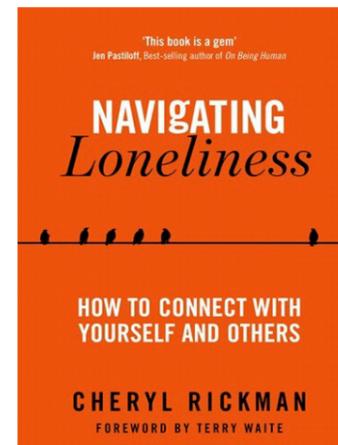
Meditation for People Who Don't Meditate
Williamson, Linda

Realistic, cheeky and easy-to-read, My Mind Won't Shut Up! is a book that challenges meditation myths. It's for ordinary, stressed out people with money worries, weird families and haemorrhoids.

Written by two sturdy-legged Glaswegians with short attention spans, My Mind Won't Shut Up! is aimed at anyone who is curious about meditation but turned off by anything too woo-woo. It is not a spiritual journey, and it won't make you better at kung fu. It will help you be kinder to yourself, stop you from spinning out and make you less prone to emotional wobbles.



NAVIGATING LONELINESS



£8.99

B-format paperback

May 2021

198mm 129mm

176 pages

SELF-HELP / Emotions

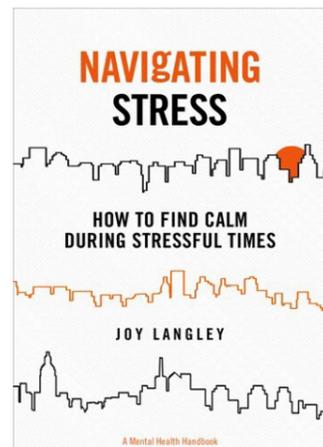
How to Connect with Yourself and Others
Rickman, Cheryl

Short and concise for those that are time poor Packed with actionable strategies, practical exercises and tips Written by an experienced practitioner Uniquely highlights the positives alongside the negatives, with a focus on improving mental health

We are experiencing a loneliness epidemic, but we needn't remain lonely. Through actionable strategies, you will discover how to support and maintain existing relationships, foster new connections and learn how to shift your perspective about community and belonging.

Throughout, you will find step by step solutions to help grow self-acceptance, self-belief and self-compassion. You will learn how to:

- Understand the difference between solitude and loneliness
- Appreciate alone time and celebrate solitude
- Cope with isolation
- Connect with others



£8.99
Paperback / softback
June 2021
161mm 111mm
192 pages
Self-Help / Stress Management

NAVIGATING STRESS

How to Find Calm During Stressful Times
Langley, Joy

Short and concise for those that are time poor.

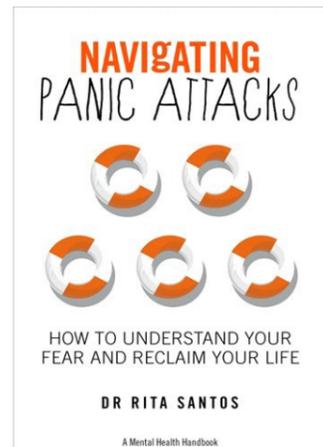
Packed with actionable strategies, practical exercises and top tips.

Written by an experienced practitioner specialising in stress management.

We are all unique and we each respond differently to every situation. Reducing stress is possible for every one of us but you will need to create your own unique blueprint of coping mechanisms in order to do so. This book will show you just how to do that, with practical tools and memorable strategies to help you put together your personalized stress plan.

After reading this book you will be able to deal quickly with real or imagined dangers. Along the road, you will discover:

- What stress is and why it happens.
- What causes it, and how it can help as well as hinder you.
- Why you need to understand and care about it.
- How to control it.



£8.99
B-format paperback
July 2021
198mm 129mm
176 pages
Self-Help / General

NAVIGATING PANIC ATTACKS

How to Recognise and Manage the Symptoms
Santos, Dr Rita

Short and concise for those that are time poor.

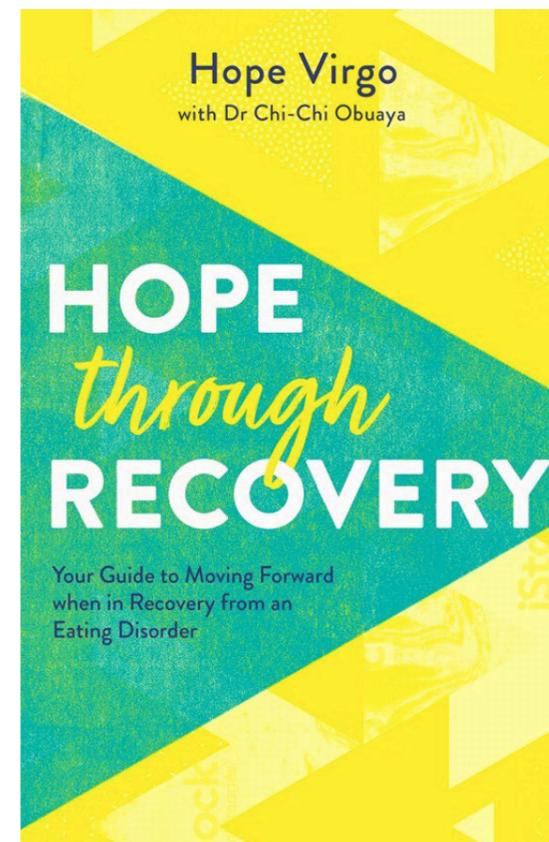
Packed with actionable strategies, practical exercises and top tips.

Written by an experienced practitioner.

One of the key symptoms of anxiety is panic attacks. However often, or infrequently, you experience them, it is possible to take steps to change how you react. There are ways that you can loosen their grip, potentially even stopping them from happening altogether. This book offers actionable strategies and step-by-step solutions to develop better ways of coping with panic attacks. It promotes understanding, self-awareness and self-care.

You will discover how to:

- Understand what panic attacks are and why they happen.
- Identify your warning signs and personal triggers.
- Open a dialogue with family and friends.
- Recognise and manage your anxious anticipation surrounding panic attacks.



HOPE THROUGH RECOVERY

Your Guide to Moving Forward when in Recovery from an Eating Disorder

Hope Virgo, Chi-Chi Obuaya
March 2021

Electronic book text

pages

£8.99

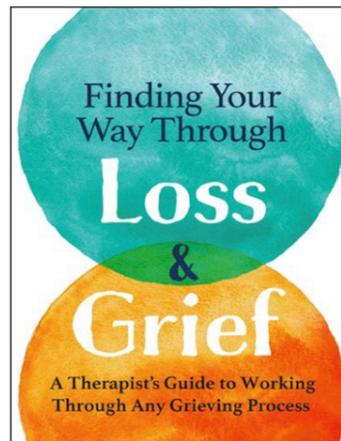
Self-Help / Eating Disorders

In this practical guide to life in recovery, mental health campaigner and survivor Hope Virgo offers practical and emotional support tools for anyone who has had an eating disorder, whatever the type. The book combines her personal experience with her work with parents, patients, educators and health workers. Consultant Psychiatrist Dr Chi-Chi Obuaya lends his clinical experience and knowledge, giving additional guidance and advice throughout.

Learn about Hope's story, the myths about eating disorders, and where you may be in your own recovery. Look at the building blocks for a successful recovery, and the situations you may encounter in daily life that will challenge your recovery. Hope unpicks how to cope and learn from these experiences. Finally, she looks at the possibility of relapse, and how to deal with this if it happens to you. Read from beginning to end or dip in and out when you need extra support and help. This is the book Hope wished she'd had when she was fresh out of hospital and entering back into the 'real world'.

Hope is an award-winning mental health campaigner and author. She suffered with anorexia for over four years, before being admitted to a mental health hospital in 2007. She lived in the hospital for a year, fighting one of the hardest battles of her life. Since being discharged, she has fought to stay well. Hope is now at the stage of ongoing recovery, and uses her experiences of mental health illness to champion the rights of others, inspire them to get well, and help break the stigma of mental illness. She is a recognised media spokesperson, having appeared on platforms including *Victoria Derbyshire*, *Good Morning Britain*, *Sky News* and *BBC News*.

Consultant Psychiatrist Dr Chi-Chi Obuaya specialises in the diagnosis and treatment of eating disorders. He works across the NHS and runs a private practice in Harley Street.



£12.99
Unsewn / adhesive bound
November 2021
216mm 138mm
224 pages
Health & Fitness / Infertility

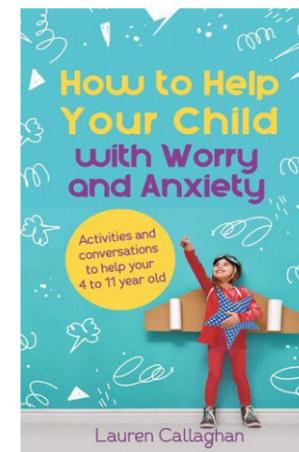
FINDING YOUR WAY THROUGH LOSS & GRIEF

A Therapist's Guide to Working Through Any Grieving Process
Hopfgarten, Christine

- An accessible guide written by a specialist psychotherapist. Concentrates on essential grieving tasks to support the reader through the process, acknowledging that everyone's experience is unique.
- Covers a spectrum of causes of loss and grief, including bereavement, illness and fertility issues.

In this practical guide, psychotherapist **Christine Hopfgarten** looks in detail at the different reasons that we may encounter feelings of loss, including bereavement, relationship break-up, loss of a job, fertility problems or miscarriage, and illness. The book clearly lays out the possible stages of grief and shows you how to move through the grieving process.

By blending clinical knowledge with insights from those with lived experience, this guide will help you make sense of your emotions and gain an understanding of how these fit into your own unique experience of grief. Christine gives advice specific to each experience of loss, and uses exercises applicable to your situation.



£9.99
B-format paperback
June 2021
198mm 129mm
192 pages
Family & Relationships / Parenting

HOW TO HELP YOUR CHILD WITH WORRY AND ANXIETY

Activities and Conversations for Parents to Help Their 4-11-Year-Old
Callaghan, Lauren

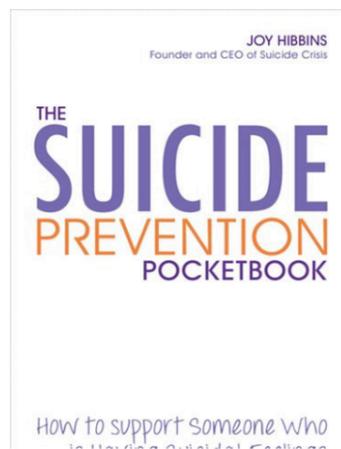
10-20% of children and adolescents experience mental disorders worldwide (World Health

As a parent, it's heart-breaking watching your child struggle with anxious thoughts, or seem constantly worried about something. Anxiety is sadly common in children, and can affect their sleep, mood and general wellbeing.

How to Help your Child with Worry and Anxiety is a must-read handbook for parents of children aged 4-11 years old who experience anxiety. Clinical psychologist Dr Lauren Callaghan provides you with concise and accessible information, explaining how anxiety works in children, and what you can do to help. You will be shown how to help your child overcome this spiral of anxious thoughts and learn to manage their thoughts and feelings.

Dr Callaghan explains clinically proven strategies to help your child to recognise and process anxious thoughts, including scripts to steer a conversation, and activities designed to help your child explore their worries and give them the emotional skills to feel less anxious.

A practical book for parents and carers to help them navigate parenting a child experiencing worry.



£9.99
Unsewn / adhesive bound
September 2021
198mm 129mm
192 pages
Family & Relationships / General

THE SUICIDE PREVENTION POCKET BOOK

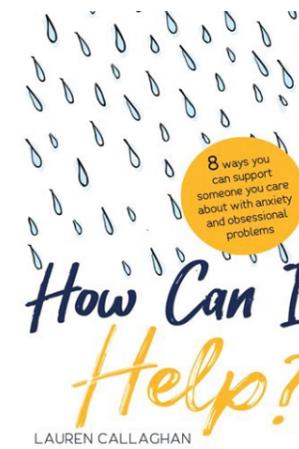
How to Support Someone Who is Having Suicidal Feelings
Hibbins, Joy

- Nearly 800 000 people die by suicide globally each year and it is the 2nd leading cause of death for 15-24- year- olds. However, the subject is still very much taboo and cloaked in misconceptions.
- Written by the founder of charity Suicide Crisis

Often, we are extremely cautious about how we would approach or talk to someone we know, or fear, has suicidal thoughts; we worry about saying or doing the wrong thing. But we still really want to help.

The Suicide Prevention Pocketbook gives you the information and confidence you need to help friends, work colleagues and loved ones suffering from suicidal thoughts, or following a suicide attempt. It uses the innovative approach created by charity Suicide Crisis to bring understanding of what suicidal people go through – and shows how best to help.

Founder **Joy Hibbins** helps you build on the qualities you have already, and teaches you tried-and-tested skills and techniques to help someone in a suicide crisis.



£12.99
Trade paperback (UK)
August 2020
216mm 135mm
176 pages
SELF-HELP / Anxieties & Phobias

HOW CAN I HELP?

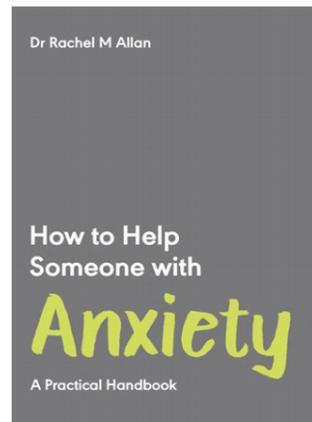
8 Ways You Can Support Someone You Care About with Anxiety or
Callaghan, Lauren

Do you have a friend, partner, child or loved one who's suffering from anxiety? Do they need your help but you're not quite sure what to do? Are you wondering how you can best support them?

At some point in our lives, many of us will witness someone we're close to experiencing anxiety, stress or anxiety-based depression. It can be challenging to see those you care about facing the challenges these conditions can cause, but there *are* ways that you can help.

In this accessible, no-nonsense guide, clinical psychologist Lauren Callaghan provides tools, tips and strategies that you can use to help the person you love along the path to recovery. Whether your loved one has already been diagnosed, or whether you think that a loved one might be suffering but has not yet been diagnosed, there is something in here for you.

In this accessible, down-to-earth guide, clinical psychologist Lauren Callaghan provides advice, tools and strategies on how to support someone you care about with an anxiety problem.



HOW TO HELP SOMEONE WITH ANXIETY

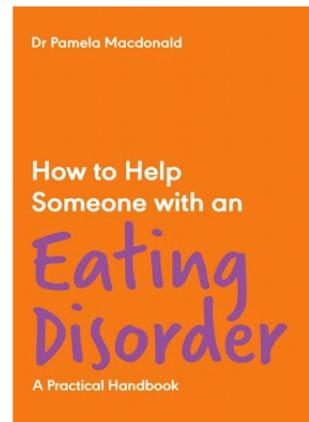
A Practical Handbook

Allan, Dr Rachel M

August 2021

SELF-HELP / Anxieties & Phobias

190mm 135mm Paperback /192 pages £10.99



HOW TO HELP SOMEONE WITH AN EATING

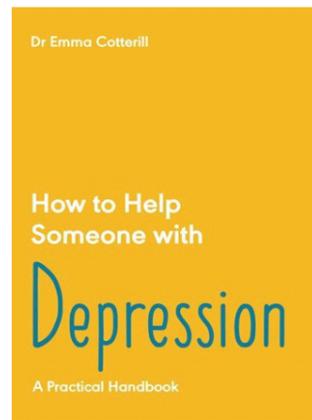
A Practical Handbook

Macdonald Pamela Dr

August 2021

Self-Help / Eating Disorders

190mm 135mm Paperback /192 pages £10.99



HOW TO HELP SOMEONE WITH DEPRESSION

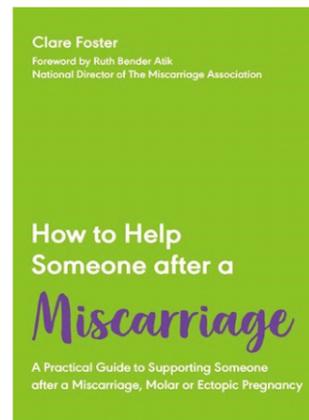
A Practical Handbook

Cotterill, Dr Emma

October 2021

Self-Help / Depression

190mm 135mm Paperback /192 pages £10.99



HOW TO HELP SOMEONE AFTER A MISCARRIAGE

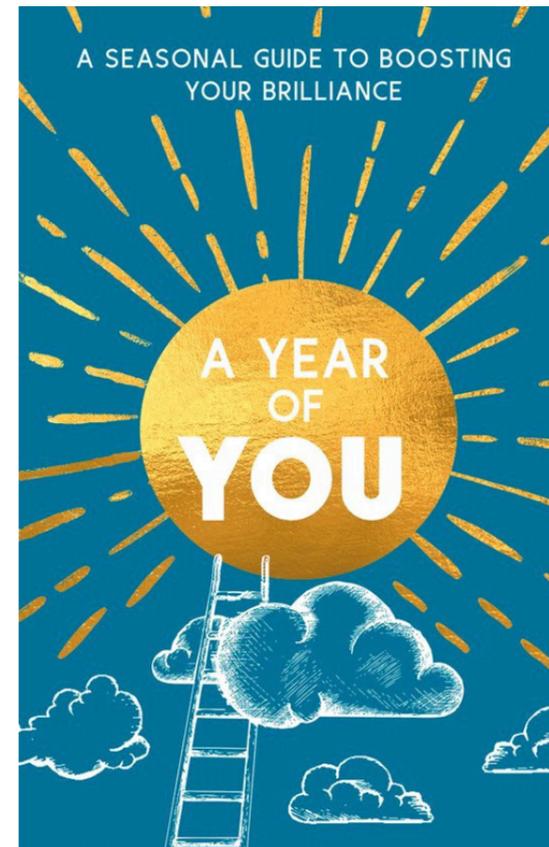
A Practical Guide to Supporting Someone after a Miscarriage, Molar or Ectopic Pregnancy

Foster, Clare

October 2021

Family & Relationships / Death, Grief,

190mm 135mm Paperback /192 pages £10.99



A YEAR OF YOU

A Seasonal Guide to Boosting Your Brilliance

Trigger Publishing

February 2021

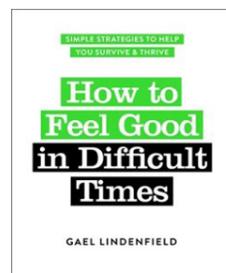
198mm 129mm

Paperback / softback

160 pages

£9.99

Ever feel like you have no time to look after yourself? *A Year of You* can help you carve out those crucial seconds in the week to re-center and take a moment for you. This collection is packed with 52 prompts and activities to enable you to take back control of your day and help you through the year. Whether you want a moment of mindfulness or to figure out your feelings, there will be something in here to help you do that. Follow them per week, per season, or simply dip in and out whenever you need a boost--it's up to you! Be your best self, one week at a time.



HOW TO FEEL GOOD IN DIFFICULT TIMES

Lindenfield, Gael
 March 2020 Paperback /
 190mm 140mm 208 pages £9.99
 Self-Help / Personal Growth



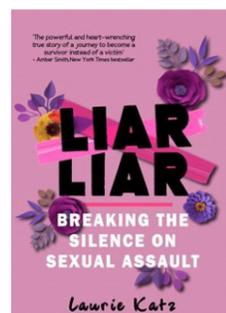
MAKE YOUR MARK IN THE WORKPLACE

Espey, James
 July 2020 Paperback /
 216mm 140mm 224 pages £10.99
 BUSINESS & ECONOMICS / Personal Success



ADVENTURES IN OPTING OUT

Flanders, Cait
 October 2020 Hardback
 216mm 135mm 224 pages £12.99
 Self-Help / Personal Growth



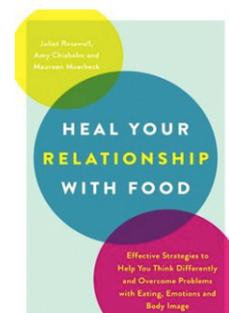
LIAR LIAR

Katz, Laurie
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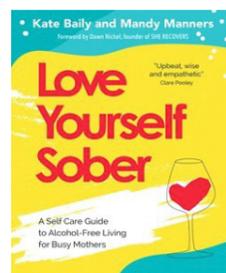
GREAT SEX EXPECTATIONS

Cribb, Gemma
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 198mm 129mm 272 pages £9.99
 Self-Help / Sexual Instruction



HEAL YOUR RELATIONSHIP WITH FOOD

Rosewall, Juliet
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 Self-Help / Eating Disorders



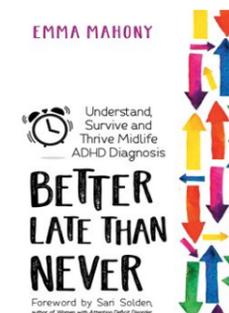
LOVE YOURSELF SOBER

Baily, Kate
 September 2020 Paperback /
 216mm 135mm 304 pages £12.99
 Self-Help / Substance Abuse & Addictions



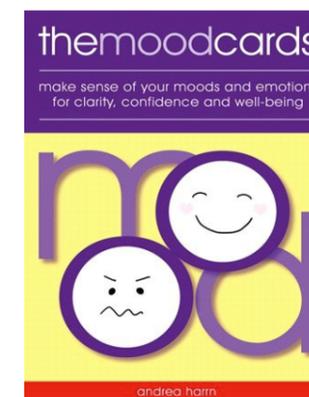
OUT OF OFFICE

Thomas, Fiona
 October 2020 Paperback /
 198mm 129mm 336 pages £9.99
 BUSINESS & ECONOMICS / Personal Success



BETTER LATE THAN NEVER

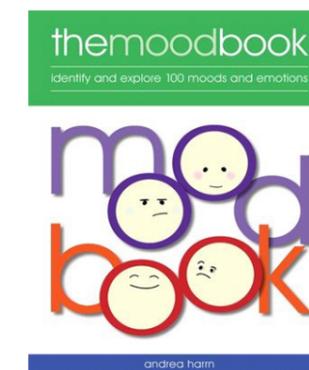
Mahony, Emma
 January 2020 Paperback /
 216mm 135mm 256 pages £14.99
 FAMILY & RELATIONSHIPS / Life Stages



THE MOOD CARDS

Make sense of your moods and emotions for clarity, confidence and well-being

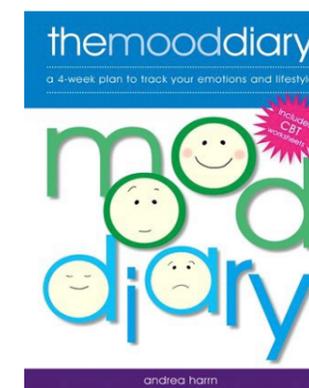
Harrn, Andrea
 April 2015
 SELF-HELP / Emotions
 175mm 130mm 8 pages £14.99



THE MOOD BOOK

Identify and explore 100 moods and emotions

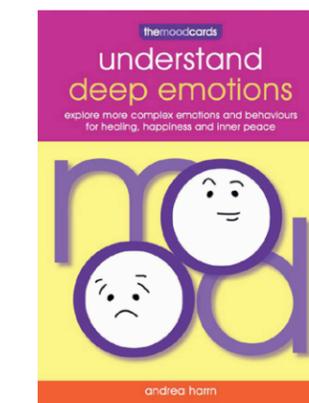
Harrn, Andrea
 February 2019
 SELF-HELP / Emotions
 230mm 180mm Paperback /132 pages £12.99



MOOD DIARY

A 4-week plan to track your emotions and lifestyle

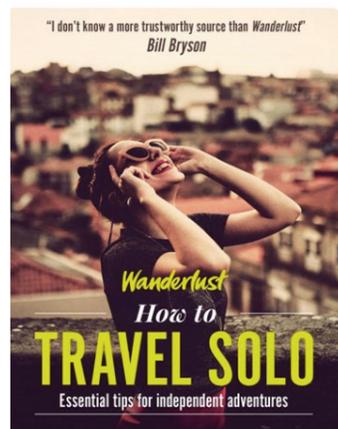
Harrn, Andrea
 January 2020
 SELF-HELP / Emotions
 229mm 178mm Paperback /160 pages £12.99



MOOD CARDS BOX 2

Understand Deep Emotions

Harrn, Andrea
 February 2021
 SELF-HELP / Emotions
 165mm 120mm 8 pages £17.99



£9.99

Paperback / softback

March 2021

175mm 126mm

128 pages

Travel / Special Interest

HOW TO TRAVEL SOLO

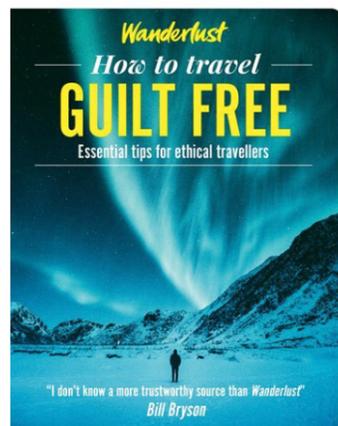
Holiday tips for independent adventurers
Wanderlust

Wanderlust is the multi-award winning, leading travel magazine in the UK. With over 86,000 print readers, 800,000 newsletter subscriptions, and around 700,000 unique website visitors a month, primarily from UK, USA, Canada, Germany and India.

Solo travel has never been bigger with the backpacking industry alone valued at \$230 billion a year

Whether you are solo in Sweden or backpacking in Bali, Wanderlust magazine's *How to Travel Solo* is everything you need to strike out on your own. From location focus on solo hotspots, to tips about braving off the beaten path and how to find the best street food, this guide is packed with advice from solo travel experts.

With climate and seasonal packing advice as well as safety tips and tricks, *How to Travel Solo* is both inspiring and instructional, helping you to get the very best out of independent travel. Whether you're a seasoned trekker or nervous novice plunging into their first solo travel adventure, make sure to tuck this book into your hand luggage.



£9.99

Paperback / softback

March 2021

175mm 126mm

128 pages

Travel / Special Interest

HOW TO TRAVEL GUILT FREE

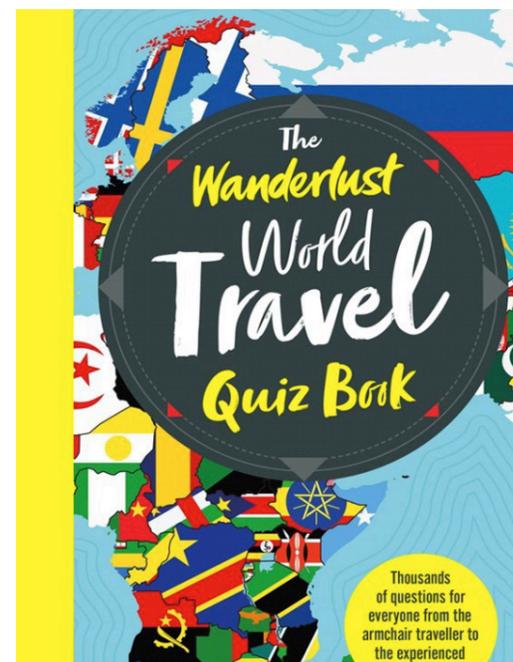
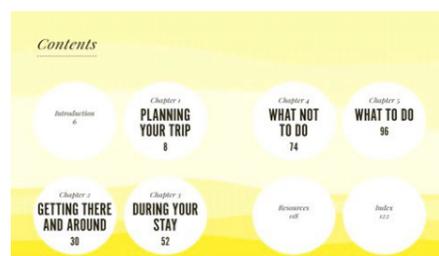
Essential tips for ethical travellers
Wanderlust

Eco travel tipped as biggest travel trend of 2020-21, particularly for gen Z and millennials

In partnership with Wanderlust magazine, reflecting their brand identity of inspiring, authentic, adventurous and experiential travel writing and imagery ("There simply isn't a better magazine for the serious traveller" - Bill Bryson)

We have never been more conscious of our impact on the environment. At work, home and in nature, we strive to find balance with our surroundings - but how can you indulge your love of exploring the world without damaging it in the process?

How to Travel Guilt Free is the Wanderlust magazine guide to eco-friendly travel. Whether you're enjoying a staycation or heading off on a round-the-world trip, Wanderlust's expert travel writers have 100 essential tips to make your adventures green, every step of the way. From where to go, how to get there, what to take and what to avoid, *How to Travel Guilt Free* will change the way you approach your every expedition. Helping you to tune in with the delicate balance of incredible destinations around the world, embrace mindful voyages and ultimately find a kind, honest and harmonious new travel philosophy.



THE WANDERLUST WORLD TRAVEL QUIZ BOOK

Thousands of Trivia Questions to Test Globe-Trotters

Wanderlust, Elizabeth Atkin

June 2021

198mm 129mm

Paperback / softback

256 pages

£8.99

Games / Quizzes

Wanderlust is the multi-award winning, leading travel magazine in the UK. With over 86,000 print readers, 800,000 newsletter subscriptions, and around 700,000 unique website visitors a month, primarily from UK, USA, Canada, Germany and India.

Part of a new series of high-quality books from *Wanderlust* and Welbeck, featuring travel calendars, travel guides and puzzle books.

Traditionally there are travel guides and travel-sized classic puzzle books, but now the two have been combined to create both a travel-sized and travel-themed quiz book that doubles as a guide to locations and experiences worldwide.

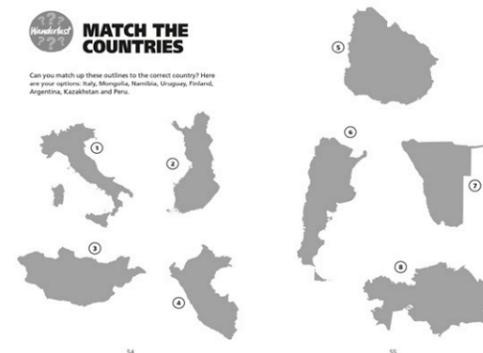
World-renowned traveller and author Bill Bryson said of *Wanderlust* that 'there simply isn't a better magazine for the serious traveller'. And now there isn't a better quiz book for the serious traveller, either.

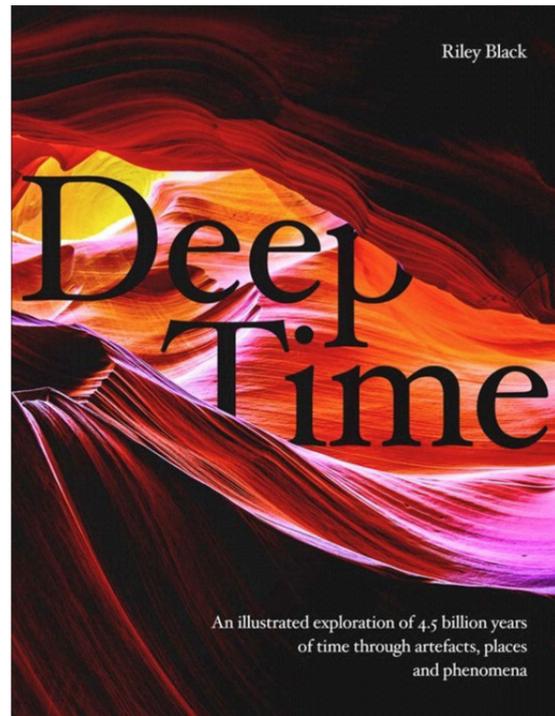
The Wanderlust World Travel Quiz Book is both informative and entertaining. With quizzes on countries and cities, landmarks and landscapes, you will feel like you are travelling around the globe as you test your credentials as a world explorer. Real experts can slip it into their backpacks or hand luggage to test their travel companions as they experience the locations for themselves. For those at home – dreaming of future travel destinations – there are 32 pages of picture quizzes with stunning high-quality photographs of worldwide destinations for you to add to your bucket list.

This quiz book contains thousands of geographical trivia questions based on fun facts from all around the world. There are quizzes focussed on cities, countries, landmarks and geographical wonders of the world, and even 32 pages of picture quizzes.

Wanderlust magazine has been taking readers on the road less travelled since 1993. Each issue of the award-winning magazine is packed with inspiration and information, and wanderlust.co.uk features daily travel news and views.

Elizabeth Atkin is an experienced travel and specialist journalist and editor based in London.





DEEP TIME

An Illustrated Exploration of 4.5 Billion Years of Time Through Artefacts, Places and Phenomena

Riley Black

October 2021

283mm 245mm

Hardback

224 pages

£25.00

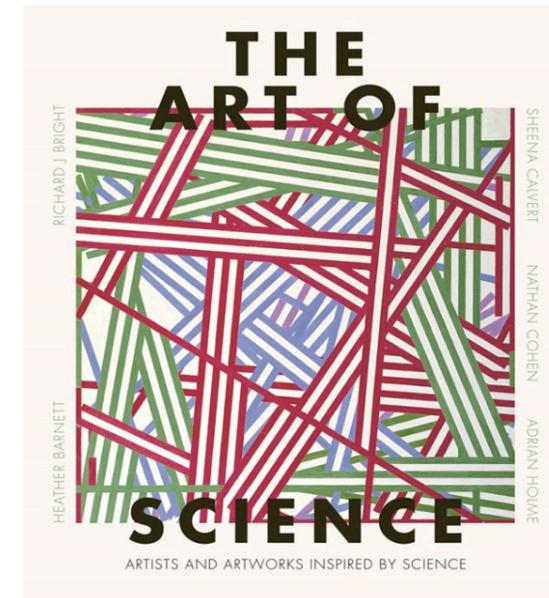
Science / Earth Sciences

- Deep time (the concept of geologic time) extremely topical subject, covered by recent bestsellers such as Robert Macfarlane's *Underland* and Lara Maiklem's *Mudlarking*
- Tells the story of time - from 4.5 billion years ago to 0 BCE - through places, artefacts and phenomena
- Expert author who has written for the *Smithsonian*, *National Geographic* and *Scientific American*, and consulted on Jurassic World
- Cover: Grand Canyon (1.9 billion years old)

How can the human mind conceive of the immense arc of the history of our planet or the vast expanse of time since the beginning of the universe? Deep time challenges our sense of meaning, both individually and collectively, and threatens to overwhelm our comprehension of the cosmos. But windows to this cosmic span do exist - traces and artefacts of ancient epochs, things we can see and touch today, which can connect us to this distant past. From the prismatic bands in a polished rock, to the hiss of static on the radio, and from the fossil fragments you find on the beach to the stars in the night sky, the evidence of deep time is all around us.

Carving a timeline through the aeons of evolution that have taken place before our time on Earth, *Deep Time* explores the evidence that exists beneath our feet, in our museums, in the skies and surrounding us every day, which can help us to make sense of the great age of our world. Organised chronologically, *Deep Time* features full colour imagery of incredible objects, places and phenomena that have withstood unimaginable geological and cosmic forces to bring us the story of time itself.

Riley Black is a science writer specializing in palaeontology. She has written for *Wired*, *National Geographic* and *Scientific American*, and was dubbed one of the top "science social media wizards" by *Business Insider*. Riley was resident palaeontologist for *Jurassic World*, and is the author of two books: *When Dinosaurs Ruled* and *Prehistoric Predators*. She lives in Salt Lake City.



THE ART OF SCIENCE

The history of creativity and discovery in 40 artists

Adrian Holme, Heather Barnett, Nathan Cohen

May 2021

283mm 245mm

Hardback

224 pages

£30.00

Art / History

High-profile exhibitions of artists and designers who use science and technology either as themes in their work or to create their work are on show across the globe - including Alicja Kwade at the Metropolitan Museum of Art, Hilma af Klint at the Guggenheim, Fashioned from Nature at the V&A, Leonardo da Vinci: A Life in Drawing (across the UK), and New Order: Art and Technology in the 21st Century at MoMA.

Collaborations between artists and scientists are more prevalent than ever. London's Wellcome Collection, an institution focusing on this relationship, receives over 700k visitors per year.

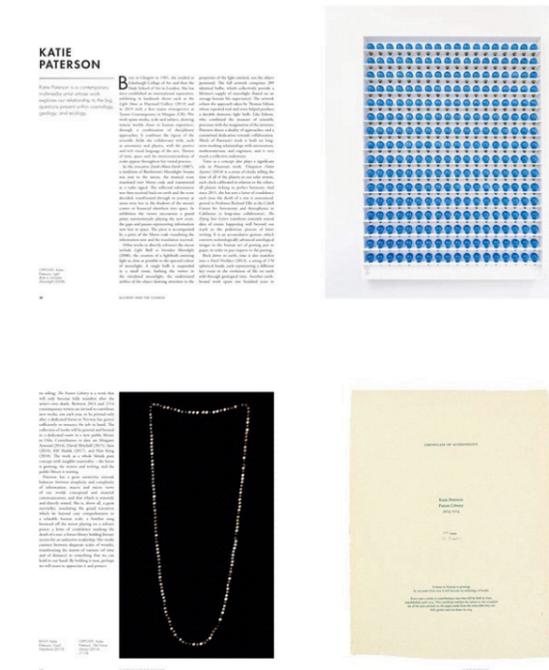
Artists at forefront of climate breakdown awareness and appear across

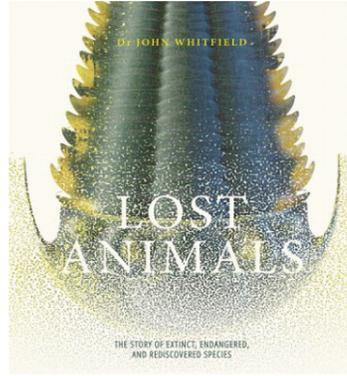
Since the earliest days of humanity, the urge to create has been intertwined with the desire for knowledge, experimentation and the collection of information. The line between artist and scientist is often so blurred as to become imperceptible, often with artists contributing vital visualizations that enable the progression of scientific discovery - and scientists providing raw data and the opportunity for observation to artists hungry for invention. Rarely has any field gone without examination and depiction by artists - from botany and natural history to neurology and optics.

The Art of Science explores the work of forty artists and artist-scientists whose work has furthered and made visible the relationship between these fields. Lavishly illustrated, the book authoritatively explores the age-old affinity between two disciplines whose commonalities are greater than their differences.

The Art of Science explores the work of forty artists and artist-scientists

Heather Barnett is an artist, researcher and educator working with natural phenomena and complex systems. She is Pathway Leader of MA Art and Science at Central Saint Martins (University of the Arts London). **Nathan Cohen** is an artist, educator and writer. He is an established research professional engaged in art and science projects internationally, and is course leader of MA Art and Science at Central Saint Martins. **Adrian Holme** is an artist, educator, writer and editor. He lectures on MA Art and Science, CSM, and has a background in biological science and fine art. He is an associate editor on the *Journal of Illustration*.





LOST ANIMALS

The story of extinct, endangered and rediscovered species

Whitfield, John

Paleontology digs are currently yielding extraordinary finds such as the huge deposit of Cambrian fossils along the banks of China's Danshui River, almost 50 per cent of which are creatures not previously known (reported in March 2019).

Documenting the species that have emerged, disappeared and been reborn over the millennia since the Cambrian Explosion, *Lost Animals* is the story of life on Earth.

Over 520 million years ago, all the major animal groups – molluscs, worms, crustaceans, vertebrates – appear in the fossil record in what is, geologically speaking, the blink of an eye. As well as the animals we're familiar with today, evolution also experimented with now-obsolete body forms. Once, the world was a blank slate, but as this slate filled up, some lines were erased while others carried on to this day.

Beautifully illustrated with artist's interpretations, photographs of fossils and excavations.

£30.00

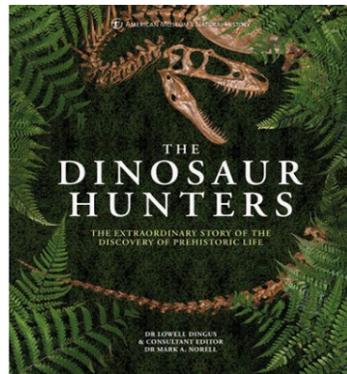
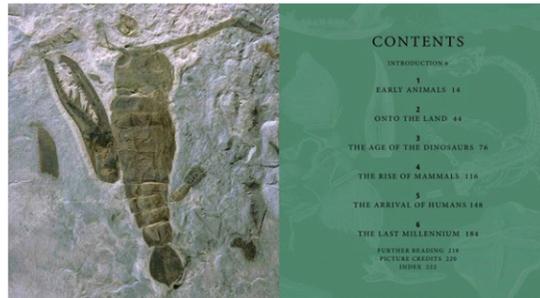
With printed dust jacket

October 2020

283mm 245mm

224 pages

Nature / Animals



THE DINOSAUR HUNTERS

The Extraordinary Story of the Discovery of Prehistoric Life

Dingus, Lowell

Produced in association with the American Museum of Natural History in New York, which holds the most diverse collection of dinosaur fossils in the world. April 2019 marked the 150th anniversary of the AMNH.

Dinosaur bones had been found centuries before scientists understood what they were and what creatures they came from; ancient Chinese writings spoke of 'dragon' bones, and large fossils discovered in the UK were thought to belong to human giants. It was only with the exploration and meticulous research of generations of intrepid palaeontologists that the truth about dinosaurs was discovered.

The Dinosaur Hunters tells the story of these discoverers of prehistoric life, and the revelations found through their research. Illustrated with 30 rare documents, photographs and hand-drawn maps, it explores the unearthing of Iguanodon teeth, the discovery of the first flying dinosaur, the infamous Bone Wars and consultant editor Dr Mark Norell's radical study of feathered dinosaurs.

£20.00

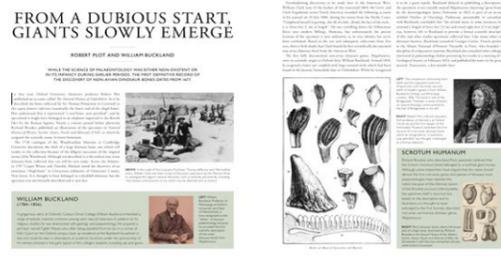
Hardback

May 2021

283mm 245mm

144 pages

Nature / Dinosaurs & Prehistoric Creatures



RHS WEEDS

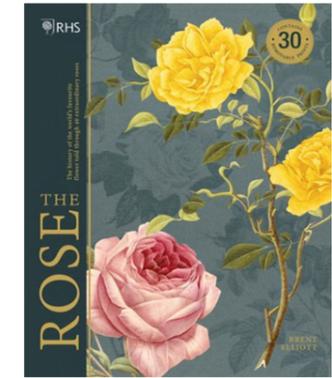
the beauty and uses of 50 vagabond plants

Royal Horticultural Society

April 2021

Gardening / Flowers

210mm 150mm Hardback 208 pages £14.99



RHS THE ROSE

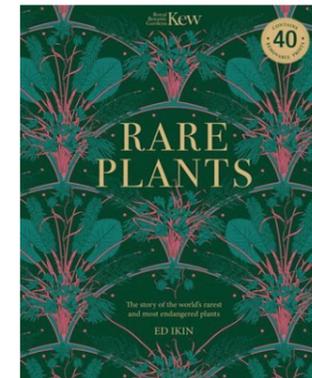
The history of the world's favourite flower in 40 roses

Elliott, Brent

April 2020

Gardening / Flowers

280mm 216mm Hardback 208 pages £25.00



KEW - RARE PLANTS

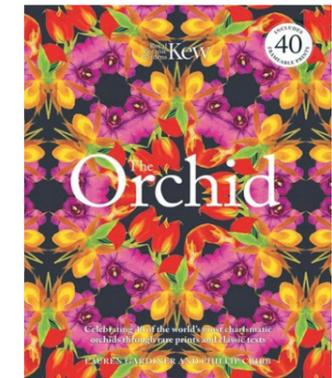
Forty of the world's rarest and most endangered plants

Ikin, Ed

October 2020

Gardening / General

280mm 216mm Paperback /264 pages £35.00



THE ORCHID

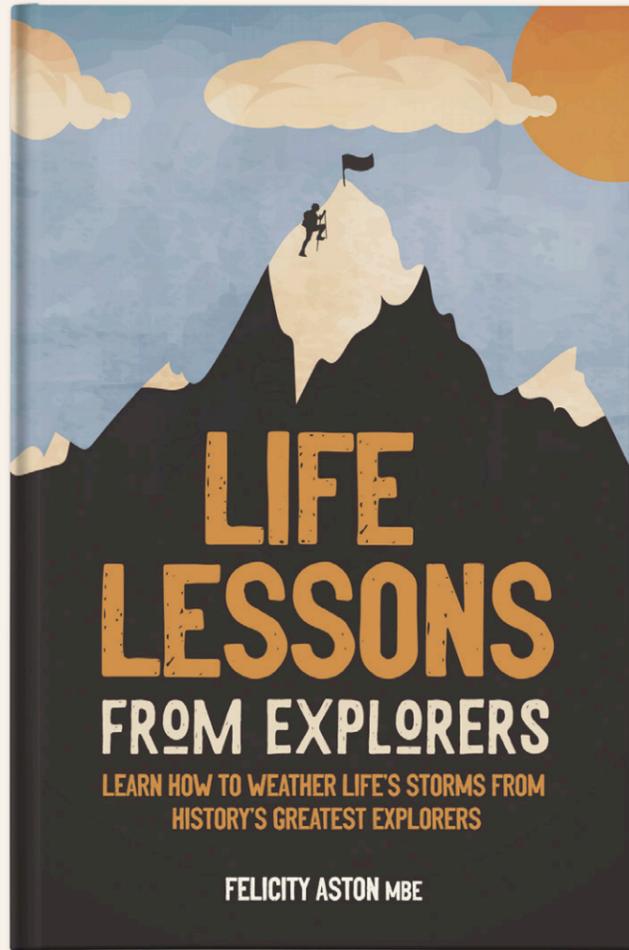
Royal Botanic Gardens, Kew

Gardiner, Lauren

September 2018

Art / Subjects & Themes

280mm 216mm 264 pages £35.00



LIFE LESSONS FROM EXPLORERS

LEARN HOW TO WEATHER LIFE'S STORMS FROM HISTORY'S GREATEST EXPLORERS

Felicity Aston, MBE

UK RRP **£12.99**
978-1-78739-611-1
October 2021
198 x 129 mm

Hardback
208 pages
35,000 words
Geographical Discovery & Exploration / Self-Help

Collects 15 highly-prized traits of explorers (bravery, resilience, risk-taking, curiosity etc.)

Incredible true stories of explorers using these skills feature alongside advice on how to nurture these traits in yourself and improve your life.

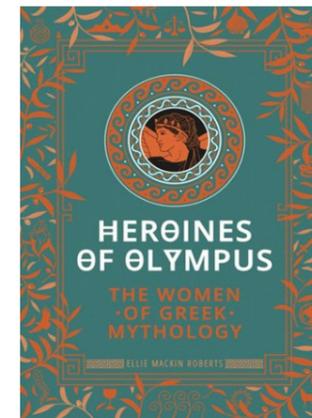
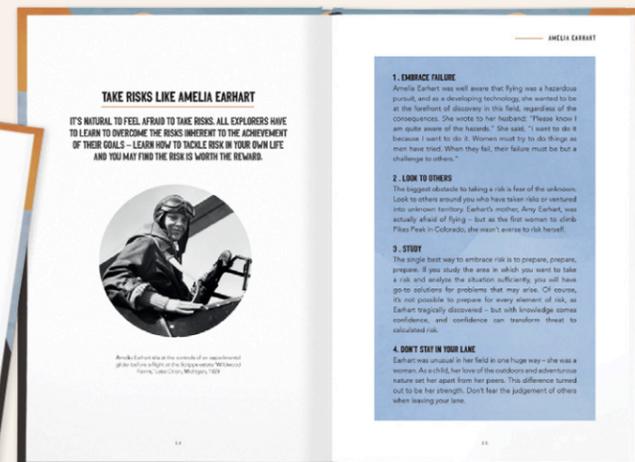
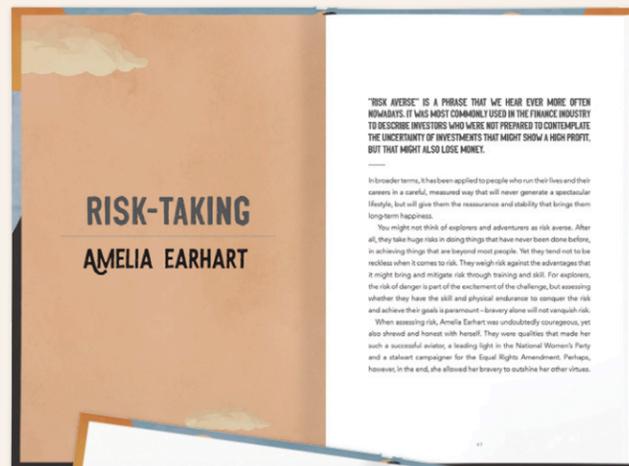
Inspirational imagery of expeditions and portraits.

Compact, gifty format and beautiful design.

Great explorers are known for their hard-earned skills and meticulously honed character traits which have made their astonishing endeavours possible. Valuable lessons are waiting to be learned from the feats attained by the most revered names in exploration – from legendary adventurers such as Ernest Shackleton to lesser-known figures such as Junko Tabei.

Life Lessons from Explorers collects 15 of the most highly prized traits, shared by those who have scaled mountains and traversed tundras, proposing how these could be applied to your own life, whether you are crossing Antarctica or battling a mental obstacle. Compelling accounts of the life and times of celebrated explorers, highlighting when they have displayed these traits are accompanied by remarkable images of the people who have travelled to the ends of the Earth, and the places they discovered.

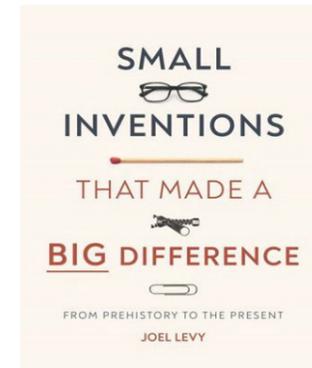
Polar explorer **Felicity Aston, MBE** is an Antarctic scientist turned author, speaker and expedition leader. In 2012, she became the first woman to ski alone across Antarctica. Felicity is the author of *Chasing Winter*, *Alone in Antarctica* and *Call of the White*. She lives in Iceland.



HEROINES OF OLYMPUS

The Women of Greek Mythology

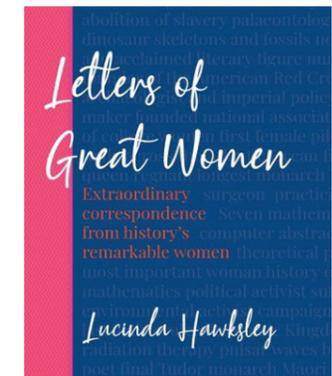
Mackin Roberts, Ellie
October 2020
Literary Criticism / Ancient and
210mm 150mm Hardback 208 pages £14.99



SMALL INVENTIONS THAT MADE A BIG DIFFERENCE

From Prehistory to the Present

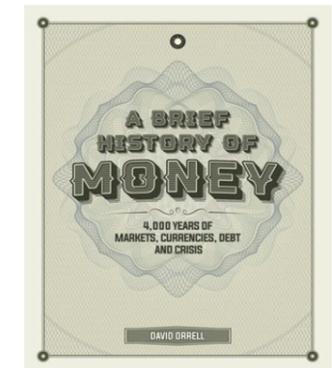
Pilcher, Helen
August 2021
Technology & Engineering / Inventions
216mm 135mm Hardback 320 pages £14.99



LETTERS OF GREAT WOMEN

Extraordinary correspondence from history's remarkable women

Hawksley, Lucinda
October 2021
Literary Collections / Letters
280mm 216mm Hardback 208 pages £25.00



A BRIEF HISTORY OF MONEY

4000 Years of Markets, Currencies, Debt and Crisis

Orrell, David
October 2020
Business & Economics / Economic
237mm 185mm Hardback 160 pages £20.00



CONTAGION

Plagues, Pandemics and Cures from the Black Death to Covid-19 and
Gunderman, Richard

The outbreak of the coronavirus pandemic in early 2020 shows that humanity in the age of globalization is always vulnerable to new and deadly strains of disease.

Offers powerful insights into how pandemics begin, how they spread and how societies, both ancient and modern, have coped.

As the outbreak of a new and deadly form of coronavirus dominates headlines and triggers fear and global recession, now is a good time to reflect on the history and science of transmissible diseases. Behind every disease is a story, from the natural history of the disease and its course in the individual, to the tale of the disease's description, discovery and treatment. From the impact of tuberculosis on English dynastic history to the makeup of our DNA; from the deadliest plagues of the ancient world to twenty-first century pandemics; and from the ravages of the Black Death to the discovery of antibodies, transmissible diseases have an incredible variety of tales to tell.

Contagion explores some of the most notorious, grisly, and pernicious communicable diseases in history, revealing their hidden stories. In addition to discussing their symptoms, causes,

£14.99

With flaps

September 2020

237mm 185mm

160 pages

Health & Fitness / Diseases



THE HUMAN AGE

How we created the Anthropocene epoch and caused the climate
Pálsson, Gísli

In 2019, a group of scientists formally declared an end to the Holocene and the beginning of a new epoch – the Anthropocene – an era where human beings are the dominant influence on climate, geology and ecosystems.

The Human Age is an intrepid exploration of the new geological epoch in which we now find ourselves: the Anthropocene. Defined as the Age of Man, this is the epoch in which human beings have become the driving forces that mould, transform and destroy Earth. Where natural occurrences once controlled climate, geology and the genesis and demise of species, humankind now holds the reins.

Bringing together scientific theory, political argument, philosophical questioning and our deepest fears and hopes for the future, *The Human Age* explores this new age through informative and compelling text, and astounding photographs of the impact of human life on Earth. Powerful graphics depict the changing nature of the landscape and the very bedrock of our planet.

£20.00

Hardback

September 2020

237mm 185mm

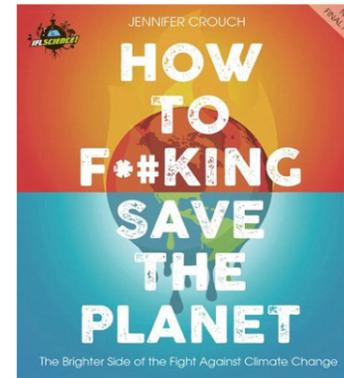
224 pages

Science / General



Introduction: A new epoch

In the summer of 2019, the members of the International Geosphere-Biosphere Programme (IGBP) met in Stockholm, Sweden, to discuss the Anthropocene. The IGBP is an international research programme that focuses on the Earth system. The Anthropocene is the proposed new geological epoch that began around 1950, when human activities became the dominant influence on the Earth's environment. The Anthropocene is a time when human beings have become the driving force behind the changes in the Earth's environment. The Anthropocene is a time when human beings have become the driving force behind the changes in the Earth's environment. The Anthropocene is a time when human beings have become the driving force behind the changes in the Earth's environment.



IFLSCIENCE! HOW TO F***ING SAVE THE PLANET

The lighter side of the climate apocalypse
Crouch, Jennifer

This is the perfect gift and humour book for the millennial generation, and anyone else profoundly interested in the world's climate.

It is an official publication from the irreverent media organisation IFLScience.

If you are a decent human being who believes in science, then *IFLScience! How to F***ing Save the Planet* is an absolutely essential read.

It is easy to become overwhelmed by the bleak reality of impending climate crisis. However, this book is an irreverent guide to the difficulties that face us – and the steps that we can take to overcome them.

Without flinching away from the hard science, *IFLScience! How to F***ing Save the Planet* explores all aspects of our environmental challenges. From an introduction to climate science and the history of the human carbon footprint, to descriptions of the systemic issues that our planet and its inhabitants are facing, this book cuts down absurd climate change myths and proposes real solutions that will cheer up even the gloomiest climate activist.

£9.99

Paperback / softback

August 2021

172mm 148mm

192 pages

SCIENCE / Earth Sciences



BANG!! 2

The Complete History of the Universe
May, Brian

Brian May is loved and respected the world over as a member of the rock band Queen but is also a Doctor of Astrophysics.

Rock legend and experienced amateur astronomer Brian May joins the legendary expert Sir Patrick Moore and astrophysicist Chris Lintott to tell the story of the Universe from the moment time and space came into existence at the Big Bang. This third edition has a new chapter, all-new photography and has been revised and updated to reflect a decade of new discoveries.

Includes many pictures of the Universe obtained by instruments such as the Hubble Space Telescope or the Very Large Telescope in Chile that are beautiful enough to be considered works of art in their own right. This book presents them in context, and uses extraordinary new artworks to explain the mind-blowing theories from the cutting edge of astronomy in a way that everyone can understand.

The story of the Universe from the moment time and space came into existence at the Big Bang.

No Image
Available

£20.00

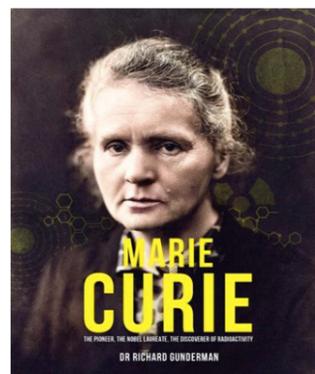
Hardback

September 2021

220mm 180mm

200 pages

SCIENCE / Space Science

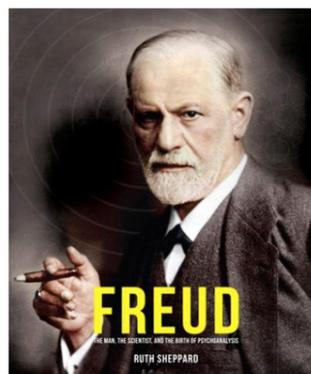


MARIE CURIE

The Pioneer, The Nobel Laureate

Gunderman, Richard
November 2020

Biography & Autobiography / Scientists
237mm 185mm Hardback 160 pages £20.00

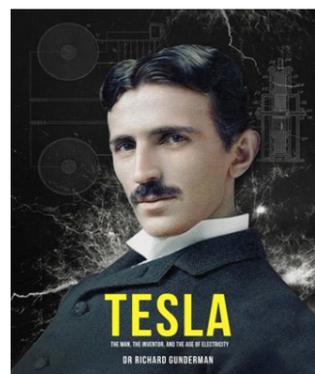


FREUD

The Man, the Scientist and the Birth of
Psychoanalysis

Sheppard, Ruth
June 2019

Biography & Autobiography / Medical
237mm 185mm Hardback 176 pages £20.00

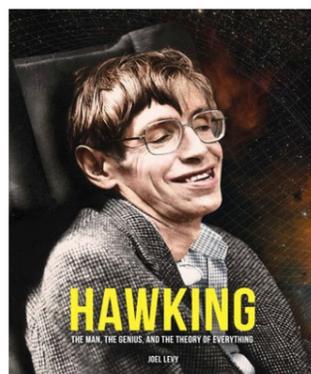


TESLA

The Man, the Inventor, and the Father of Electricity

Gunderman, Richard
June 2019

Biography & Autobiography / Scientists
237mm 185mm Hardback 160 pages £20.00



HAWKING

The Man, the Genius, and the Theory of Everything

Levy, Joel
December 2018

Biography & Autobiography / Scientists
237mm 185mm Hardback 160 pages £20.00



DIANA

The People's Princess

Owen, Nicholas

Fascination with Diana continues to this day, more than 20 years after her death in 1997.

This lavishly produced book covers the years following her death, her lasting legacy and the lives of her sons, who have continued their mother's charity work.

On 31 August 1997, the world was stunned by the tragic death of the most popular and photographed woman of the modern age: Diana, Princess of Wales. The outpouring of public grief at this tragically early death was unprecedented in modern times. Now, more than 20 years on, *Diana: The People's Princess* celebrates both her life and her legacy.

A dignified and unexploitative celebration of Diana's life, *Diana: The People's Princess* commemorates this remarkable woman's life from her childhood to her tragic premature death at the age of 36. With authoritative text and a vast array of photographs, this updated edition includes new material on the aftermath of her death, including her legacy as a mother – Prince William and Harry and their involvement in perpetuating and protecting her memory – and the

£20.00

Hardback

July 2020

238mm 183mm

208 pages

Biography & Autobiography /
Royalty



ELIZABETH

A Celebration in Photographs of the Queen's Life and Reign

Bond, Jennie

Written by the country's top expert on the royal family, Jennie Bond, who spent many years as the royal correspondent of the BBC.

Packed full of stunning photographs of Elizabeth's life and reign as Queen.

Queen Elizabeth II is the longest-serving monarch in British history. She has been a towering presence in British national life and throughout the world for almost 70 years and it is this extraordinary life that former BBC correspondent Jennie Bond explores and celebrates.

On February 6, 1952, Princess Elizabeth, Duchess of Edinburgh, became Queen on the death of her father, King George VI. The reign that was to see major changes both in the country and Commonwealth and in the role of the monarchy began far away from Britain in a game reserve in Kenya. *Elizabeth: A Celebration in Photographs*, looks at this remarkable period in the history of Britain's monarchy in lavish and fascinating detail, featuring over 240 photographs.

£20.00

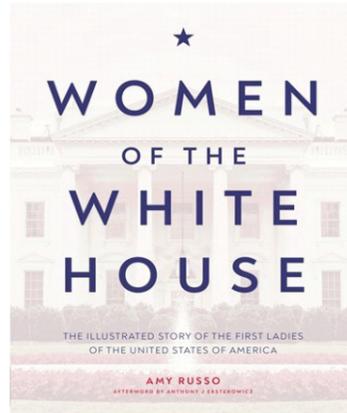
Hardback

July 2020

280mm 230mm

224 pages

Biography & Autobiography /
Royalty



WOMEN OF THE WHITE HOUSE

The Illustrated Story of the First Ladies of the United States of America

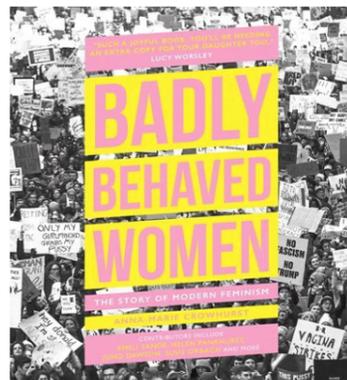
Russo, Amy

Upcoming 2020 US presidential elections have the spotlight firmly on the role of POTUS and FLOTUS.

US current affairs journalist Amy Russo explores the changing face of the role of FLOTUS, and how they have influenced the policy and public perception of the White House. A timely examination of **Women of the White House looks at the work, lives and times of the 47 women officially recognized as America's first lady.**

Through portraits, photographs, accounts and profiles, the book examines their contributions to the presidencies they supported and to the 230-year history of the role. The women who have held the position have evolved it from White House hostess to campaigner for social causes and a game-changing leadership position. A role model for the world, a powerful political player, a traditional yet modern woman – the position of first lady of the United States is many-faceted, complex and beyond high profile.

£14.99
Paper over boards
April 2021
213mm 166mm
192 pages
History / United States



BADLY BEHAVED WOMEN

The Story of Modern Feminism

Crowhurst, Anna-Marie

Published to mark the 100th anniversary of American women being granted the right to vote.

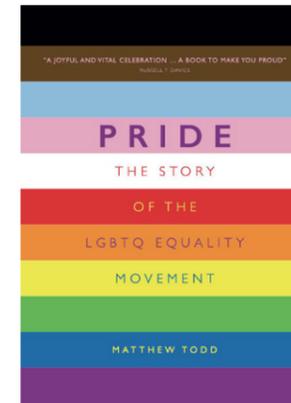
Rare and never seen before documents and memorabilia are reproduced on page in this exquisitely designed and printed book, a unique visual celebration of feminism in the last century, with a focus on the last 50 years.

Badly Behaved Women is the illustrated story of the past 100 years of the women's movement, from suffrage, alleged bra burning and the politics of hair to Beyoncé, body positivity and #MeToo.

In the early twentieth century, through ceaseless dedication and fearless campaigning, the women's movement achieved what had previously been unimaginable: a woman's right to vote. Four waves of feminism and a century on, the rich cultural history of this movement is truly worthy of celebration.

Accompanied by stunning photographs, personal testimony essays from key figures and archive

£25.00
With dust jacket
August 2020
283mm 245mm
192 pages
HISTORY / Women

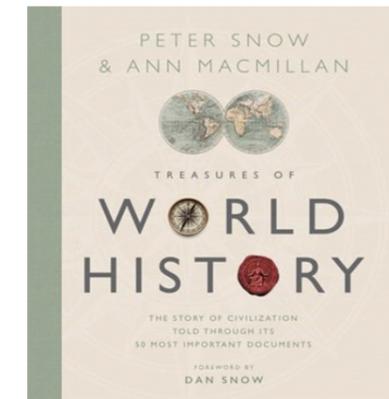


PRIDE

The Story of the LGBTQ Equality Movement

Todd, Matthew
May 2021

210mm 150mm Hardback 384 pages £20.00



TREASURES OF WORLD HISTORY

The Story Of Civilization in 50 Documents

Snow, Peter
August 2020
History / World

283mm 245mm Hardback 224 pages £30.00



ROYAL AIR FORCE: THE OFFICIAL STORY

The Official Story

Holland, James
June 2020
History / Military

280mm 216mm Hardback 224 pages £25.00

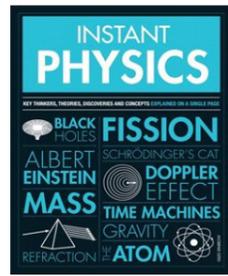


THE STORY OF ISRAEL

From Theodor Herzl to the Dream for Peace

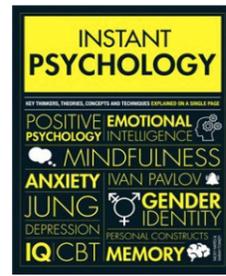
Gilbert, Martin
February 2020
History / Middle East

237mm 185mm Hardback 160 pages £20.00



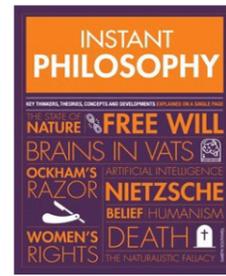
INSTANT PHYSICS

Sparrow, Giles
February 2021 Paperback /
237mm 185mm 176 pages £14.99
Science / Physics



INSTANT PSYCHOLOGY

Hayes, Nicky
February 2021 Paperback /
237mm 185mm 176 pages £14.99
Psychology / General



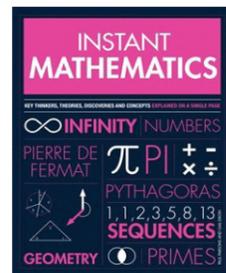
INSTANT PHILOSOPHY

Southwell, Gareth
February 2021 Paperback /
237mm 185mm 176 pages £14.99
Philosophy / General



INSTANT ENGINEERING

Levy, Joel
March 2020 Paperback /
237mm 185mm 176 pages £14.99
Technology & Engineering / General



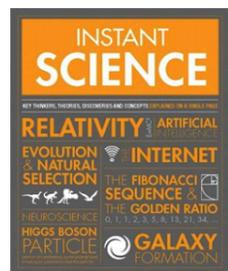
INSTANT MATHEMATICS

Parsons, Paul
March 2020 Paperback /
237mm 185mm 176 pages £14.99
Mathematics / General



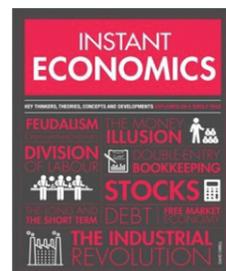
INSTANT HISTORY

Lawrence, Sandra
October 2019 Paperback /
237mm 185mm 176 pages £14.99
History / Modern



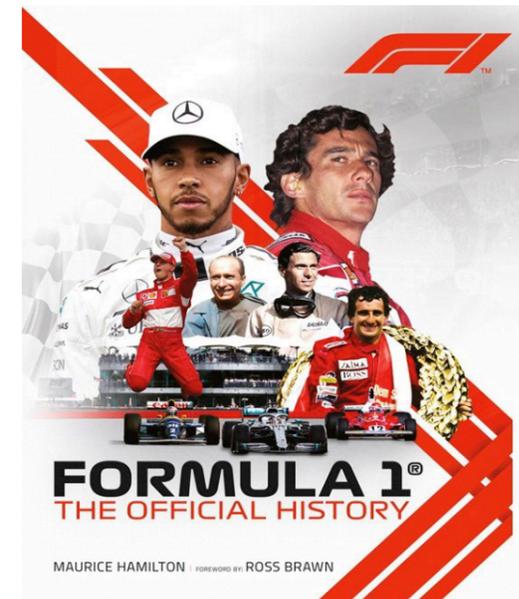
INSTANT SCIENCE

Crouch, Jennifer
October 2019 Paperback /
237mm 185mm 176 pages £14.99
Science / General



INSTANT ECONOMICS

Orrell, David
February 2021 Paperback /
237mm 185mm 176 pages £14.99
Business & Economics / Economics



FORMULA 1: THE OFFICIAL HISTORY

Maurice Hamilton, Ross Brawn

October 2020

280mm 230mm

Hardback

272 pages

£25.00

Sports & Recreation / Motor Sports

2020 marks the 70th anniversary of the FIA Formula 1 World Championship.

This is an official book, published in association with Formula 1, and richly illustrated with more than 250 photographs spanning decades of F1 racing.

Formula 1 racing annually attracts a cumulative television audience of 1.92 billion, with more than 500 million fans worldwide and 28.2 million social media followers.

The author, Maurice Hamilton, is one of the world's most respected motorsport journalists. Ross Brawn, Managing Director of the Formula One Group, has contributed the Foreword.

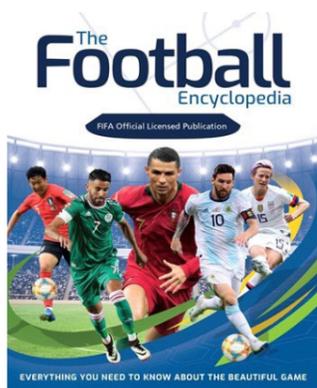
Experience the legendary history of Formula 1 in this definitive illustrated book.

Formula 1: The Official History is an electrifying account of the F1 phenomenon, telling the complete story of one of the world's most popular, thrilling, and glamorous sports. Bringing together a superbly written account of the history of the sport by acclaimed author Maurice Hamilton, and an exceptional selection of stunning images from across seven decades of F1 racing, the book charts the FIA Formula One World Championship, decade by decade, from its first race at Silverstone in May 1950 right through to the present day.

Each chapter tells the fascinating stories behind the greatest drivers and teams, important personnel, famous and infamous incidents, as well as key changes to the rules on design, safety and competitiveness. These tales are accompanied by more than 250 exceptional photographs featuring icons past and present, including Ayrton Senna, Michael Schumacher, Alain Prost, Sebastian Vettel and Lewis Hamilton. Accessible and entertaining for any F1 fan, and with a foreword by Ross Brawn, Managing Director of the FIA Formula One World Championship, this is the definitive visual history of the sport.

Maurice Hamilton was the motor racing correspondent for leading newspapers the *Guardian*, the *Independent*, and the *Observer* for 30 years and a summariser on BBC Radio Five Live's motor racing coverage. He has written over 25 books on F1, along with numerous biographies of drivers and team principals. A motor sports fan since the age of 7, Maurice has attended over 500 Grands Prix worldwide. Maurice lives in Horsham.





FIFA FOOTBALL ENCYCLOPEDIA

Everything you need to know about the beautiful game
Stead, Emily

The *FIFA Football Encyclopedia* offers comprehensive coverage of world football, from leagues around the world to the pinnacle of the international game, the FIFA World Cup.

Includes punchy team and player profiles; essential info about leagues and the major tournaments around the world; quirky trivia and astounding records; rundown of legendary managers and most

The *FIFA Football Encyclopedia* will make you an expert of the most popular game in the world. The pages are brimming with the latest facts, stats and records, plus punchy profiles of the best teams and players on the planet, and essential info about the top leagues and tournaments in world football. What's more, you can get the lowdown on the ever-changing world of managers and tactics. With updates at the end of each season, the *FIFA Football Encyclopedia* will make an essential purchase for every football-hungry child aged 8+.

Full of the latest facts, stats and records, plus profiles of the best teams and players on the planet, and essential info about the top leagues and tournaments in world football.

£16.99

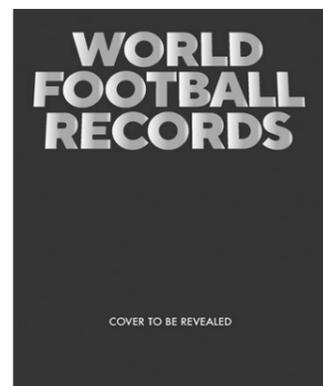
Hardback

October 2021

280mm 230mm

128 pages

Juvenile Nonfiction / Sports & Recreation



FIFA WORLD FOOTBALL RECORDS 2022

Radnedge, Keir

Every major international team and tournament is covered here, including the FIFA World Cup, FIFA Women's World Cup, UEFA European Championship, Copa América and Africa Cup of Nations.

The new edition of the bestselling *World Football Records* is officially licensed by FIFA, world football's governing body, and features a spectacular design.

FIFA World Football Records 2022 offers a unique presentation of facts and stats from the world of international football. Focusing simultaneously on all the major world and continental tournaments, national team records, exceptional matches and the stars who made it all possible, this exhaustively researched volume tells the stories of these key moments and some of the tales behind them.

- Updated stats and facts for all recent major tournaments, awards and international teams.
- The latest record-breaking achievements of more than 35 featured nations from around the world, including a sidebar with key stats, as well as updates and records for most of the other 170+ FIFA members.

£19.99

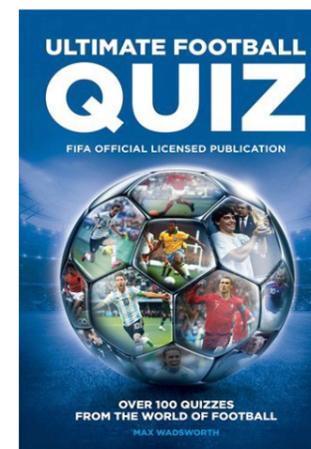
Hardback

September 2021

269mm 205mm

224 pages

Sports & Recreation / Soccer



FIFA ULTIMATE FOOTBALL QUIZ

Over 100 quizzes from the world of football
Wadsworth, Max

This is an officially licensed FIFA product.

Football is the most popular sport in the world, and is a perennial pub quiz subject.

The *FIFA Ultimate Football Quiz* is the supreme test of your footballing knowledge.

With more than 100 quizzes and 3,000 questions, every aspect of your footballing knowledge will be tested. Each quiz focuses on a different subject – from FIFA World Cups and major international teams to great clubs and legendary players – and every one is filled with unforgettable moments.

This is the perfect chance to prove you know everything worth knowing about the world's most beautiful game. Are you up to the challenge?

With 3,000 questions covering a wide range of topics, every aspect of your footballing knowledge is tested. Each quiz focuses on a different subject, from the World Cups and major international

£12.99

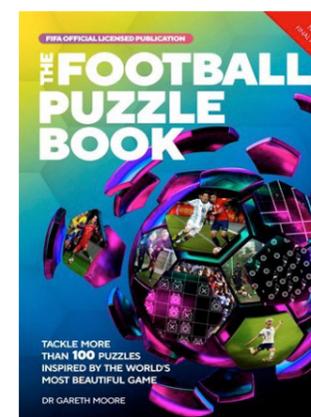
Trade paperback (UK)

October 2020

234mm 153mm

304 pages

Sports & Recreation / Soccer



THE FIFA FOOTBALL PUZZLE BOOK

Tackle More than 100 Puzzles Inspired by the World's Most Beautiful Game
Moore, Gareth

An officially licensed FIFA publication.

Includes puzzles based on all aspects of the game, from classics like Spot the Ball or Be the Ref, to logic puzzles based on league positions and action puzzles based on the action on the pitch.

The FIFA Football Puzzle Book is an exciting footballing challenge certain to whet the appetite of every fan of the beautiful game. More than 100 puzzles are included, from the classic football puzzle 'Spot the Ball', to tricky refereeing conundrums, maths puzzles based on the action on the pitch and logic problems that would baffle even the most distinguished coach.

This official and fully illustrated book provides the perfect off-season entertainment for everyone who can't wait for the new season to kick off.

An officially licensed FIFA publication, that includes puzzles based on all aspects of the game, from classics like Spot the Ball or Be the Ref, to logic puzzles based on league positions and action puzzles based on the action on the pitch.

£12.99

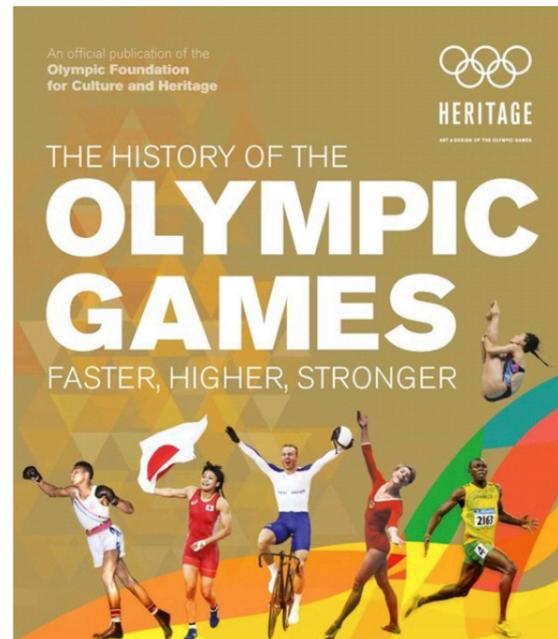
Paperback / softback

August 2021

210mm 150mm

224 pages

Games / Puzzles



THE HISTORY OF THE OLYMPIC GAMES

Faster, Higher, Stronger

International Olympic Committee

May 2021

283mm 245mm

Hardback

160 pages

£20.00

Sports & Recreation / Olympics

- An official publication, written in partnership with the Olympic Museum in Lausanne, a division of the International Olympic Committee.

- Includes dozens of fascinating documents, artefacts and photographs from the archives of the Olympic Museum.

- Tells the complete, authorized story of the Olympic Games, right up to the Tokyo Games in 2021.

- The Olympics are the world's biggest sporting event, attracting more than 2 billion TV viewers across the globe.

Published in association with the International Olympic Committee, *The History of the Olympic Games: Faster, Higher, Stronger* is the definitive illustrated chronicle of the world's biggest sporting event.

Featuring stunning photographs and artefacts from the archive of the Olympic Museum, it tells the story of more than 120 years of sporting excellence, from the birth of the modern Olympics in Athens in 1896, right up to the delayed Tokyo 2020 Games. Packed with fascinating and stories and profiles of iconic athletes from across the globe, it's a definitive journey through every single iteration of the Olympics. It also includes rare documents that illuminate some of the most incredible events in Olympic history, allowing readers to get closer to the world's greatest sporting spectacle than ever before.

Written with the full co-operation of the **International Olympic Committee**.



FORMULA ONE CIRCUITS FROM ABOVE

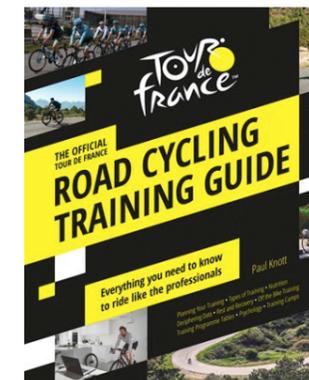
26 Legendary Tracks in High-Definition Satellite Photography

Jones, Bruce

September 2020

Sports & Recreation / Motor Sports

245mm 283mm Hardback 224 pages £25.00



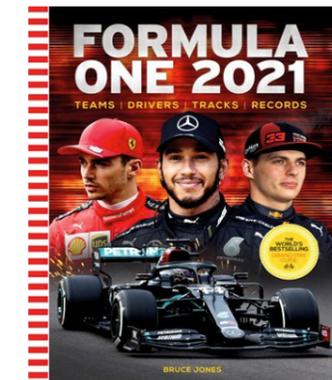
THE OFFICIAL TOUR DE FRANCE ROAD CYCLING

Knott, Paul

August 2020

Sports & Recreation / Cycling

237mm 185mm Hardback 208 pages £20.00



FORMULA ONE 2021

The World's Bestselling Grand Prix Handbook

Jones, Bruce

February 2021

Sports & Recreation / Motor Sports

246mm 189mm Paperback /128 pages £14.99



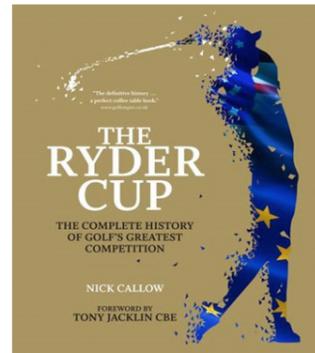
THE OFFICIAL HISTORY OF THE TOUR DE FRANCE

Edwards-Evans Luke

May 2021

Sports & Recreation / Cycling

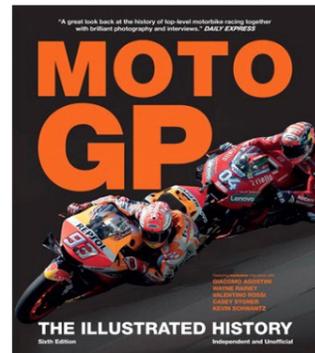
283mm 245mm Paperback /176 pages £20.00



THE RYDER CUP

The Complete History of Golf's Greatest Competition

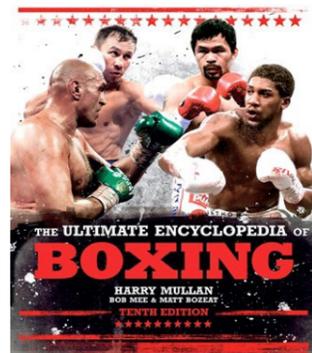
Callow, Nick
August 2020
Sports & Recreation / Golf
280mm 230mm Hardback 288 pages £30.00



MOTOGP

The Illustrated History

Scott, Michael
October 2020
Sports & Recreation / Motor Sports
280mm 230mm Hardback 264 pages £25.00



THE ULTIMATE ENCYCLOPEDIA OF

Mullan, Harry
October 2020
Sports & Recreation / Boxing
280mm 230mm Hardback 256 pages £25.00



GHIBLIOTHEQUE

An Unofficial Guide to the Movies of Studio Ghibli
Michael Leader, Jake Cunningham

September 2021
237mm 185mm
Hardback
192 pages
£20.00

An introduction to and analysis of all the studio's films, from the hosts of the successful Ghibliotheque podcast.

Ghibli's *Spirited Away* won the 2003 Academy Award for Best Animated Feature, among numerous other awards for the studio.

The announcement that Netflix had acquired streaming rights to the movies in 2020 was front page news.

Based on the Ghibliotheque podcast, which leafs through the library of films from the world's greatest animation studio, Studio Ghibli. A fully illustrated book that reviews each Studio Ghibli movie in turn, in the voice of expert and newcomer.

Will include details of production, release, themes, key scenes and general review as well as Ghibli-specific information. To be illustrated with stills and posters from each movie and (hopefully) portraits of directors, writers and creative team.

Based on the Ghibliotheque podcast, which leafs through the library of films from the world's greatest animation studio, this is a fully illustrated book that reviews each Studio Ghibli movie in turn.



Michael Leader is a writer, broadcaster, podcaster and editor. He writes regularly for *Little White Lies* and *Sight & Sound*. He is Editorial Director of Film4 Online and he commissions the BBC Arts short-form essay strand, *Inside Cinema*. Michael hosts the Ghibliotheque and *Truth & Movies* podcasts, and has appeared on air on BBC Radio 4, BBC Radio 5 and the BBC World Service. He has hosted events at the BFI, the British Museum, the ICA, Somerset House and many cinemas. He lives in London.

Jake Cunningham works on the Channel 4 short film programme *Random Acts*. As well as Ghibliotheque, he also hosts a podcast for Curzon Cinemas and is a contributor to the *Independent*, *Little White Lies* and the BFI.

THE BEATLES: THE ILLUSTRATED LYRICS

Welbeck

December 2020

246mm 189mm

Hardback

304 pages

£30.00

Music / Genres & Styles

Beautifully designed with high production values; a very special gift or self-purchase for Fab Four fans.

The lyrics to more than 200 Beatles songs are included.

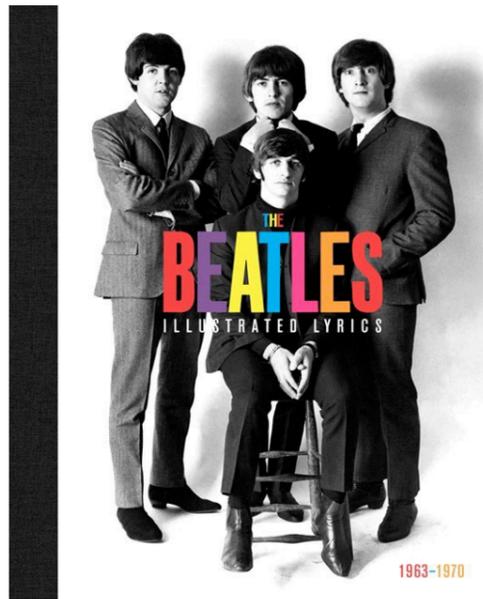
The Beatles are the most successful and acclaimed band in the history of popular music.

Beatles books can be great performers: *A Hard Day's Write* has sold more than 250,000 copies worldwide.

The lyrics to the songs of the Beatles read like poetry. This book treats them as such, and illustrates each track artistically, paying careful attention to detail and high design standards.

The stories, themes and ideas behind nearly 200 songs are explored in this beautiful book that includes photographs, artwork and illustration to bring the Fab Four's lyrics to life as never before.

The stories, themes and ideas of more than 200 songs are explored in this book that includes photographs, artwork and illustration to bring the Fab Four's lyrics to life.



1963-1970

INTRODUCTION

BY STEVE FORBES

Paul McCartney has been called the most important figure in the history of rock and roll. He is the most successful and influential of the Fab Four. He is the most successful and influential of the Fab Four. He is the most successful and influential of the Fab Four.



ROLLING STONES - HOT STUFF

The Ultimate Memorabilia Collection

Matt Lee

September 2021

280mm 230mm

Hardback

256 pages

£25.00

Music / Individual Composer & Musician

The Rolling Stones are one of the most popular rock and roll bands of all time, with more than 200m records sold.

The Stones' A Bigger Bang Tour is the #2 all-time highest grossing tour (\$500m+), and attendance of nearly 5m people.

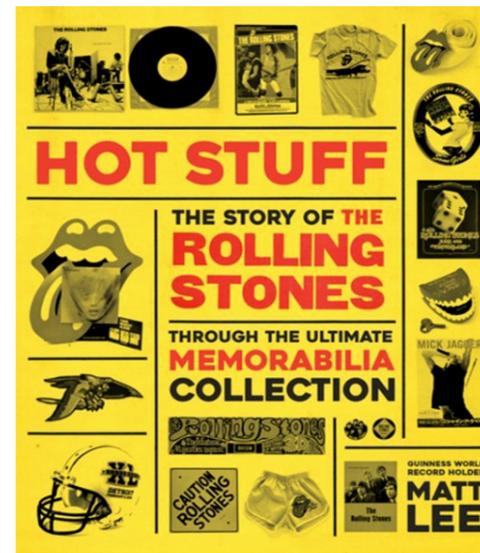
The Stones' 2020 No Filter Tour of North America comprises 15 shows.

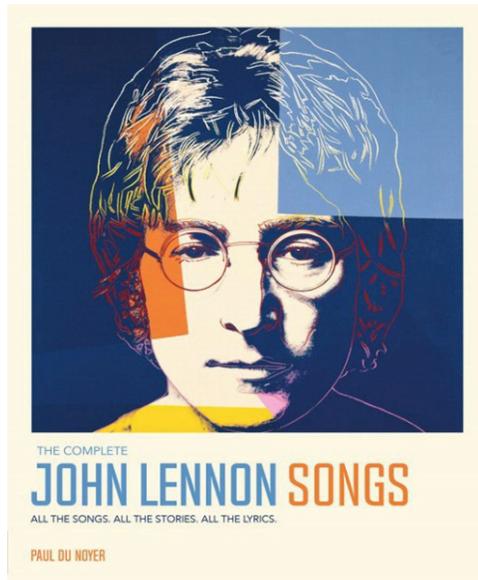
Matt Lee is the Guinness World Records holder for the biggest Rolling Stones memorabilia collection.

Matt Lee has been collecting Rolling Stones memorabilia for more than two decades. He amassed so much that he had to move house; he now has his own private museum dedicated to Stones memorabilia and he is the Guinness World Record holder for the largest Stones memorabilia collection. For the first time, *Rolling Stones - Hot Stuff* showcases his collection, which spans all decades, and tells the story of the Stones through their memorabilia as never before.

Rolling Stones - Hot Stuff showcases author Matt Lee's huge collection of Rolling Stones memorabilia, spanning all decades, and tells the story of the Stones in a unique way.

Matt Lee is an avid collector of Rolling Stones memorabilia, described by *AnOther* magazine as 'the world's number one collector'. At the Rolling Stones' exhibition at London's Saatchi Gallery, the band borrowed various items from Matt's collection to fill their gaps. He has seen them play live more than 150 times and has appeared on radio, print and TV in his capacity as 'biggest Stones fan of all time' [ITV], expert and talking head. He was in the news in 2018 following his discovery of a long-lost Mick Jagger/Carly Simon recording.





THE COMPLETE JOHN LENNON SONGS

All the Songs. All the Stories. All the Lyrics.

Paul Du Noyer

November 2020

280mm 216mm

Hardback

192 pages

£25.00

MUSIC / Lyrics

Released to coincide with the 40th anniversary of Lennon's death in 2020 and the 80th anniversary of his birth.

Includes full lyrics to all the songs for the first time.

Author Paul du Noyer wrote sleeve notes for Lennon's reissued albums in the 2000s.

INCLUDES COMPLETE JOHN LENNON LYRICS FOR THE FIRST TIME

Lennon's life after the Beatles was eventful and fascinating. He moved from stardom in the world's biggest pop group to global peace campaigner and figurehead for radical causes. He left England for a new life in the USA with Yoko Ono. He later abandoned public life and retired to his New York apartment to raise their son and live the life of a recluse. In 1980 he re-emerged with a new album, but the plan to resume his career was cruelly curtailed on a fateful night outside the Dakota Building when he was murdered.

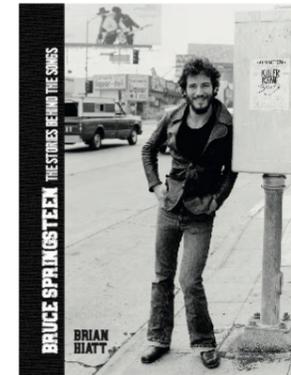
Upon first publication, this book was the first to examine and assess all of John Lennon's solo work. This updated edition includes lyrics and is released on the 40th anniversary of his death and the 80th anniversary of his birth.

Paul Du Noyer was born in Liverpool. He began as a music writer for the *NME*, moved on to edit *Q* magazine and in 1994 launched the rock monthly *Mojo*. He wrote the definitive history of his home town's music, *Liverpool: Wonderous Place*, and was a regular writer for *NME*, *Mojo*, *Q* and *The Word*. He worked with Yoko Ono on the sleeve notes for the 2000s re-releases of Lennon's records. He lives in London.

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INSTANT HARMAI

Instant Harmai is a collection of short stories and essays about the music industry, featuring interviews with artists and behind-the-scenes insights into the creative process.



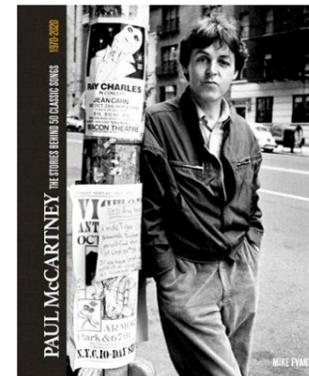
BRUCE SPRINGSTEEN: THE STORIES BEHIND THE

Hiatt, Brian

September 2021

Music / Individual Composer &

280mm 216mm Hardback 320 pages £30.00



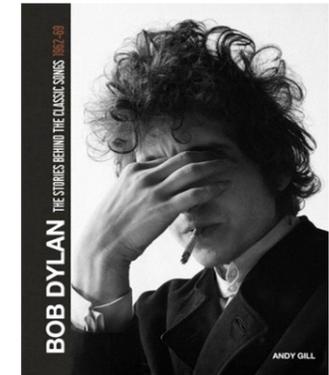
PAUL MCCARTNEY: THE STORIES BEHIND 50

Evans, Mike

August 2021

Music / Individual Composer &

280mm 216mm Hardback 192 pages £25.00



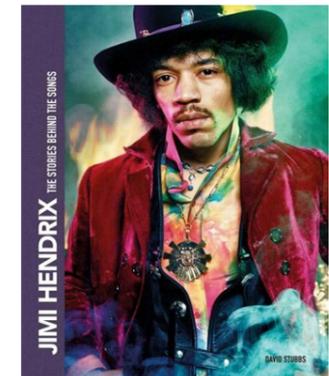
BOB DYLAN: THE STORIES BEHIND THE SONGS, 1962-

Gill, Andy

April 2021

Music / Individual Composer &

280mm 216mm Hardback 192 pages £25.00



JIMI HENDRIX

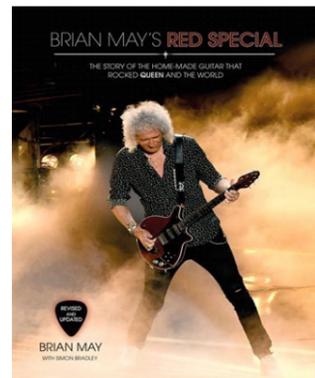
The Stories Behind the Songs

Stubbs, David

September 2020

Music / Individual Composer &

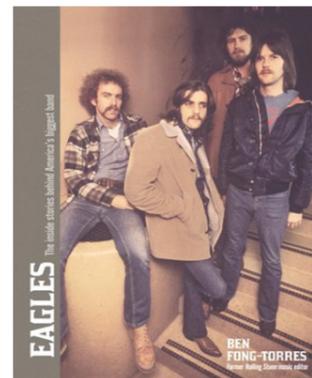
280mm 216mm Hardback 192 pages £20.00



BRIAN MAY'S RED SPECIAL

The Story of the Home-made Guitar that Rocked Queen and the World

May, Brian
October 2020
Music / Genres & Styles
280mm 216mm Hardback 160 pages £16.99



EAGLES

Take It To The Limit

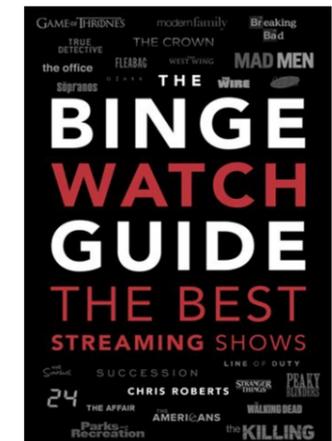
Fong-Torres, Ben
October 2020
Music / Individual Composer &
280mm 216mm Hardback 192 pages £20.00



YOUTUBE WORLD RECORDS 2021

The Internet's Greatest Record-Breaking Feats

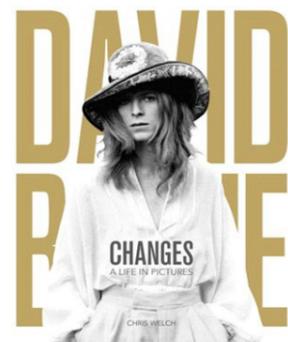
Besley, Adrian
September 2021
Reference / General
269mm 205mm Hardback 160 pages £16.99



THE BINGE WATCH GUIDE

The best television and streaming shows reviewed

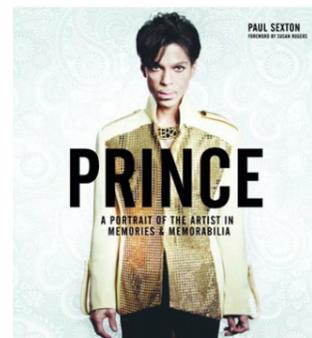
Roberts, Chris
June 2020
Performing Arts / Television
198mm 129mm Paperback / 224 pages £8.99



DAVID BOWIE - CHANGES

A Life in Pictures 1947-2016

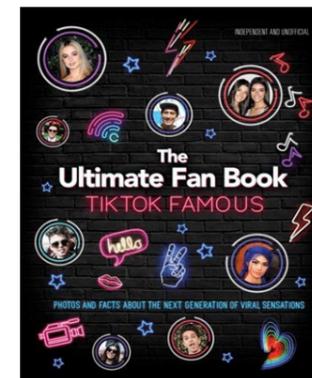
Welch, Chris
September 2020
Music / Individual Composer &
280mm 230mm Hardback 160 pages £20.00



PRINCE: A PORTRAIT OF THE ARTIST IN MEMORIES

A Portrait of the Artist

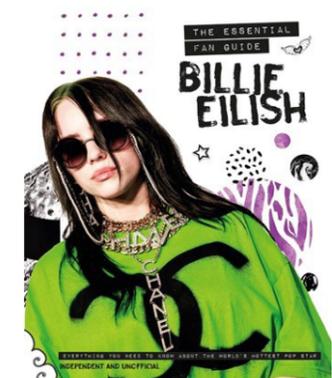
Sexton, Paul
September 2021
Music / Individual Composer &
283mm 245mm Hardback 144 pages £20.00



TIKTOK FAMOUS - THE ULTIMATE FAN BOOK

Includes 50 TikTok superstars and much, much more

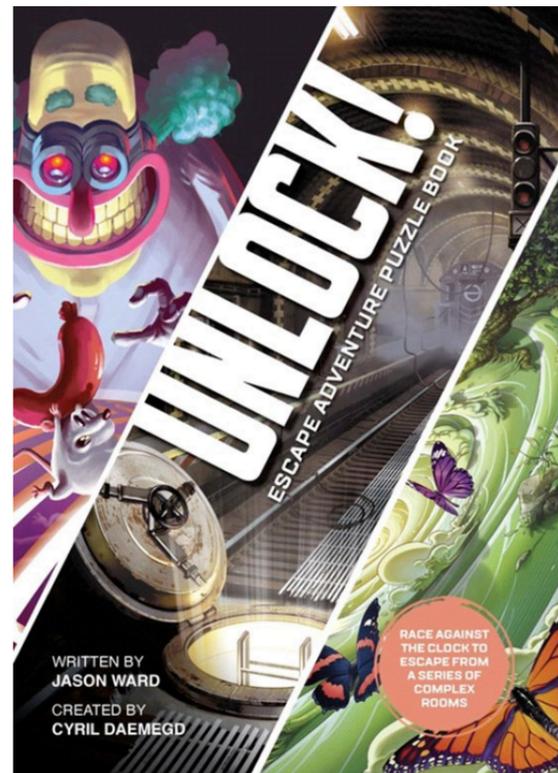
Croft, Malcolm
November 2020
Juvenile Nonfiction / Performing Arts
280mm 216mm Hardback 64 pages £7.99



BILLIE EILISH - THE ESSENTIAL FAN GUIDE

All you need to know about pop's 'Bad Guy' superstar

Croft, Malcolm
June 2020
Music / Individual Composer &
280mm 216mm Hardback 64 pages £7.99



UNLOCK! ESCAPE ADVENTURE PUZZLE BOOK

Race Against the Clock to Escape a Series of Complex Rooms

Jason Ward, Asmodee Group

October 2021

210mm 150mm

Paperback / softback

224 pages

£12.99

Games / Puzzles

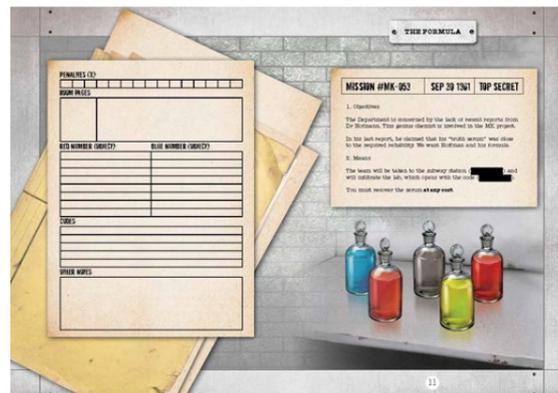
- Unlock! is a best-selling card game, having sold over 1 million units globally between 2017 and 2019.
- It has been sold in dozens of territories, the top six of which are France, USA, Canada, Germany, the UK and Spain.
- Escape room experiences are currently a global trend, and this book translates the escape experience to the page.
- Includes full-colour artworks throughout to create an interactive experience that can be enjoyed on your own or with a group.

The *Unlock! Escape Adventure Puzzle Book* provides a new way to enjoy the popular *Unlock! Escape Adventure* series.

Immerse yourself in this escape room experience that can be enjoyed either at home on your own or with a group. There are three enthralling adventures for you to challenge yourself against:

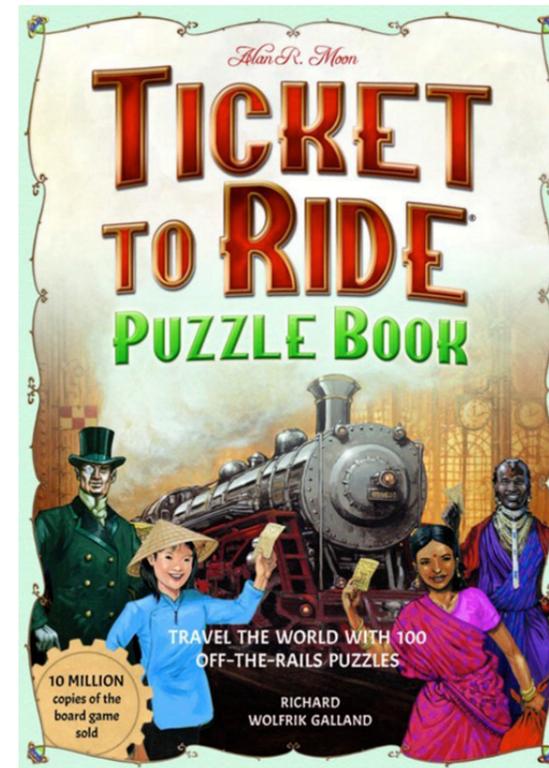
- Fix Professor Tempus's time machine before the timeline is damaged forever!
- Enter a secret laboratory to recover a mysterious and important serum!
- Solve the mystery of the murder of Mr Hall with the world-famous sleuth Sherlock Holmes!

Are you up to the challenge?



Jason Ward is a celebrated entertainment writer and puzzle creator. His work has appeared in *The Guardian*, *Little White Lies*, *Dazed*, *Curzon*, *The Quietus* and *IdeasMag*.

Asmodee Group is a leading international company dedicated to bringing great games and amazing stories to all corners of the world. Featuring board games such as *Catan*, *Pandemic*, *Ticket to Ride* and *Dobble*, Asmodee sells millions of units of board, card, miniature and role-playing games every year.



TICKET TO RIDE PUZZLES

Over 100 Off-the-Rails Challenges

Richard Wolfrik Galland, Asmodee

November 2021

210mm 150mm

Paperback / softback

224 pages

£12.99

Games / Puzzles

- Created in 2004 by Alan R. Moon, one of the foremost designers of Eurostyle board games, *Ticket to Ride* has sold over 10 million units worldwide.
- The franchise now includes over 16 different themed editions (including London, Japan, USA, Nordic Countries, The Heart of Africa and many more), and includes numerous expansion packs and anniversary/limited editions, as well as apps and digital games.
- *Ticket to Ride* has won 12 international awards, including the International Gamers Award and the prestigious German award the Spiel Des Jahres; it has also won Game of the Year in 5 other countries.
- It has been produced in 33 different languages, with its top sales territories being the US, France, Nordics, Canada,

Travel the world from the comfort of your home with *Ticket to Ride Puzzles*.

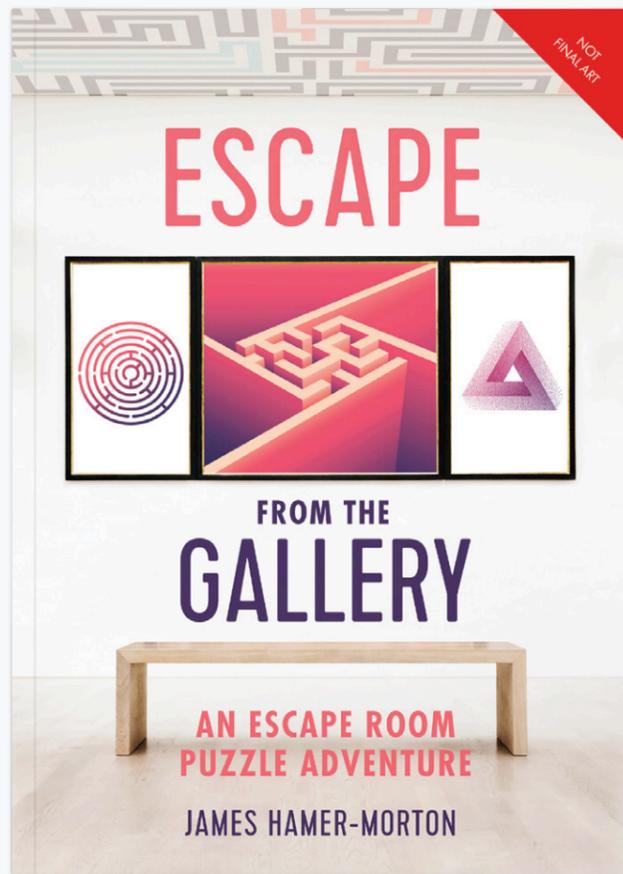
Based on the award-winning board game, this book is packed full of 100 original colourful and exciting challenges for puzzlers and board game enthusiasts alike. Gorgeously illustrated maps and artworks take you on a global adventure via train-track, solving problems and collecting rewards as you visit each country and town... unless the difficult puzzles derail you!

So, if you're ready for some off-the-rails fun then climb aboard, because you've got a *Ticket to Ride*!



Richard Wolfrik Galland is a writer and games designer. He has worked as a magazine editor for *Games Workshop* and as a games designer for Hasbro in the UK and Sony Japan. He is currently creating new board games, and wrote the successful *Catan Puzzle Book* in 2020. He lives in Lincoln in the UK.

Asmodee Group is a leading international company dedicated to bringing great games and amazing stories to all corners of the world. Featuring board games such as *Catan*, *Pandemic*, *Ticket to Ride* and *Dobble*, Asmodee sells millions of units of board, card, miniature and role-playing games every year.



ESCAPE FROM THE GALLERY

AN ESCAPE ROOM PUZZLE ADVENTURE

James Hamer-Morton

UK RRP **£12.99** Paperback
 978-1-78739-601-2 224 pages
 September 2021 30,000 words
 210 x 150 mm Puzzles & Quizzes

An immersive, original and creative escape-room puzzle experience.

This is the third in Welbeck's escape-room series of titles. It can be played as a standalone for any who don't have the previous books, but it is a direct sequel to the enormously successful *Escape Room Puzzles*.

Dozens of famous historical artworks have been reproduced to create a visual feast to be enjoyed while puzzling.

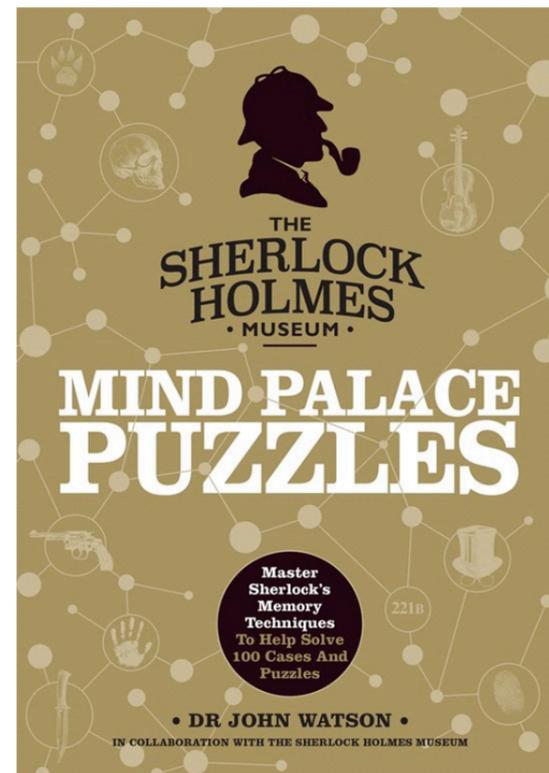
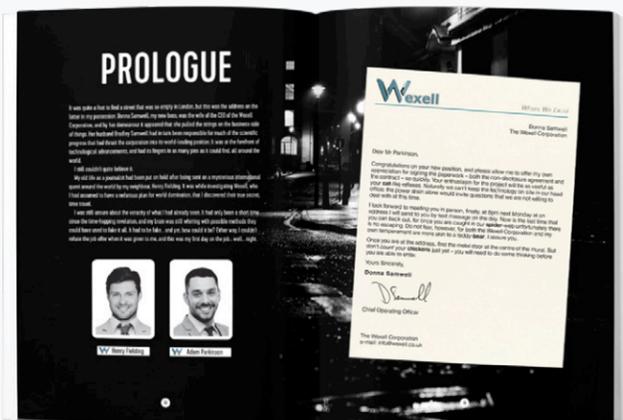
Can be enjoyed playing on your own or as a group.

This is the perfect book for fans of *Journal 29*, and those who want to re-create an exciting escape-room experience in their own home!

You are Adam Parkinson, an intrepid journalist who has recently been employed by the time-travelling Wexell Corporation. Adam is invited to an unusual art gallery, filled with objects and artworks donated by a mysterious figure. It will be up to you to help him unravel the mysteries of the gallery, and you will travel from Ancient Egypt to Victorian England – and beyond – to do it. And, quite possibly, to save the world!

Escape from the Gallery is an immersive escape-room experience that provides a visual feast as well as a tricky puzzle adventure. Featuring artworks ranging from Ancient Egyptian hieroglyphs to modern masterpieces, you will need to solve visual riddles and discover the hidden secrets that lie within the artworks if you want to figure out what is going on, and why this might be the most important visit to a gallery you have ever made.

James Hamer-Morton is the co-founder of Deadlocked Rooms and has created a number of physical escape rooms in the United Kingdom. He is the author of *Escape Room Puzzles* and *Sherlock Holmes Escape Room Puzzles*.



SHERLOCK HOLMES: MIND PALACE PUZZLES

Master Sherlock's Memory Techniques To Help Solve 100 Cases

Tim Dedopulos

June 2021
 210mm 150mm
 Paperback / softback
 224 pages
 £12.99
 Games / Puzzles

Sherlock Holmes is the best-known detective in the world. Alongside the wildly successful BBC TV show, movies continue to be made about the famed crime-solver on an almost annual basis, with the next Robert Downey Jr. film due out in December 2021.

This is a beautifully constructed puzzle book with contemporary images from the original Sherlock publications, as well as memory-boosting tips and techniques.

The puzzles are "narrated" by Dr Watson himself, allowing the reader to immerse themselves in the language and situations of the original Victorian age.

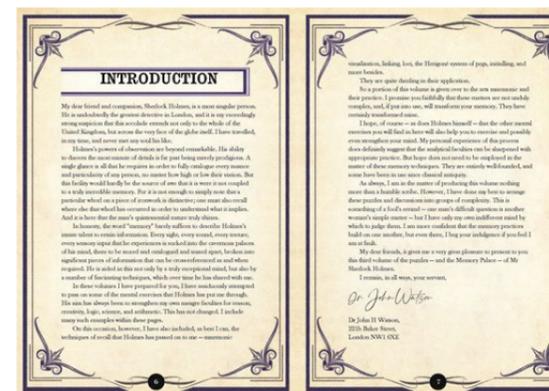
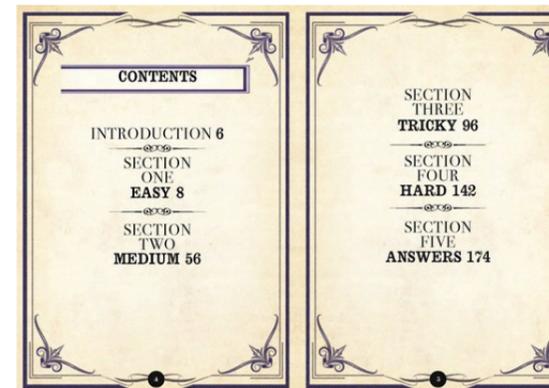
The book is endorsed by the official Sherlock Holmes Museum.

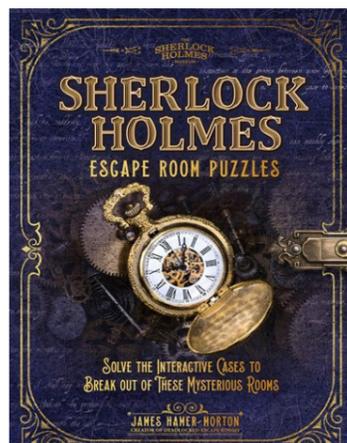
The game is afoot once more, and Sherlock Holmes and Dr Watson are back to solve criminal mysteries and puzzles alike.

In *Sherlock Holmes Mind Palace Puzzles*, Dr John Watson shares the great detective's memory-boosting techniques to help you start to think the Sherlock way. As you work your way through Watson's latest selection of his esteemed colleague's cases, Sherlock shares his knowledge of how the human brain works, meaning that you will find your memory skills improving until you too can create your very own Mind Palace!

The book includes 100 memory puzzles and classic Sherlock mysteries to solve, all written in the style of Sir Arthur Conan Doyle's revered stories.

Tim Dedopulos is an author, puzzle setter and editor. He worked for Wizards of the Coast and White Wolf, and has written role-playing games and fiction. He wrote *The Ultimate 1001 Puzzle Book* and *The Greatest Puzzles Ever Solved (both Carlton)*. He lives in central London.





SHERLOCK HOLMES ESCAPE ROOM PUZZLES

Solve the Interactive Cases
Hamer-Morton, James

Sherlock Holmes is the world's best-known fictional detective. Movies, TV shows and books about him are consumed by millions of people around the world.

First created in Japan in 2007, physical escape rooms are increasingly popular in major cities

Join the world's greatest fictional detective as you use your own powers of deduction and observation to break out of, or into, a series of rooms by solving challenging cases and macabre mysteries. Become Sherlock's long-time companion Doctor John Watson and puzzle your way through Victorian England as you come across familiar friends, and foes, to help and hinder you.

Written by an experienced escape room creator, *Sherlock Holmes Escape Room Puzzles* can be enjoyed either on your own or played as a group. The story spans from the well-known 221B Baker Street, across the dark and dangerous streets of Victorian London... and beyond. There are a wide variety of puzzle types, including both traditional puzzles on the page and more interactive puzzles that may involve paper-crafting.

Join the world's greatest fictional detective as you use your own powers of deduction and



£14.99

Hardback

October 2020

238mm 170mm

224 pages

Games / Puzzles

ESCAPE ROOM PUZZLES

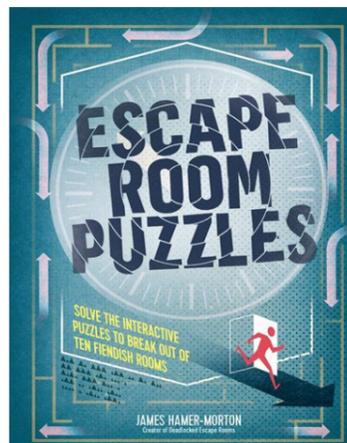
Solve the puzzles to break out from ten fiendish rooms
Hamer-Morton, James

This is the perfect book for fans of *Journal 29*, and those who want to re-create an exciting escape-room experience in their own home!

Escape Room Puzzles is perfect for reading with your family and friends, and it contains ten intricate escape rooms to solve in your living room.

Become Adam Parkinson, a young investigative journalist, and join his conspiracy-theorist friend Henry Fielding as they take on the diabolical Wexell Corporation. You must guide Adam through ten precarious rooms, solving the puzzles he finds in each one, discovering what Wexell are up to, and then escaping to the next location.

Written by an expert escape room creator, *Escape Room Puzzles* can be enjoyed either on your



£14.99

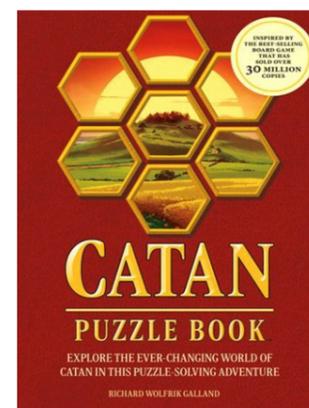
Hardback

December 2018

238mm 170mm

224 pages

Games / Puzzles



CATAN PUZZLE BOOK

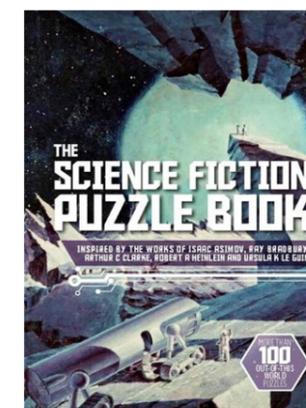
Explore the Ever-Changing World of Catan in this Puzzle-Solving Adventure

Galland, Richard

October 2020

Games / Puzzles

210mm 150mm Paperback /224 pages £12.99



THE SCIENCE FICTION PUZZLE BOOK

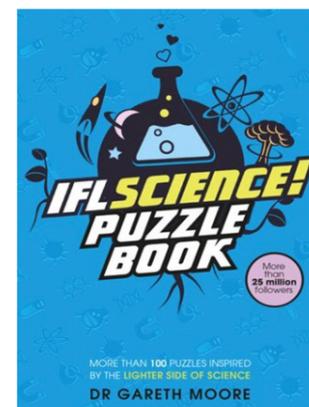
Inspired by the Works of Isaac Asimov, Ray Bradbury, Arthur C Clarke, Robert A Heinlein and

Dedopulos, Tim

October 2020

Games / Puzzles

210mm 150mm Paperback /224 pages £12.99



IFLSCIENCE! THE OFFICIAL SCIENCE

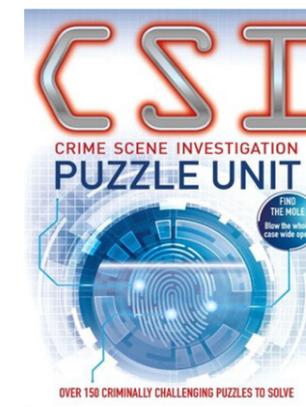
Puzzles inspired by the lighter side of science

Moore, Gareth

October 2020

Games / Puzzles

210mm 150mm Paperback /224 pages £12.99



CRIME SCENE INVESTIGATION - PUZZLE

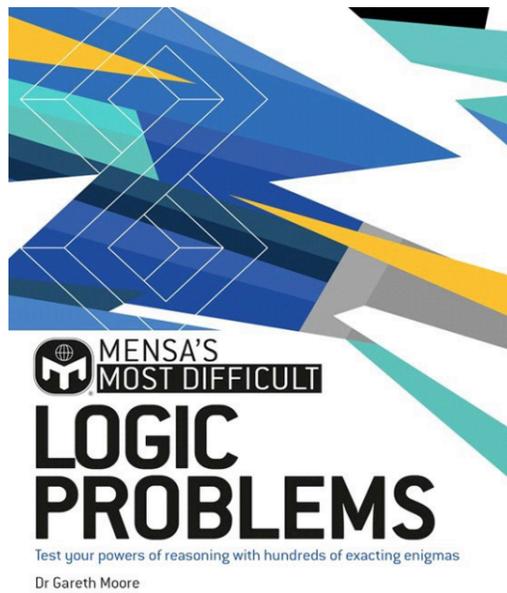
Over 100 criminally challenging puzzles to solve

Jessup, Joel

November 2020

Games / Puzzles

210mm 150mm Paperback /224 pages £12.99



MENSA'S MOST DIFFICULT LOGIC PROBLEMS

Test your powers of reasoning with exacting enigmas

Gareth Moore, Mensa Ltd

January 2021

237mm 185mm

Paperback / softback

144 pages

£9.99

Games / Puzzles

Mensa is the ultimate, internationally recognized brain brand.

One of a brand-new series of books from Mensa compiling some of the most testing questions a Mensan can be expected to answer. Other books in the series include: *Mensa's Most Difficult Logic Problems*, *Mensa's Most Difficult Maths Tests* and *Mensa's Most Difficult Pattern Puzzles*.

An aspirational puzzle book for those who want to test themselves against the best puzzlers.

Illustrated throughout with full-colour puzzle artworks.

Welbeck have sold millions of Mensa-branded books around the world.

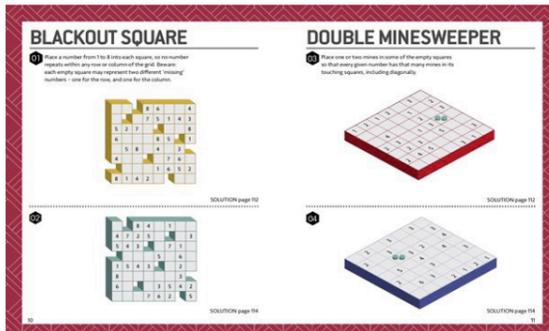
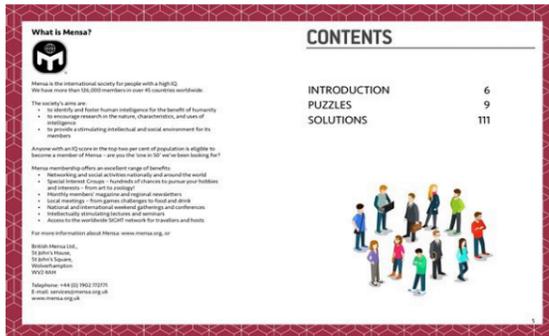
***Mensa's Most Difficult Logic Problems* provides an exceptional analytical challenge for even the most adept of puzzlers.**

Sound reasoning and logical thinking are foundations of all types of puzzle solving, and you will need to be first-rate at both to work these conundrums out successfully. With classic logic puzzles like Sudoku and Train Tracks to tricky modern puzzles like Linesweeper and Spiral Galaxies, this colourfully fiendish puzzle book will keep you entertained for hours.

This book consists of 200 difficult puzzles of a variety of different types focussing on logic puzzles and reasoning.

Dr Gareth Moore is one of the world's leading puzzle-setters, with more than 750,000 book sales to his name. He is the author of more than 75 international brain-training titles including the bestselling puzzle book *The Ordnance Survey Puzzle Book*, which has sold more than 120,000 copies in the UK. He is also the creator of Brained Up, a cutting-edge brain training site offering scientifically designed daily sessions to help you make the most of your brain.

Mensa is the largest and oldest high IQ society in the world. It is a non-profit organization open to people who score at the 98th percentile or higher on a standardized, supervised IQ or other approved intelligence test.

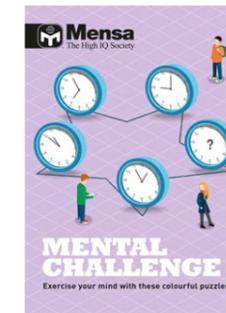


MENSA: LOGIC TESTS

Mensa Ltd

February 2016 Paperback /
237mm 185mm 144 pages £7.99

Games / Puzzles

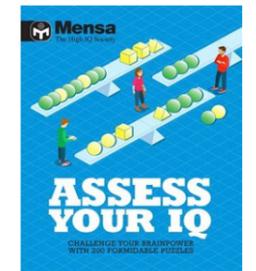


MENSA - MENTAL CHALLENGE

Allen, Robert

July 2018 Paperback /
198mm 129mm 176 pages £7.99

Games / Puzzles

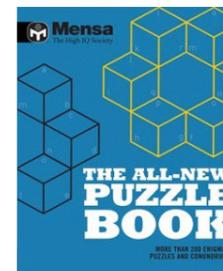


MENSA: ASSESS YOUR IQ

Mensa Ltd

August 2017 Paperback /
237mm 185mm 144 pages £7.99

Games / Puzzles



THE MENSA - ALL-NEW PUZZLE BOOK

Mensa Ltd

February 2016 Paperback /
237mm 185mm 144 pages £7.99

Games / Puzzles

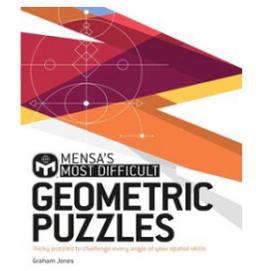


MENSA: IQ TESTS

Mensa Ltd

February 2016 Paperback /
237mm 185mm 144 pages £7.99

Games / Puzzles



MENSA'S MOST DIFFICULT GEOMETRIC PUZZLES

Jones, Graham

January 2021 Paperback /
237mm 185mm 144 pages £9.99

Games / Puzzles



MENSA'S MOST DIFFICULT MATHS TESTS

Moore, Gareth

April 2021 Paperback /
237mm 185mm 144 pages £9.99

Games / Puzzles

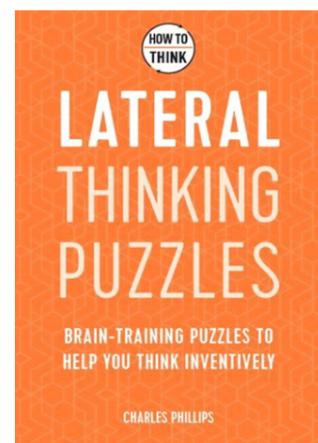


MENSA'S MOST DIFFICULT PATTERN PUZZLES

Dedopulos, Tim

April 2021 Paperback /
237mm 185mm 144 pages £9.99

Games / Puzzles



HOW TO THINK - LATERAL THINKING PUZZLES

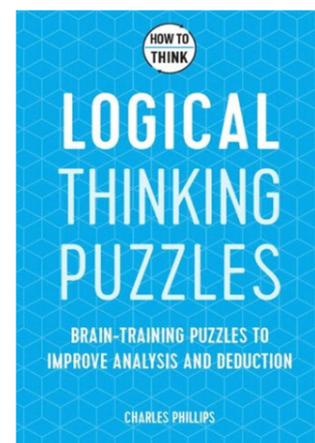
50 Brain-training Puzzles to Help You Think Outside the Box

Phillips, Charles

July 2021

Games / Logic & Brain Teasers

198mm 129mm Paperback /96 pages £7.99



HOW TO THINK - LOGICAL THINKING PUZZLES

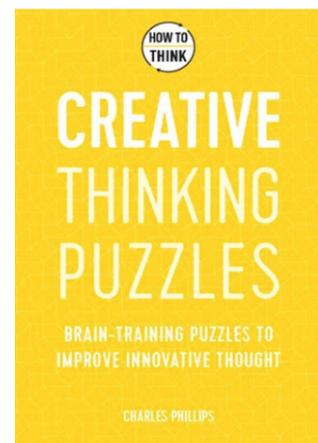
50 Brain-training Puzzles to Improve Analysis and Deduction

Phillips, Charles

July 2021

Games / Logic & Brain Teasers

198mm 129mm Paperback /96 pages £7.99



HOW TO THINK - CREATIVE THINKING

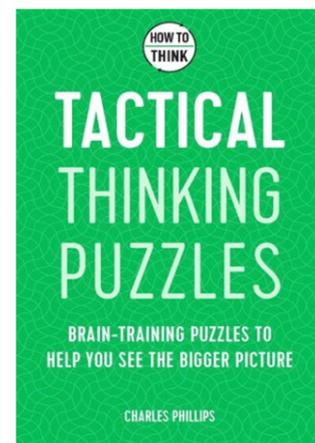
50 Brain-training Puzzles to Improve Innovation

Phillips, Charles

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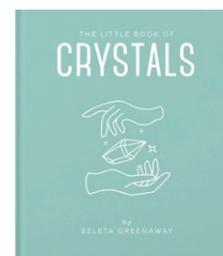
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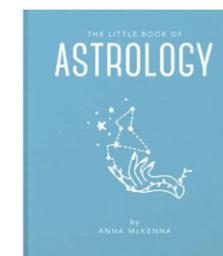
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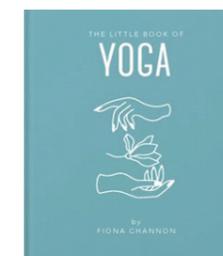
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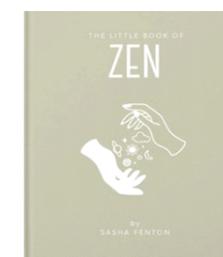
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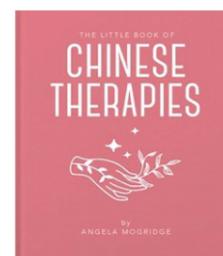
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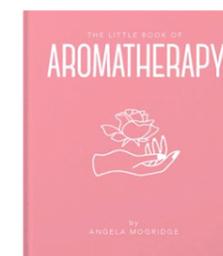
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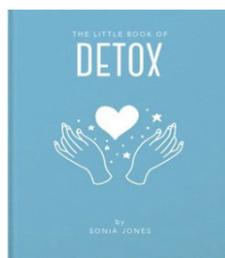
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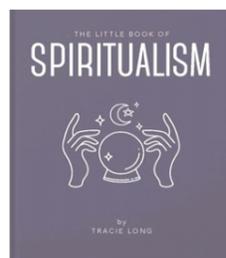
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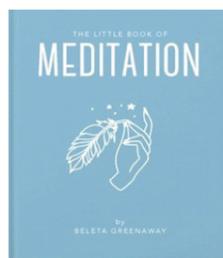
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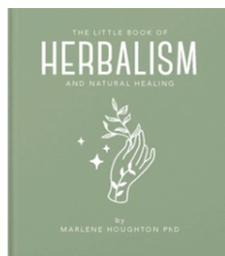
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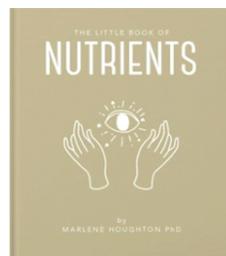
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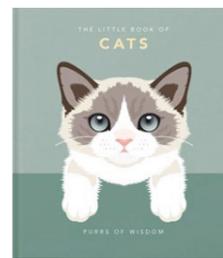
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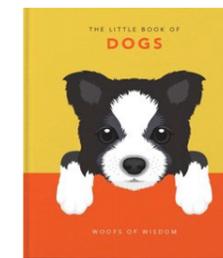
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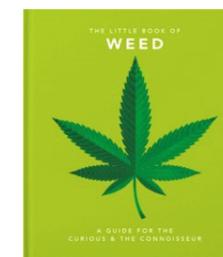
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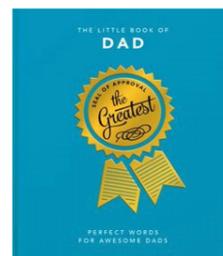
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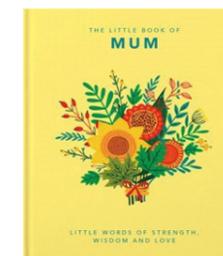
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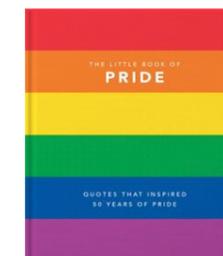
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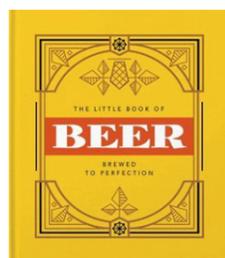
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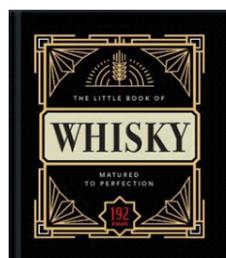
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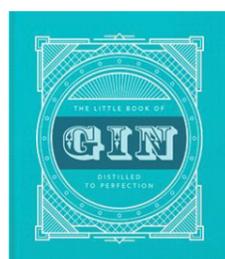
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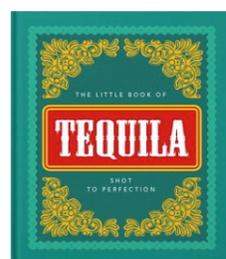
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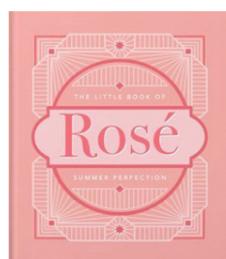
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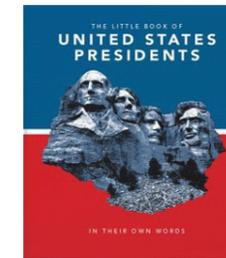
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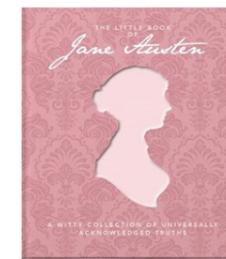
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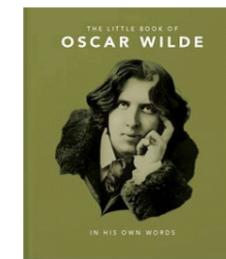
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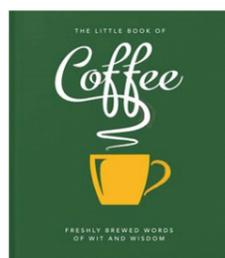
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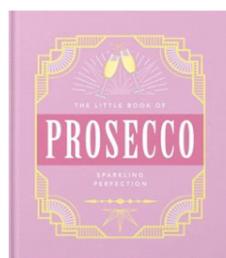
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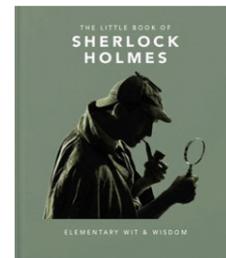
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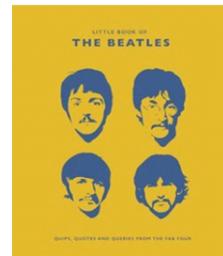
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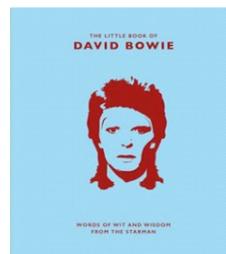
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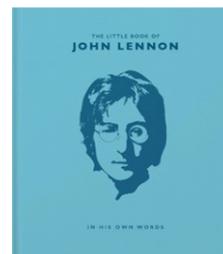
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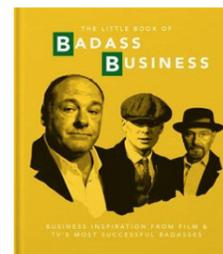
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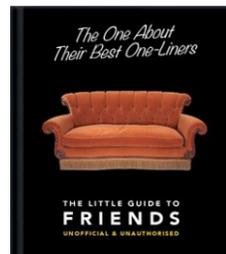
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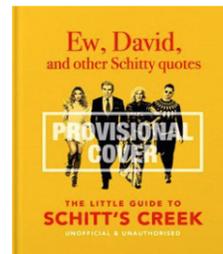
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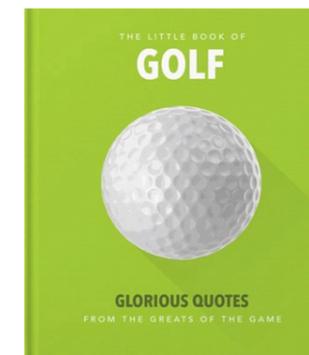
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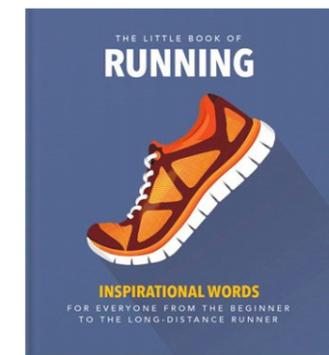
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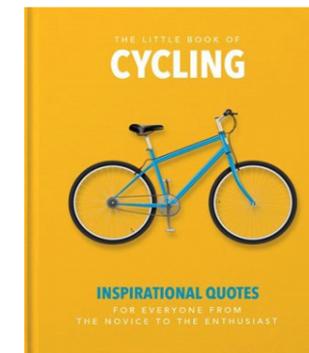
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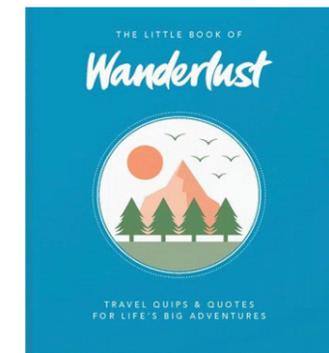
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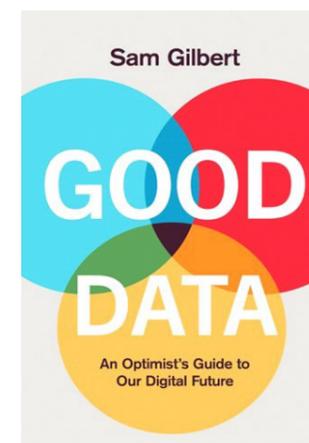
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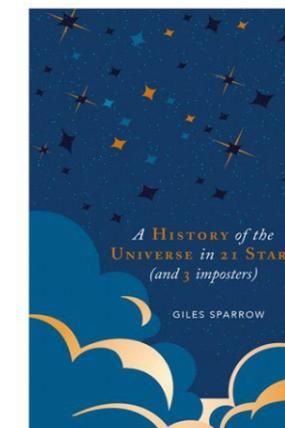
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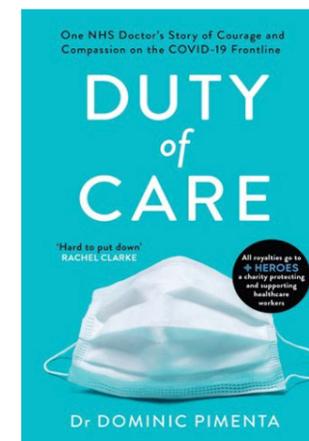
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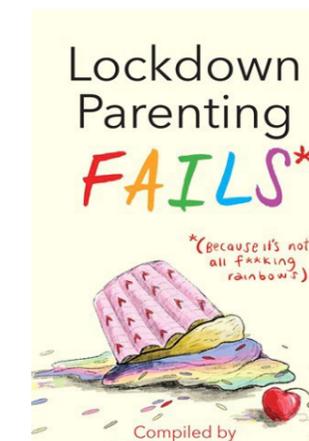
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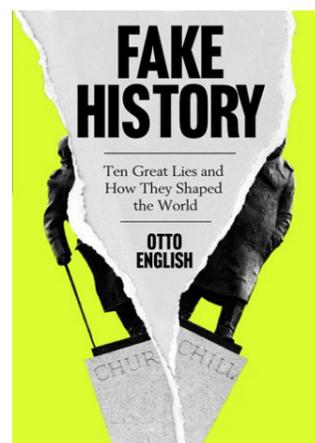
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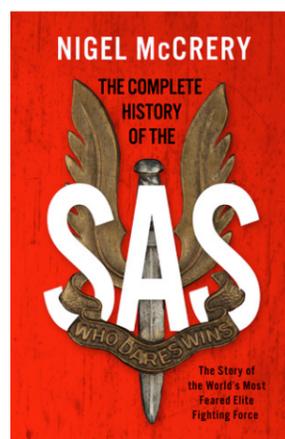
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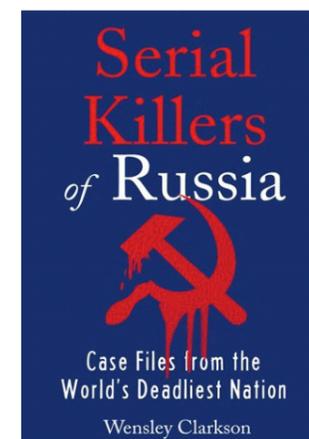
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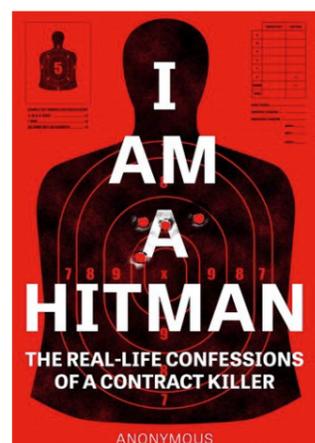
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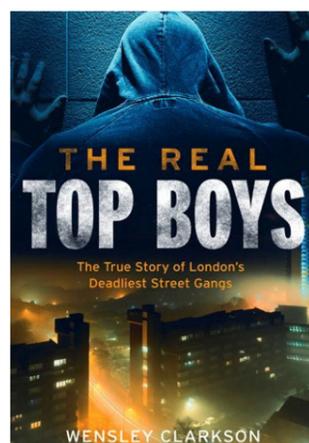
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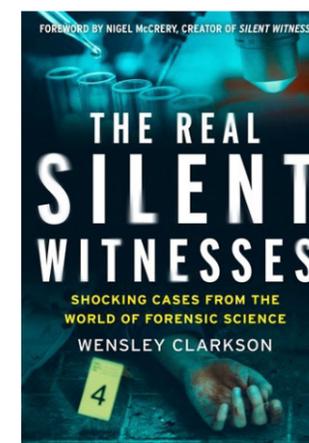
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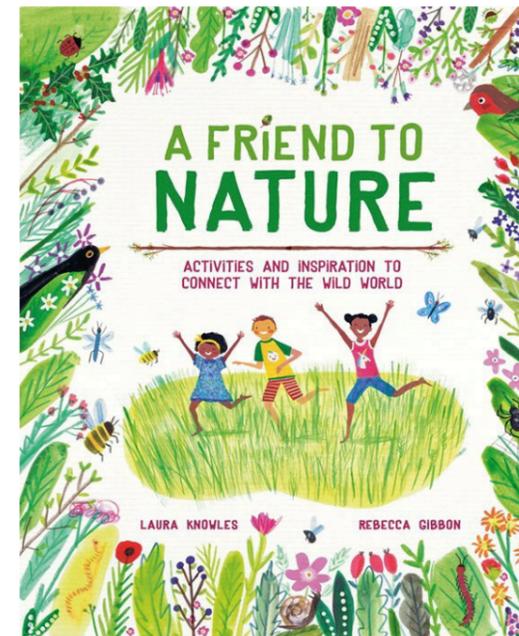
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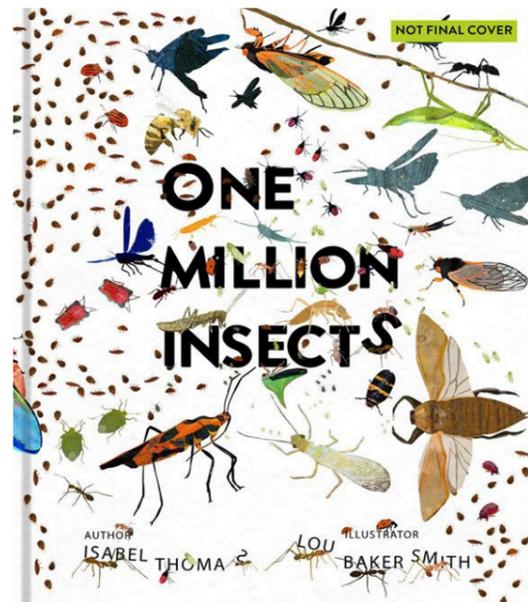
The activities themselves are short, easy, and fun, with a few more extensive projects mixed in. These are interspersed with nature quotes, poetry, and other thought-provoking musings, as well as pieces of simple non-fiction information, such as the life cycle of a frog, a butterfly, a cross section of a flowering plant, and why you should always wish on a dandelion clock.

The final section explores what nature can give back to us in turn; that if we look after the natural world, we will always have a friend in nature – a space to be calm, to pause and think, to recharge, to bring us joy, amusement,



Laura Knowles has a background in children's publishing and is the author of *We Travel So Far*, *We Build Our Homes*, *The Coral Kingdom* and *It Starts with a Seed*, which was awarded the 2017 Margaret Mallett Award for Children's Non-fiction.

Raised in Wales, **Rebecca** moved to Herefordshire after being based in London for many years. She collects children's books, vintage tea towels, Galt toys and Scandinavian ceramics, all of which feed her imagination. Rebecca took her foundation course at the Cardiff School of Art & Design, followed by a BA in Graphic Design at Liverpool School of Art. After graduating, she took an MA in Illustration at the Royal College of Art. There's a special naïve quality to Rebecca Gibbon's work that is reminiscent of LS Lowry, but all the colour and activity in each image mean her artworks are perfect for children's books, travel illustration, advertising campaigns, packaging and editorial.



ONE MILLION INSECTS

Isabel Thomas, Lou Baker Smith

July 2021

280mm 230mm

Hardback
64 pages

£12.99

Juvenile Nonfiction / Animals

Discover the huge variety of insects within a playfully designed and illustrated compendium. Each section represents one insect order.

Spreads showcase both familiar/common and unusual/notable species within each order (e.g. where a species is biggest, smallest, fastest of all insects).

Includes information on why insects are so vitally important to humans and the rest of the natural world, and what we can do to help protect them.

Written by award-winning children's non-fiction author Isabel Thomas.

Did you know that without insects, humankind could not survive? This illustrated, fact-filled title explores the huge variety of insects, with a focus on what makes an insect an insect, the differences between the groups, and why insects are the most important animal group on Earth.

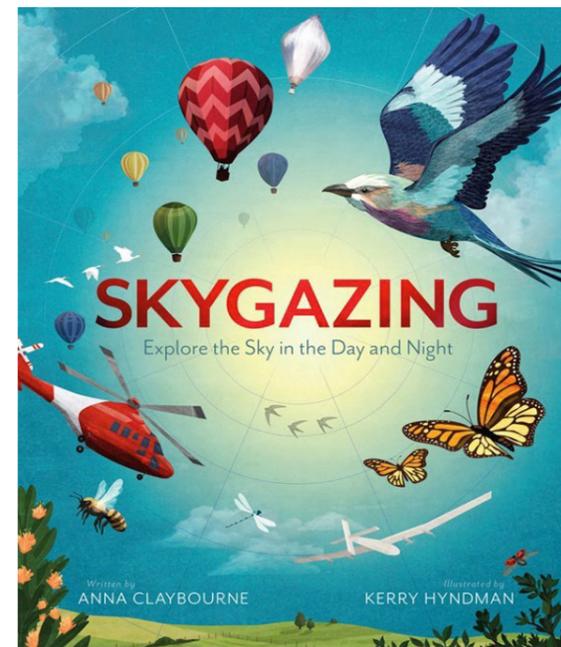
Broken down into sections exploring each of the main types of insect, each section takes a different, playfully visual approach to really capture the character of the insects in the order being explored. For example, on the dragonflies and damselflies spread, dragonflies are ferociously dive-bombing the very text itself, while damselflies sit serenely.

Includes practical advice for observing insects safely and ways to encourage insects into a garden no matter how small.

This illustrated, fact-filled title explores the huge variety of insects, with a focus on what makes an insect an insect, the differences between the groups, and why insects are the most important animal group on Earth.

Isabel Thomas is an award-winning science and nature writer. She is the author of more than 150 books for children and a journalist for *The Week Junior* and *Whizz Pop Bang* magazines. Her critically acclaimed picture book, *Moth: An Evolution Story*, illustrated by Daniel Egnéus, was nominated for the Kate Greenaway Medal 2019 and was named book of the year by the *Financial Times* and *Books for Keeps* in the UK. In the US it was named a book of 2019 by *The Horn Book* and the National Science Teaching Association, and winner of the AAAS Subaru Prize for Excellence in Science Books. Isabel has also been shortlisted for the Royal Society Young People's Book Prize, the English 4-11 Picture Book Awards, and the Blue Peter Book Awards.

Lou Baker Smith is a freelance illustrator and designer, working in book publishing and packaging design. Her work is diverse in subject matter and technique, the common thread that runs through it is a love of colour,



SKYGAZING

Explore the Sky in the Day and Night

Anna Claybourne, Kerry Hyndman

April 2021

280mm 230mm

Hardback
64 pages

£12.99

Juvenile Nonfiction / Science & Nature

Explore all the wonders of the sky in this expansive illustrated non-fiction title.

With a double cover, one half of the book is focused on the sky during the day, while if you turn the book over the other half focuses on the sky at night.

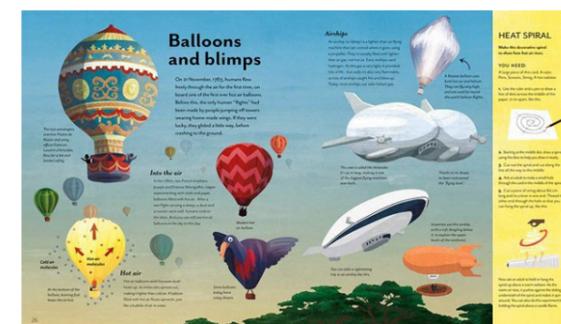
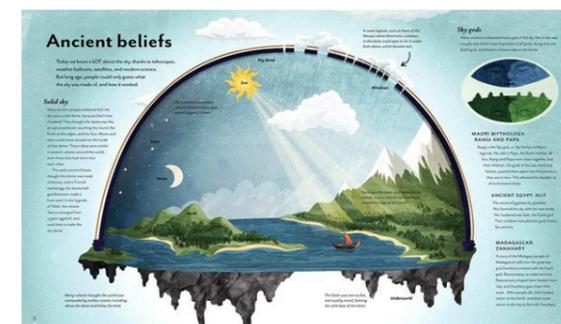
Offering a cross-curricular exploration, readers can discover all about airborne wildlife, weird weather, aircraft, stars and constellations, and their mythology.

Accessible activities and makes bring the topics to life with practical fun:

What do you see when you look up at the sky? It may seem like a big, empty space, but it's busier than you think. From clouds and stars, to birds, planes and everything in between – there's a whole sky to explore.

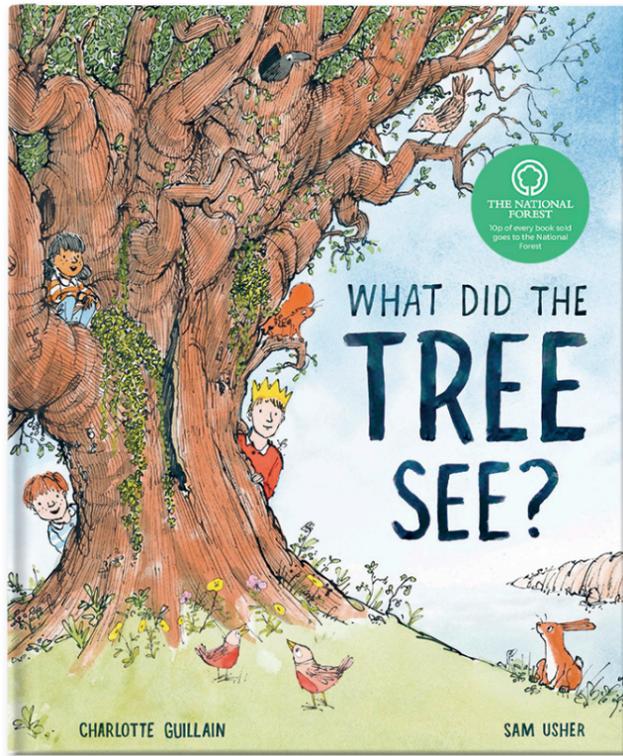
Skygazing is a double-sided book full of incredible cross-curricular information, fun activities, and beautiful illustrated scenes to enjoy. Discover why the sky is blue, early experiments in flight, and how helicopters stay aloft, before flipping the book to read all about the night sky. Find out how to read the stars, spot the night's flying creatures and see the colours of the *aurora borealis*.

Offering a cross-curricular exploration, readers can discover all about airborne wildlife, weird weather, aircraft, stars and constellations, and their mythology.



Anna Claybourne is the author of numerous books on the natural world for young readers, including the *Usborne Internet-Linked Encyclopedia of Planet Earth*, the *Survival Skills Handbook* and many more. She is the winner of several awards, including the ASE Book of the Year Award, and the Times Educational Supplement Senior Information Book Award for her title *The World of Shakespeare*, as well as being shortlisted for many awards, including the Blue Peter Book Award, the Royal Society Young People's Book Prize, the English Association 4-11 awards 2017.

Kerry Hyndman has created rich, textured illustrations for a number of clients including *The Times*, BBC, and Waitrose, as well as other publishers. She illustrated Faber & Faber's *Survivors*, which won the Blue Peter Book Award 2017, and went on to illustrate the rest of the series.



WHAT DID THE TREE SEE?

Written by Charlotte Guillain
Illustrated by Sam Usher

UK RRP **£12.99** Hardback
978-1-91351-901-8 32 pages
February 2021 1,500 words
280 x 230 mm Colour Illustrations throughout
History / Wildlife

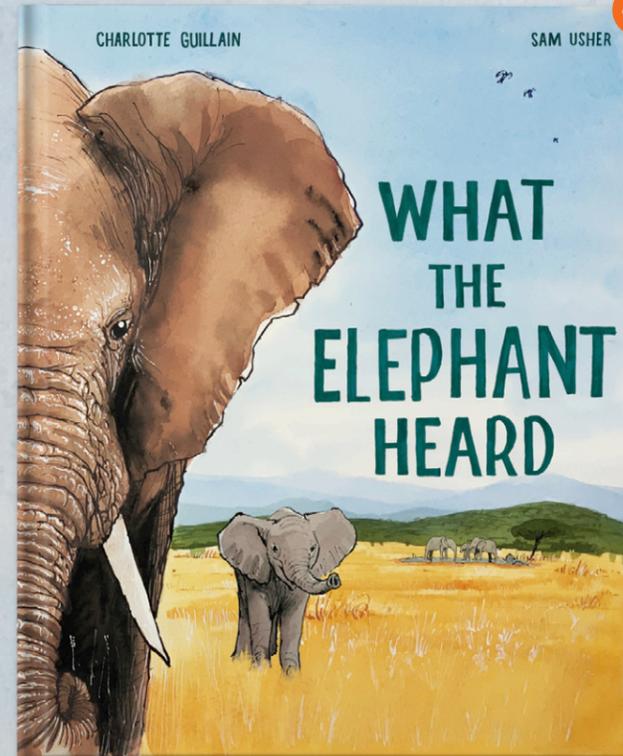
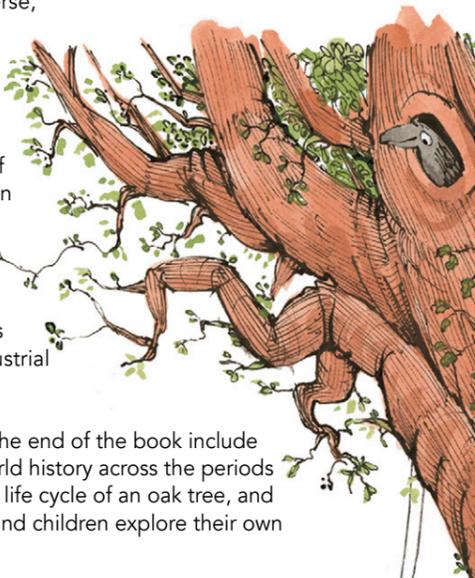
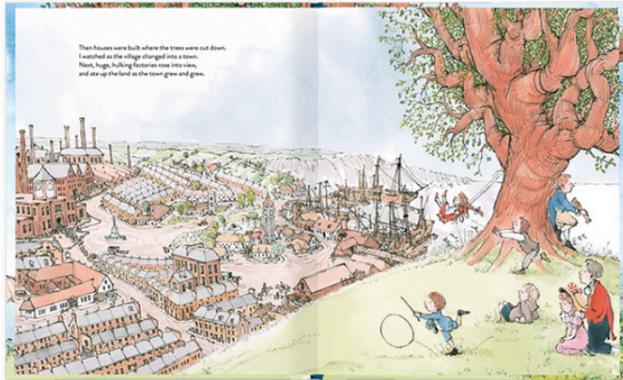
Partnership with the charity the National Forest - 10p of every book sold goes to supporting forest creation.

Follow the growth of a mighty oak over hundreds of years, and witness the changes to landscape and ways of life that go on around it.

An evocative melding of non-fiction content with poetic verse – the perfect springboard to explore history and nature topics.

Told in gentle rhyming verse, this beautiful non-fiction picture book follows the story of an oak tree on a hilltop as it witnesses life changing around it over the course of hundreds of years. From the time when hunters chased deer through the woodland, to when trees were cleared for farmland, to the smog and factories emerging during the industrial revolution.

Accompanying pages at the end of the book include a timeline of events in world history across the periods featured in the poem, the life cycle of an oak tree, and prompts to help parents and children explore their own local history.



WHAT THE ELEPHANT HEARD

Written by Charlotte Guillain
Illustrated by Sam Usher

UK RRP **£12.99** Hardback
978-1-91351-908-7 32 pages
September 2021 2,000 words
280 x 230 mm Picture Storybooks / Wildlife

Follow a herd of elephants across the savanna as they trek to water, guided by the matriarch's memories of more verdant times gone by.

Told in gentle rhyming verse, this is a follow-up to *What Did the Tree See?* also by Charlotte Guillain and Sam Usher.

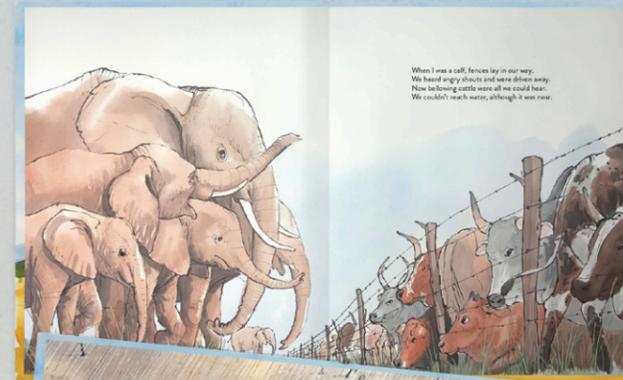
Includes extra non-fiction content on African elephants, their migrations, the challenges of climate change, habitat loss and poaching, and what we can do to help.

*"Here on the savanna, I live with my herd.
I'll tell you our history – hear every word.
My grandmother has so much knowledge to share.
She leads us to water, she somehow knows where."*

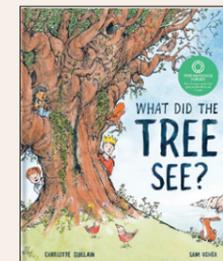
Told in gentle rhyming verse, this beautiful non-fiction picture book follows the story of a herd of African elephants as they journey across the parched savanna in search for a waterhole. The matriarch tells of all the sounds of the savanna, and how the landscape has changed over the years. Still, she remembers where to find water, just as her mother did before her.

Charlotte Guillain writes fiction and non-fiction for children, including the *George's Amazing Adventures* series, illustrated by award-winning illustrator Lee Wildish and featured on CBeebies *Bedtime Stories*. Her non-fiction picture book *The Street Beneath My Feet* was shortlisted for the UKLA Book Awards and selected by the *Guardian* as one of 15 'modern classics'.

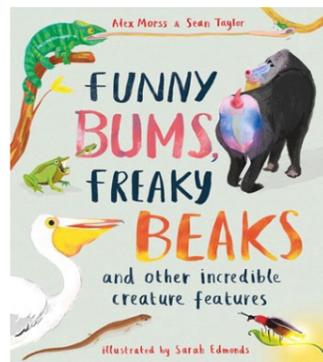
Sam Usher has been shortlisted for the Waterstones Prize and the Red House Children's Book Award and longlisted for the Kate Greenaway medal. He is particularly admired for his technical drawing skill and prowess with watercolour.



Also available:



WHAT DID THE TREE SEE?
978-1-91351-901-8
UK RRP **£12.99**



FUNNY BUMS, FREAKY BEAKS

and Other Incredible Creature Features

Morss, Alex

Carries the underlying message that everybody and everything is strange and wonderful in its own way – difference should be celebrated!

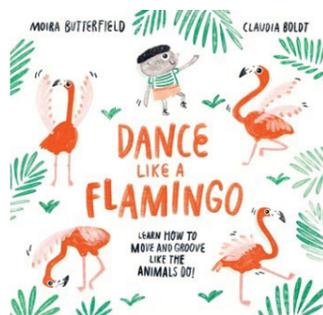
A delightful compendium of all the most unusual and unexpected features in the animal kingdom, from puzzling toes to weird ears, and all the other body parts in between! These creatures have strange features – but they all serve a very useful purpose!

This charming and visually appealing book carries the underlying message that everybody and everything is strange and wonderful in its own way – difference should be celebrated!

A compendium of all the most unusual and unexpected features in the animal kingdom, from puzzling toes to weird ears, and all the other body parts in between! Carries the underlying message that everybody and everything is strange and wonderful in its own way.



£12.99
Hardback
March 2021
280mm 230mm
48 pages
Juvenile Nonfiction / Animals



DANCE LIKE A FLAMINGO

Move and Groove like the Animals Do!

Butterfield, Moira

A fun, illustrated book for younger children exploring different types of animals across the world and how they move!

Step-by-step illustrated actions help children copy the animals' movements.

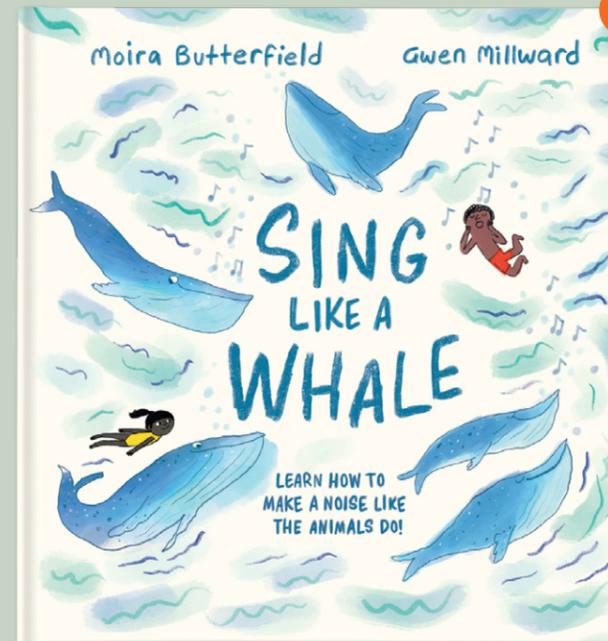
Learn how to move and groove like the animals do with this bright, fun and silly book aimed at younger readers to engage them in movement!

Scuttle sideways like a crab, leap like a lemur, and waggle dance like a bumble bee. Meet a collection of animals from around the world and discover how they move, and why. The book features a different creature on each spread, along with step-by-step actions to help the kids move just like the animal. The perfect book to read aloud one-to-one, or as a fun activity to engage a group of young children and get them stretching, hopping, wriggling and jumping!

An illustrated book for younger children exploring different types of animals across the world and how they move, encouraging the children to dance like the animals!



£12.99
Hardback
September 2020
260mm 250mm
32 pages
Juvenile Nonfiction / Activity Books



SING LIKE A WHALE

LEARN HOW TO MAKE A NOISE LIKE THE ANIMALS DO!

Written by Moira Butterfield
Illustrated by Gwen Millward

UK RRP £12.99
978-1-91351-917-9
August 2021
260 x 250 mm

Hardback
32 pages
1,000 words
Picture Books / Wildlife

A fun, illustrated book for younger children exploring different types of animals across the world and the sounds they make!

Looks at how animals use sound to communicate.

Dynamic type and lively illustrations encourage children to try out the animal noises themselves, from the quietest peep to booming calls.

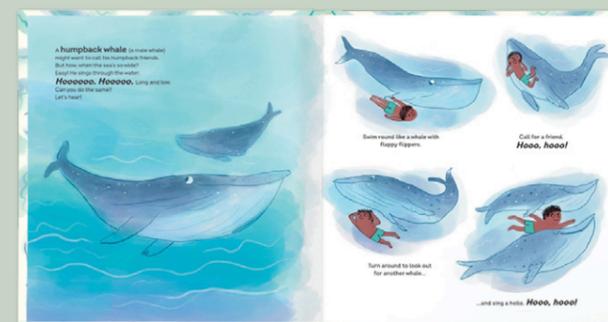
Promotes listening skills, vocal skills, and getting your emotions out through sound.

Perfect for both one-to-one reading experiences or group settings such as nursery and preschool.

Learn how to squeak, roar and hoot like the animals do with this bright, fun and silly book aimed at younger readers to engage them in exploring sound!

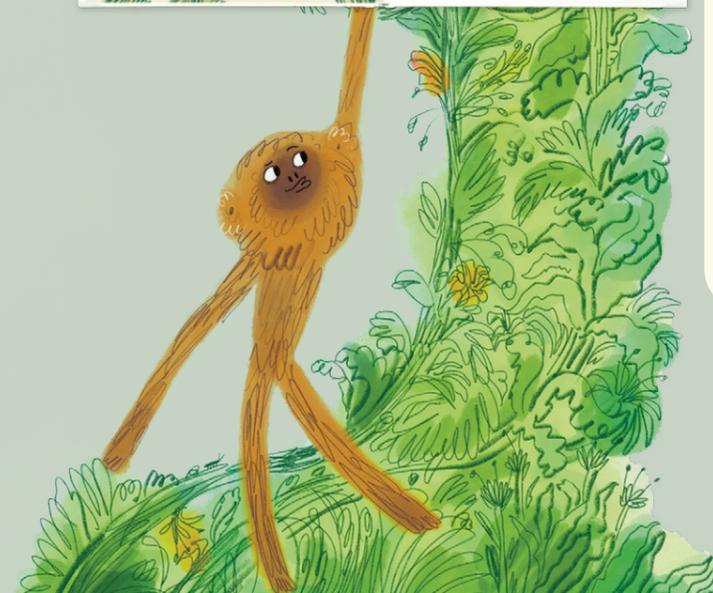
Hoot like an owl, howl like a wolf, and sing like a whale. Everyone needs to get their message and feelings across, animals included! Meet a collection of 12 animals from around the world and discover the sounds they make, and why. The book features a different creature on each spread, along with dynamic type design and illustrations to help the kids mimic each animal noise.

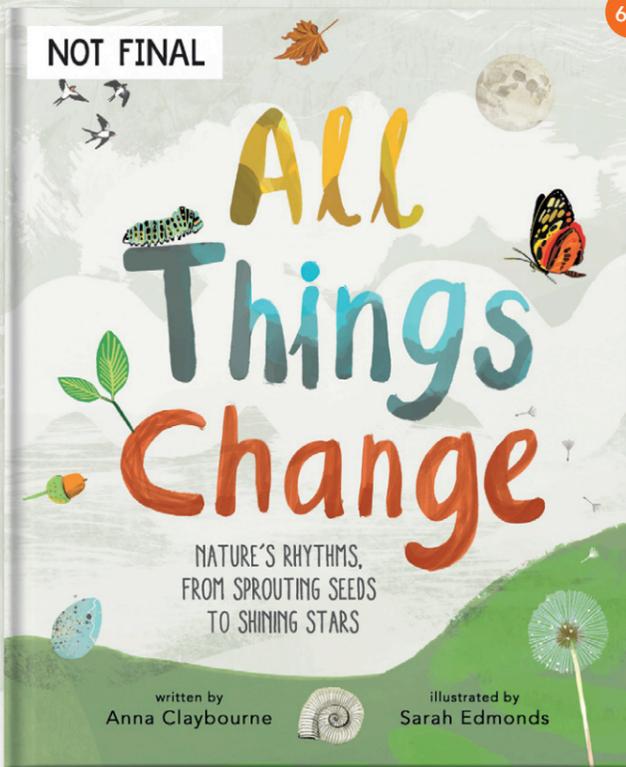
The perfect book to read aloud one-to-one, or as a fun activity to engage a group of young children and get them stretching, hopping, wriggling and jumping!



Moira Butterfield's list of children's books includes a number of internationally-successful titles spanning non-fiction and fiction for all ages up to 11. She has been highly-commended by the US Library of Congress for her work and her books have featured on the national UK school curriculum. She has written a number of art-and-craft books for children and run craft workshops at national book festivals.

Gwen Millward was brought up and went to school in Wales, after which she migrated north to Edinburgh to study art where she graduated with a First in Illustration and was awarded the Helen A. Rose Bequest. Her picture books include, *Guess What I Found In Dragon Wood* (Puffin), *The Bog Baby* (Egmont) and *Stories from Bug Garden* (Candlewick), among many more. She lives in Bristol with her young son.





6-9 ALL THINGS CHANGE
NATURE'S RHYTHMS, FROM SPROUTING SEEDS TO SHINING STARS

Written by Anna Claybourne
Illustrated by Sarah Edmonds

UK RRP **£12.99** Hardback
978-1-91351-907-0 64 pages
September 2021 12,000 words
280 x 230 mm Nature / Wildlife



A thought-provoking exploration of the many processes of change within the natural world.

A holistic approach, covering geology, biology, ecology, and more, with captivating illustrations that show a moment of change, such as a sunny sky becoming stormy.

Explores the philosophical and emotional aspects of change, how we can accept it, embrace it and derive meaning from it.

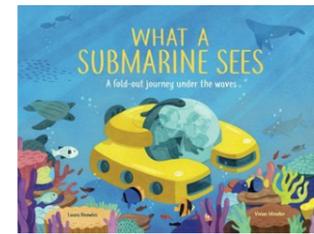
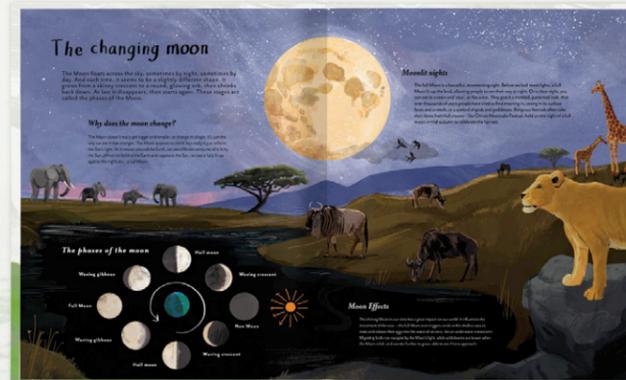
Everything changes: from the birth of new stars to the endlessly shifting tides and tiniest life cycle. Some change happens right before your eyes, while other transformations happen so slowly that you won't notice them in your lifetime. And you change, too, just like everything else in Nature – growing, learning and changing your thoughts and feelings.

All Things Change is a lyrical and beautifully illustrated book looking at the many different processes of change in the natural world, covering geology, ecology, biology and more. It also embraces the philosophical topic of change: How do we approach changes that make us feel sad? How do we cope with changes we can't control?

Ideal for children to explore independently or with parents, it holds a special appeal for anyone struggling to find stability in a rapidly changing world.

Anna Claybourne is the author of numerous books on the natural world for young readers, including the *Usborne Internet-Linked Encyclopedia of Planet Earth*, the *Survival Skills Handbook* and many more. She is the winner of several awards, including the ASE Book of the Year Award, and the *Times Educational Supplement* Senior Information Book Award for her title *The World of Shakespeare*, as well as being shortlisted for many other awards, including the *Blue Peter* Book Award, the Royal Society Young People's Book Prize, the English Association 4–11 awards 2017.

Sarah Edmonds is a freelance illustrator on projects with publishers, museums, national parks and charities. Alongside this, her collection of playful illustrated gifts has grown and is sold online and in gift shops.



WHAT A SUBMARINE SEES

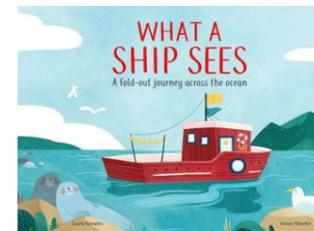
A fold-out journey under the waves
Knowles, Laura

Folds out to almost 2.5 metres of continuous illustration.
Playful text and detailed illustration provides so much to explore and discuss.
Covering ocean animals and scenery at different levels of the ocean.

This charming concertina book follows the journey of a little submersible on a voyage beneath the waves, down into the deep ocean and back again. Folding out to nearly 2.5 metres, children can look at all the different things the sub sees on its way, as it travels past a shipwreck, through a coral reef, near to a pod of orcas hunting for their lunch, past a leatherback turtle feasting on jellyfish, and past some rather strange fish as the ocean gets deeper and darker. Playful text guides the journey, providing fun shared experience and a conversation starter for parents and young children.

The reverse side of the concertina features spot illustrations picked out from the main scene, with more expansive information about submarines, ocean life and the dangers it is facing.

£12.99
Hardback
May 2021
216mm 280mm
16 pages
Juvenile Nonfiction / Animals



WHAT A SHIP SEES

A Fold-out Journey Across the Ocean
Knowles, Laura

Folds out to almost 2.5 metres of continuous illustration.
Playful text and detailed illustration provides so much to explore and discuss.
Covering ocean animals, scenery and weather, as well as different seafaring vessels.

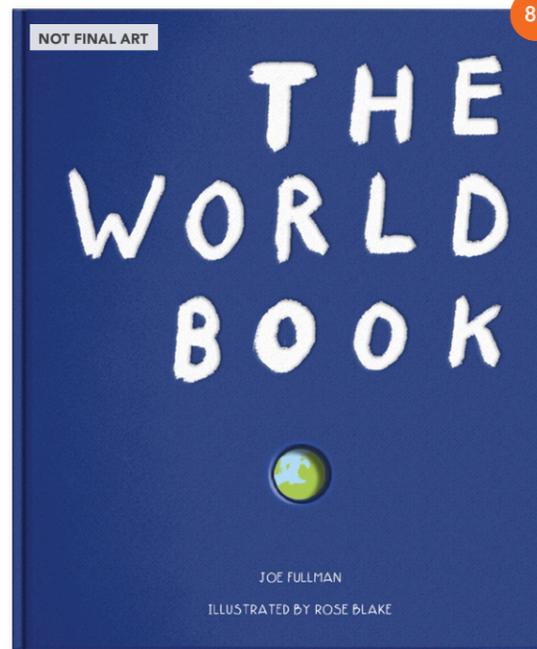
This charming concertina book follows the journey of a little ship on a voyage across the sea. Folding out to nearly 2.5 metres, children can look at all the different things the ship sees on its way, as it chugs past fishing vessels, a tanker and a humongous cruise ship, alongside leaping dolphins and shoals of flying fish, through the high, choppy waves of a lightning storm, and finally reaching its own little harbour. Playful text guides the journey, providing fun shared experience and conversation starter for parents and young children.

The reverse side of the concertina features spot illustrations picked out from the main scene, with a more expansive information about each element, from ships to ocean life.

This concertina book follows the journey of a little ship on a voyage across the sea. Folding out to

£12.99
Hardback
November 2020
216mm 280mm
16 pages
Juvenile Nonfiction / Animals





8+

THE WORLD BOOK

Explore the Facts, Stats and Flags of Every Country

Joe Fullman, Rose Blake

October 2021

280mm 230mm

Hardback
208 pages

£19.99

Juvenile Nonfiction / People & Places

Features key facts, stats and flags on every single country in the world.

Rather than being an atlas, this title works more like an almanac of fascinating information, containing geography, history, food, sport, wildlife, art and culture.

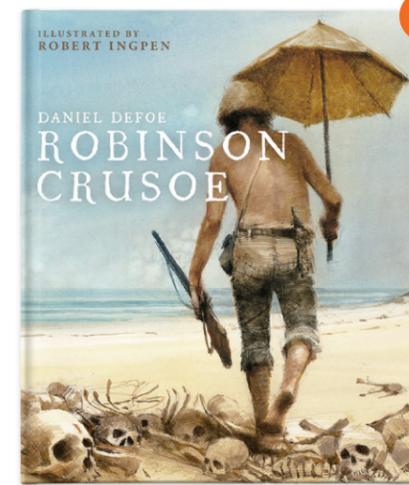
Encourages interest in visiting different places and experiencing different cultures – especially relevant for today's homebound readers.

Joe Fullman has written travel guides for Rough Guides and Lonely Planet.

Where would you like to visit next? Take a tour of every single country in the world within the pages of *The World Book*. Packed with facts, stats and flags – explore different cultures and the best things to see, do and taste on this planet. Find out how to say 'good morning' in Maltese, the most popular dishes in Colombian cuisine, and where you can see over 60 species of hummingbird. Seek out the tallest mountain, the longest river, and everything in between.

An almanac of fascinating information, containing geography, history, food, sport, wildlife, art and culture. Encourages interest in visiting different places and experiencing different cultures.

Joe Fullman is an experienced children's author and has written about a wide range of subjects from travel guides for Rough Guides and Lonely Planet, among others, to history, science, music, cooking and maps. **Rose Blake** is a London-based illustrator and artist who was awarded the D&AD Best New Blood Award and was recently shortlisted for the AOI prize and The World Illustration Awards. Her clients include Penguin Random House, the *New York Times*, Thames & Hudson, and the *Guardian*, among others.



8+

ROBINSON CRUSOE

Written by Daniel Defoe
Illustrated by Robert Ingpen

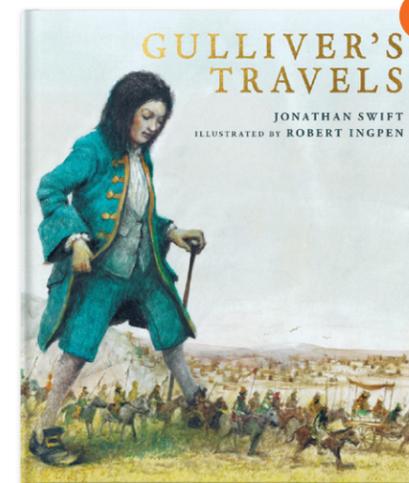
UK RRP **£20.00**
978-1-91351-943-8
September 2021
235 x 195 mm

Hardback
224 pages
81,000 words
Classic Fiction

New editions of two beloved classics, with full-colour artwork by Han Christian Anderson Award-winning illustrator, Robert Ingpen.

Young and impulsive, Robinson Crusoe defies the advice of his parents and runs away to sea. He is plagued by misfortune at every turn; his first ship sinks in a violent storm, his friend and mentor dies, then he is captured by Turkish pirates and made a slave in the Moorish port of Sallee. Through all these hardships, Crusoe's determination and resourcefulness fills him with hope for a better life, and fate delivers him the opportunity for freedom, friendship and riches. But it is when he is shipwrecked on a deserted island that he faces his greatest test: not simply to survive but to thrive. The island is filled with beauty and riches of its own kind and here Crusoe is king, but it is blighted by a terrible danger – a hidden horror – that threatens not only Crusoe's encampment but his very life.

These adventures, so thrillingly imagined by Defoe, were first published in 1719 and Robinson Crusoe has continued to delight and enthral readers of all ages for three hundred years.



8+

GULLIVER'S TRAVELS

Written by Jonathan Swift
Illustrated by Robert Ingpen

UK RRP **£20.00**
978-1-91351-944-5
September 2021
235 x 195 mm

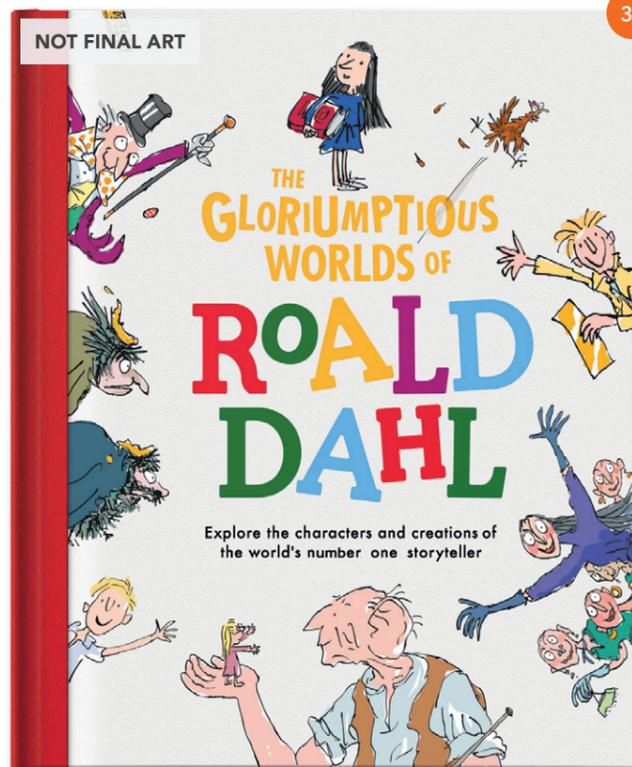
Hardback
176 pages
44,000 words
Classic Fiction

Three hundred years ago, a great deal of the world as we now know it was still undiscovered. A voyage was not a pleasant thing, and a traveller was likely to encounter mysterious islands and strange people. Danger lurked around every corner, and friends and foes are to be found unexpectedly, and in equal measure.

When Lemuel Gulliver, a ship's surgeon, sets off on the high seas in search of adventure, things never seem to go quite according to plan. Through a series of disasters and misadventures, he finds himself cast upon strange islands whose inhabitants are of the most unusual size, and the most confusing philosophies. Yet Gulliver always seems to make it back to his home country, where he recovers from one adventure shortly before setting sail once more and ending up in another one.

Gulliver's Travels has been loved by many generations of readers for almost three hundred years, and the telling of the misfortunes and pleasures of its eponymous hero is one of Jonathan Swift's most enduring legacies.





3+

THE GLORIUMPTIOUS WORLDS OF ROALD DAHL

EXPLORE THE CHARACTERS AND CREATIONS OF THE WORLD'S NUMBER ONE STORYTELLER

Written by Stella Caldwell
Illustrated by Quentin Blake

UK RRP **£16.99**
978-1-78312-592-0
August 2021
280 x 230 mm

Hardback + Items
80 pages
9,000 words
Anthologies



Produced in association with The Roald Dahl Story Company.

Combines Quentin Blake's iconic illustrations with new artwork of created memorabilia such as letters, newspaper articles and documents to enable fans to immerse themselves further into the worlds of the stories.

Envelope in the back cover contains bonus material.

The perfect companion book for fans of Roald Dahl's stories.

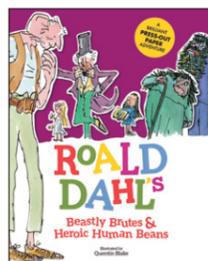
Read Mrs Twit's recipe for bird pie! Take a look at the Trunchbull's tips for school discipline. Explore *The Witchophile's Manual* and learn how to recognise a witch.

Dive into your favourite Roald Dahl story, or maybe you'll discover a new one in *The Glorumptious Worlds of Roald Dahl* – the perfect book for fans of the world's number-one storyteller. Discover intriguing facts about the author and what inspired him, and explore the worlds he created, from *Charlie and the Chocolate Factory* to *The Witches*, *Matilda* to *The BFG*. This book contains never-before-seen newspaper clippings, letters, spells, diary entries, recipes and more, plus a bonus envelope packed with booklets and activity sheets to inspire budding storytellers. So watch out: 'tremendous things are in store for you! Many wonderful surprises await you!'

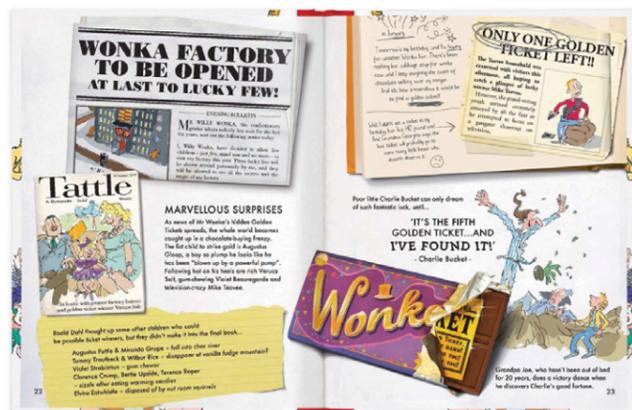
Brought up on a diet of Everlasting Gobstoppers and Snozzcumbers, **Stella Caldwell** has long admired the incredible writing of Roald Dahl. She studied English Literature at the University of Edinburgh, and is the author of many other books for children.

Quentin Blake's books have won numerous prizes, including the Whitbread Award and the Kate Greenaway Medal. In 1999, he was appointed the first-ever Children's Laureate, and, in 2002, won the Hans Christian Andersen Award for Illustration.

Also available:



ROALD DAHL'S BEASTLY BRUTES & HEROIC HUMAN BEANS
978-1-78312-481-7
UK RRP **£14.99**



INSPIRATION IS IN HERE

Over 50 creative indoor projects for curious minds
Welbeck Children's Books

Practical projects are mixed with artistic prompts, ideas for fun activities, and space for self reflection.

Stylish handbook format with elastic closer that children can use to keep their innermost thoughts safe and any extra pages contained.

Get ready to let your imagination roam free and unleash your innermost thoughts and ideas.

This handbook is the perfect place to learn how to make bath bombs, discover the art of calligraphy; write a haiku; start a dream diary; learn how to crochet, and let your creativity flourish! Packed with craft projects, quizzes, space for journalling or doodling, and plenty of opportunity for self expression – creativity is calling.

Practical projects are mixed with artistic prompts, ideas for fun activities, and space for self reflection.

£9.99

Hardback

February 2021

220mm 170mm

112 pages

Juvenile Nonfiction / Art



ADVENTURE IS OUT THERE

Creative activities for outdoor explorers
Lazell, Jenni

A wide range of fun activities are mixed with reference spreads providing extra information on popular subjects for curious adventurers.

Handbook with elastic closer format that kids can carry with them wherever they go.

Can you hear the call of the wild? It may be closer than you think!

This handbook is ideal to discover how to track animals, make an insect hotel, construct a den, navigate using the stars, search for fossils, and more! Packed with wild activities, useful tips, cool facts and space to document your own notes, readers can never get bored.

This handbook shows you how to track animals, make an insect hotel, construct a den, navigate using the stars, search for fossils, and more! Packed with activities, tips, facts and space to document your own notes.



£9.99

Hardback

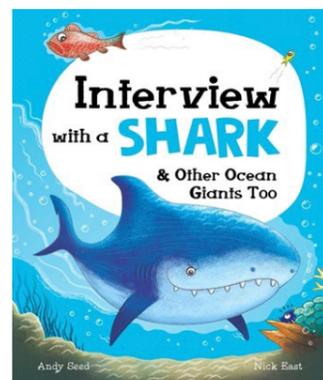
April 2021

220mm 170mm

112 pages

Juvenile Nonfiction / Activity Books





INTERVIEW WITH A SHARK

and Other Ocean Giants Too
Seed, Andy

Written by Blue Peter Award-winning author Andy Seed.

Illustrated by Nick East, best-known for his Toto the Ninja Cat series with Dermot O'Leary.

Humorous bite-sized text great for reluctant and emerging readers.

If you could talk to animals, what would you ask? Get familiar with 10 extraordinary ocean giants as they step up to the mic and share their habits, behaviour, likes and dislikes, favourite foods, and more. Each animal has its own story to tell... and its own attitude!

In this fun and fact-filled book, bite-sized text in a question-and-answer format is paired with colourful and engaging illustrations throughout, perfect for emerging or reluctant readers, or any young animal enthusiast who enjoys a bit of humour!

Features 'interviews' with a great white shark, blue whale, orca, sunfish, giant squid, narwhal, manta ray, octopus, conger eel, and angler fish. Plus, ideas for how to do your bit to help endangered species.

£9.99

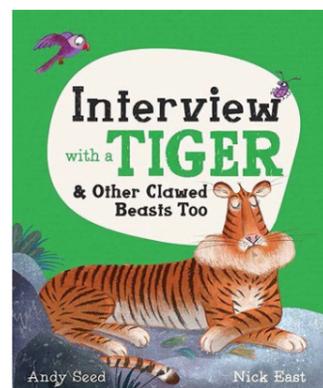
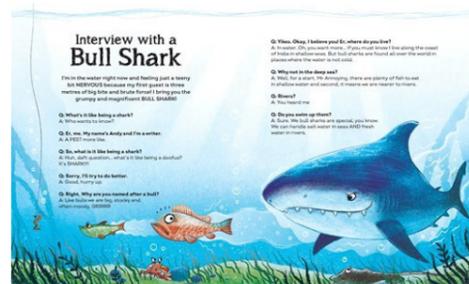
Hardback

May 2021

246mm 189mm

48 pages

Juvenile Nonfiction / Animals



INTERVIEW WITH A TIGER

and Other Clawed Beasts too
Seed, Andy

Written by Blue Peter Award-winning author Andy Seed.

Illustrated by Nick East, best-known for his Toto the Ninja Cat series with Dermot O'Leary.

Humorous bite-sized text great for reluctant and emerging readers.

If you could talk to animals, what would you ask?
'What are your top tips for catching prey, Tiger?'
'How do you help yourself to honey, Honey Badger?'
'Why do you howl, Wolf?'

Get familiar with 10 fierce and furry beasts as they step up to the mic and share their habits, behaviour, likes and dislikes, favourite foods, and more. Each animal has its own story to tell... and its own attitude!

In this fun and fact-filled book, bite-sized text in a question-and-answer format is paired with colourful and engaging illustrations throughout, perfect for emerging or reluctant readers, or any

£9.99

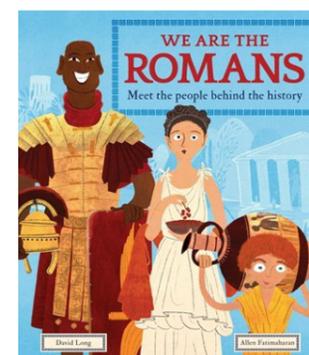
Hardback

September 2020

246mm 189mm

48 pages

Juvenile Nonfiction / Animals



WE ARE THE ROMANS

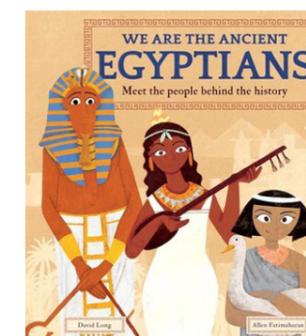
Meet the People Behind the History

Long, David

February 2021

Juvenile Nonfiction / History

250mm 216mm Hardback 64 pages £11.99



WE ARE THE ANCIENT EGYPTIANS

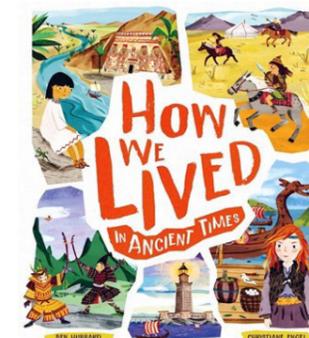
Meet the People Behind the History

Long, David

July 2021

Juvenile Nonfiction / History

250mm 216mm Hardback 64 pages £12.99



HOW WE LIVED IN ANCIENT TIMES

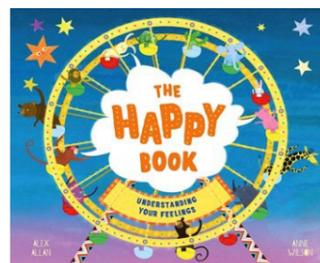
Meet everyday children throughout history

Hubbard, Ben

September 2020

Juvenile Nonfiction / History

280mm 230mm Hardback 64 pages £12.99



THE HAPPY BOOK

A book full of feelings

Allan, Alex

Written in consultation with child psychologist Sarah Davis.

Full of playful, interactive coping strategies that will help children to examine their anxieties in a fresh, objective way and move towards overcoming them.

Share this charming and playful picture book with a child who might be suffering from anxiety, or feeling unhappy, or just having some problems adjusting to a new routine.

The Happy Book is full of ideas and thoughtful prompts to encourage children to pay attention to their moods and learn to express their thoughts and feelings rather than hide them away.

Top tips help young children to identify their emotions, while mini science sections explain simply what happens in their brain and body.

An activity picture book to encourage children to pay attention to their moods, and learn to express their thoughts and feelings rather than hide them away.



£7.99

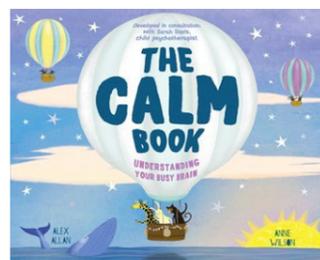
With flaps

July 2020

228mm 262mm

32 pages

Juvenile Nonfiction / Activity Books



THE CALM BOOK

Allan, Alex

Written in consultation with child psychotherapist Sarah Davis.

Full of playful, interactive coping strategies that will help children to examine their anxieties in a fresh, objective way, and move towards overcoming them.

The Calm Book is a friendly and engaging picture book to help young children understand their feelings using simple science. Featuring mindfulness tips, breathing exercises and calming craft activities that give children the ability to take charge of their own emotional state and the tools to become more resilient.

A friendly and engaging picture book to help young children understand their feelings.

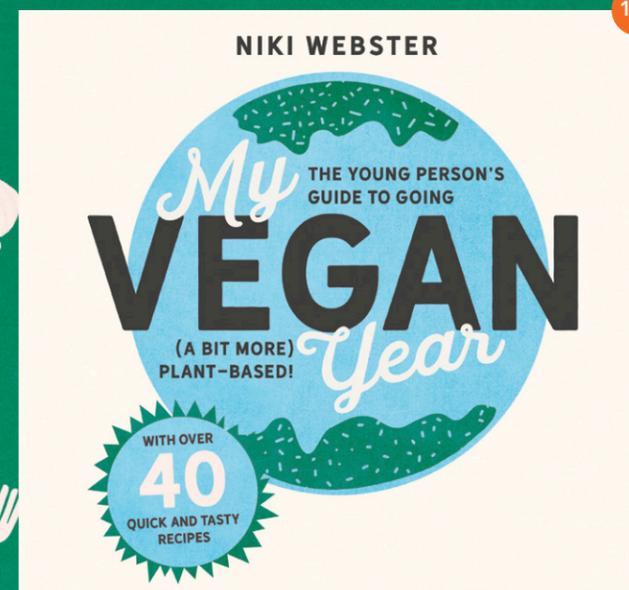
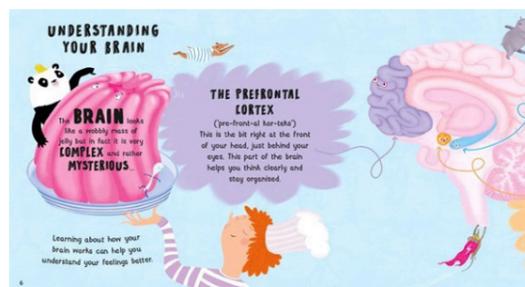
£7.99

Paperback / softback

April 2021

228mm 262mm

32 pages



12+

MY VEGAN YEAR

THE YOUNG PERSON'S SEASONAL GUIDE TO GOING VEGAN

Written by Niki Webster

UK RRP **£14.99**
978-1-78312-732-0
November 2021
220 x 170 mm

Hardback
128 pages
22,000 words
Cooking & Food

The follow-up to 2020's best-selling title *Be More Vegan*.

The rise of veganism in 2021 shows no sign of stopping, with more mainstream shops, restaurants and delivery services than ever going plant-based.

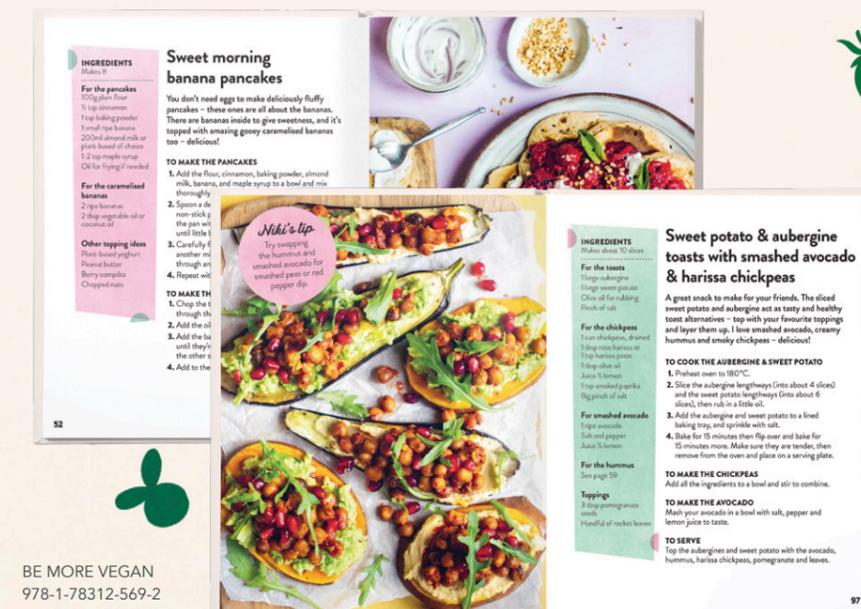
Filled with seasonal recipes carefully chosen to appeal to a worldwide readership.

The perfect companion for anyone looking to add more meat-free and dairy-free options to their diet, as well as anyone going 100% plant-based.

Millions of young people want to be more plant-based – and this is the first-ever young person's guide to the whole vegan year. It's filled with helpful advice and inspiration about how to cut down on (or cut out) meat and dairy, as well as the latest nutritional information to make sure young readers have the all-important facts at their fingertips, free from disinformation and waffle.

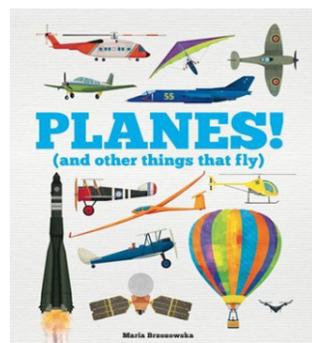
Starting in spring, the book shows you how to make amazing vegan food in every season. As well as over 40 fun, simple and delicious recipes that anyone can try, it's also filled with great tips for every season – from how to grow your own veg to the ultimate vegan finger food for the party season. It's a fantastic handbook that's the perfect plant-based companion for 365 days of being vegan!

Niki Webster is the best-selling author of *Be More Vegan*, the young person's guide to veganism, and *Rebel Recipes*. Her blog is www.rebelrecipes.com



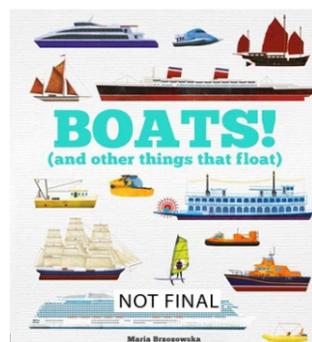
ALSO AVAILABLE:

BE MORE VEGAN
978-1-78312-569-2
UK RRP **£14.99**



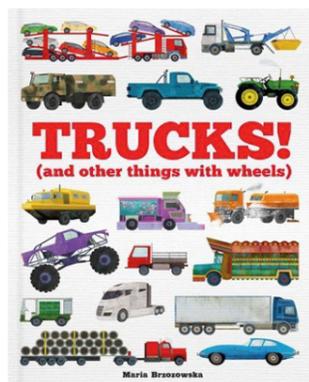
PLANES! (AND OTHER THINGS THAT FLY)

Davies, Bryony
 April 2021
 Juvenile Nonfiction / Transportation
 298mm 250mm Hardback 48 pages £12.99



BOATS! (AND OTHER THINGS THAT FLOAT)

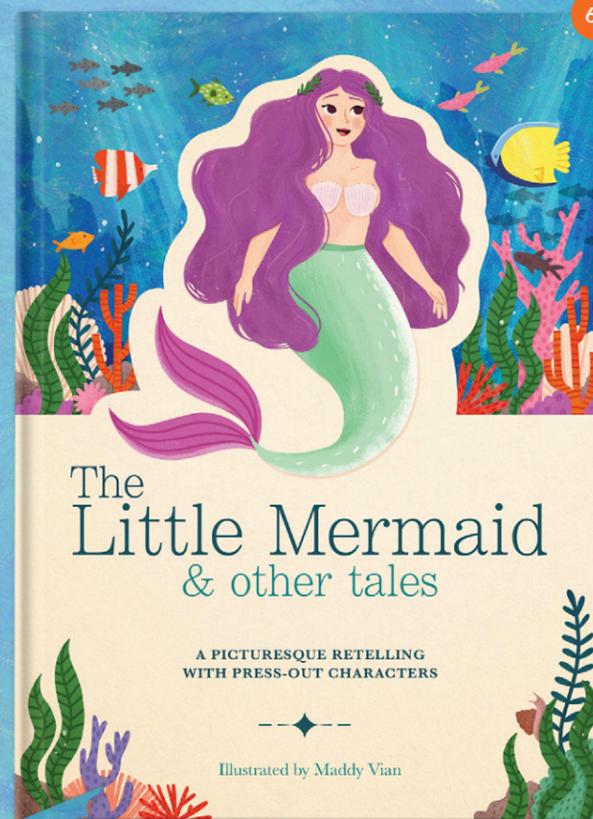
Davies, Bryony
 October 2021
 Juvenile Nonfiction / Transportation
 298mm 250mm Hardback 48 pages £12.99



TRUCKS!

(and Other Things with Wheels)

Davies, Bryony
 December 2020
 Juvenile Nonfiction / Transportation
 298mm 250mm Hardback 48 pages £12.99



PAPERSCAPES THE LITTLE MERMAID & OTHER TALES

A PICTURESQUE RETELLING WITH
 PRESS-OUT CHARACTERS

Written by Lauren Holowaty
 Illustrated by Maddy Vian

UK RRP **£14.99**
 978-1-78312-590-6
 March 2021
 210 x 150 mm

Hardback
 96 pages
 4,500 words
 Colour Illustrations throughout
 Classic Fiction

The Paperscapes format presents five popular and timeless fairy tales that promise to transport you to fantastical worlds.

Beautiful, contemporary illustrations by Maddy Vian are presented in an exciting die-cut format, to make this a lavish, quality gift product.

Each story includes press-out characters to ease fidgety fingers; these can then be displayed in the scenic diorama at the back of the book, giving readers the chance to enter the fairy tale world.

Both children and parents will enjoy retellings of the classic stories *The Little Mermaid*, *Cinderella*, *Beauty and the Beast*, *The Princess and the Pea*, and *Thumbelina*.

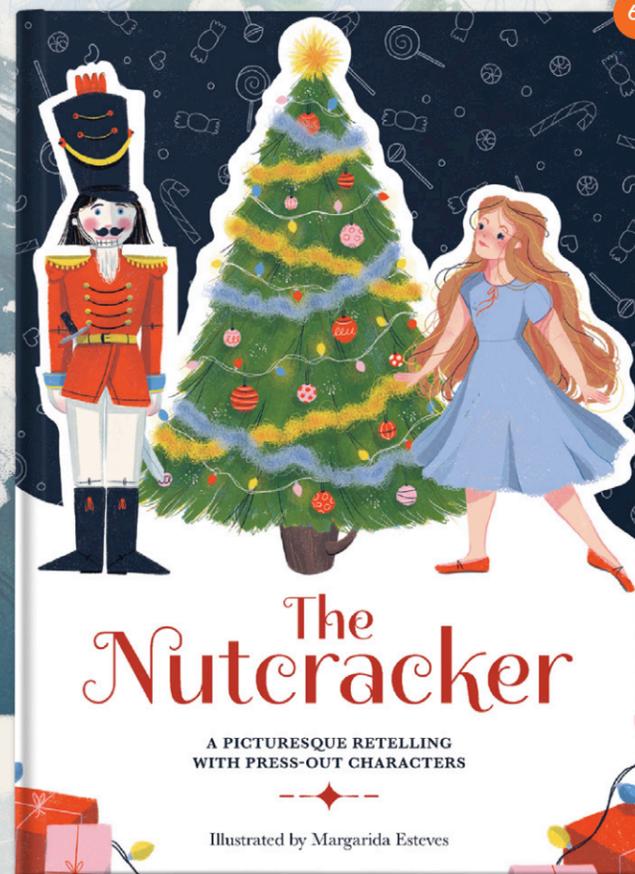
Five classic fairy tales come to life in these new retellings, featuring beautiful original illustrations, die-cut chapter openers and press-out characters, which draw attention to the beautifully imagined setting while offering an interactive element to engage the reluctant reader.

Every tale contains press-out characters to collect as you read along – these can then be displayed in a beautiful diorama at the back of the book, making the book a unique and enchanting gift for fairy tale fans of any age.

Lauren Holowaty is an award-winning author who has worked in children's publishing for 18 years. She has written over 200 books that have been published globally.

Maddy Vian graduated from Kingston University with an Illustration Animation BA (Hons) Degree and has continued to pursue freelance illustration working on a wide range of projects - from music video animation to published book work.





6+

PAPERSCAPES THE NUTCRACKER

A PICTURESQUE RETELLING WITH
PRESS-OUT CHARACTERS

Illustrated by Margarida Esteves

UK RRP **£14.99**
978-1-78312-589-0
September 2021
210 x 150 mm

Hardback
96 pages
4,500 words
Classic Fiction

A wonderful retelling of the classic fairytale that combines all the most popular and fantastical elements of the original story and the ballet adaptation.

Beautiful, contemporary illustrations by Margarida Esteves are presented in an exciting die-cut format, to make this a lavish, quality gift product.

Each chapter includes press-out characters that can be used to populate the scenic diorama at the back of the book, making for a more absorbing experience.

The story is divided into chapters – each once introduces the reader to a different magical setting. Children and parents will enjoy reading the story while poring over the sumptuous illustrations throughout.

The Nutcracker is a Christmas tale filled with magical realms and memorable characters, including the Mouse King, dancing snowflakes, waltzing flowers, the Sugar Plum Fairy and, of course, the Nutcracker prince. This retelling of a classic story combines beautifully crafted paperscape scenes with an easy-to-follow and captivating narrative. The book presents the fairytale settings in a series of intricately crafted die-cut pages, forming layered scenes that make each realm unique and picturesque. In addition, children can collect pressout characters along the way and display them in a beautiful diorama and, in so doing, enjoy the classic tale in a uniquely interactive and charming way.

Margarida Esteves is an illustrator, living and working in London. Her work is colourful, layered, textured and detailed. She gets easily inspired by people, films, photography, vintage illustration and history. When she's not working or drawing in her sketchbook, she enjoys developing small personal projects that usually involve printmaking, embroidery, Lego and miniature models.

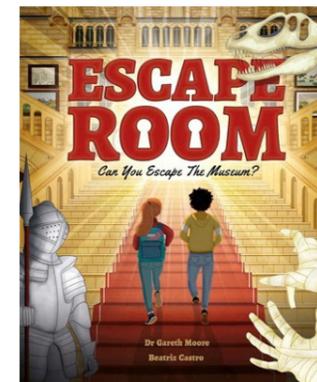
Also available:



PAPERSCAPES:
ALICE IN WONDERLAND
978-1-78312-485-5
UK RRP **£14.99**



PAPERSCAPES:
THE JUNGLE BOOK
978-1-78312-484-8
UK RRP **£14.99**



ESCAPE ROOM - CAN YOU ESCAPE THE MUSEUM?

Can you solve the puzzles and break out?
Moore, Gareth

An interactive puzzle experience inspired by the escape room phenomenon sweeping the world. There are estimated to be over 10,000 escape rooms globally. Hugely popular with family groups, but often expensive, this is a fantastic way to recreate the escape room experience at home.

You are trapped inside a museum. Do you have what it takes to escape? Use the contents of this pack to help you find your way out of a series of mysterious museum galleries: you'll encounter terrifying dinosaurs, spooky Ancient Egyptians, vicious Vikings, amazing animals, fearsome knights and even explore space!

This pack lets you create your very own escape room experience at home. Create objects from the die-cut card sheets you'll find in the wallet, then use them to solve a series of escape room challenges inside the book, which will get progressively more fiendish. Your job is to work out which items are needed to solve which puzzle, and gather information from multiple sources as you crack secret codes and tackle tricky problems to escape the museum. It provides hours of entertainment for avid escape room fans to enjoy individually or in teams.

£16.99

Hardback

December 2020

280mm 230mm

64 pages

Juvenile Nonfiction / Games &
Activities



ESCAPE THE VIDEOGAME

Welbeck Children's Books

An interactive, at-home puzzle experience inspired by escape rooms, which are hugely popular with family groups but often expensive to take part in.

It's up to the player to use content from the book and the separate diecut pages, and work out how to solve the puzzles for themselves by experimenting, just like an escape room!

An interactive, at-home puzzle experience inspired by escape rooms. You're trapped inside a video game! You've got to use content from the book and the separate die-cut pages, and work out how to solve the puzzles for yourself by experimenting, just like an escape room.

You are trapped inside a video game! Can you make your way through the levels and escape? Use the contents of this pack to help you find your way through six progressively more fiendish game levels: along the way you'll explore a futuristic city, mine and craft your way through a blocky world, try to survive an action-adventure level, puzzle through a super-cute platform level, and more.

This pack lets you create your very own escape room experience at home.

£16.99

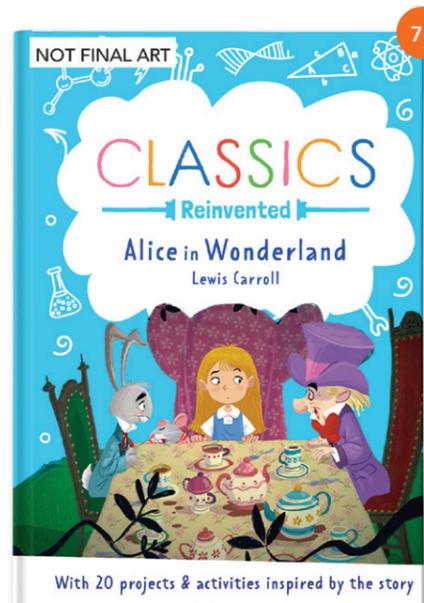
Hardback

June 2021

280mm 230mm

64 pages

Juvenile Nonfiction / Activity Books



CLASSICS REINVENTED ALICE IN WONDERLAND

WITH 30 PROJECTS & ACTIVITIES INSPIRED BY THE STORY

Katie Dicker

UK RRP **£9.99**
978-1-83935-050-4
October 2021
210 x 150 mm
Hardback

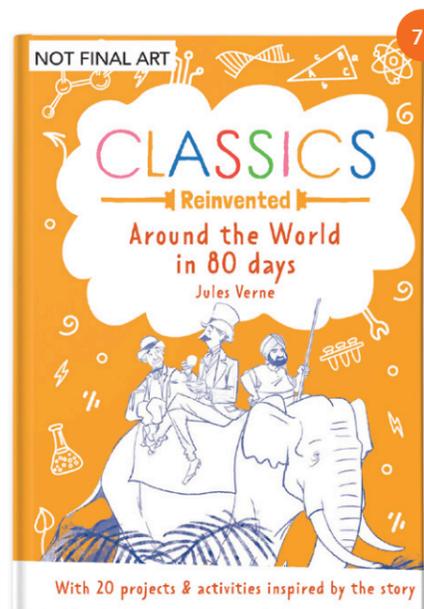
144 pages
20,000 words
Original illustrations throughout
Classic Fiction /
Science & Technology

Combines two powerful themes: children's classics and STEAM-based learning.

Unique new format presents beloved children's classics with added science, technology, engineering, art and mathematics activities after every chapter.

Bold and beautiful original illustrations bring the classics to life like never before.

Fire up young readers' imagination and creativity with this classic story featuring added STEAM activities. This beloved children's adventure is retold with vivid and engaging new illustrations - and at the end of every chapter, there are exciting new science, technology, engineering, art and mathematics activities, themed around the events in the book. The activities range from simple puzzles to fun, dynamic experiments, so there's something for every enquiring mind. It's the ideal combination of enchanting story and stimulating science fun.



CLASSICS REINVENTED AROUND THE WORLD IN 80 DAYS

WITH 30 PROJECTS & ACTIVITIES INSPIRED BY THE STORY

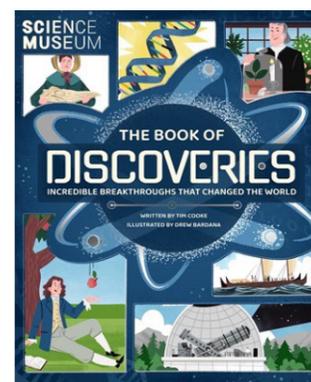
Katie Dicker

UK RRP **£9.99**
978-1-83935-051-1
October 2021
210 x 150 mm
Hardback

144 pages
20,000 words
Original illustrations throughout
Classic Fiction /
Science & Technology

Travel the world with Phileas Fogg in this classic story featuring added STEAM activities. This beloved children's adventure is retold with vivid and engaging new illustrations - and at the end of every chapter, there are exciting new science, technology, engineering, art and mathematics activities, themed around the events in the book. The activities range from simple puzzles to fun, dynamic experiments, so there's something for every enquiring mind. It's the ideal combination of enchanting story and stimulating science fun.

Katie Dicker is a writer and editor who has worked in publishing for over 15 years. She has a degree in politics and philosophy and specialises in children's educational publishing.



£16.99
Hardback
September 2021
280mm 230mm
112 pages

Juvenile Nonfiction / Science & Nature

SCIENCE MUSEUM - THE BOOK OF DISCOVERIES

In Association with The Science Museum

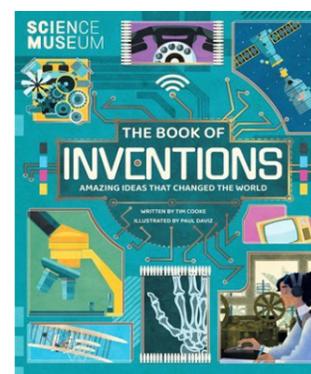
Cooke, Tim

Produced in association with the Science Museum, which welcomes over 3 million visitors every year.

Key discoveries and breakthroughs in human knowledge described in this stunning illustrated book.

Explore the world's most significant, innovative and amazing discoveries in association with the Science Museum. Find out how, when and why vital discoveries took place, and learn more about the people who made the breakthroughs. Learn how the principles they discovered became the basis of inventions and other advances that shaped our history and the way we live today. Find out about the combination of inspiration and perspiration that helped pioneers piece together an ever-deeper understanding of ourselves, our planet and the universe around us.

Featuring more than 40 discoveries, from gravity to the circulation of the blood, the Big Bang to the movement of subatomic particles, this brilliant STEM-themed read will get kids interested in the fundamental ideas and laws that make the world go round.



£16.99
Hardback
September 2020
280mm 230mm
112 pages

Juvenile Nonfiction / Technology

THE BOOK OF INVENTIONS

Amazing Ideas that Changed the World

Cooke, Tim

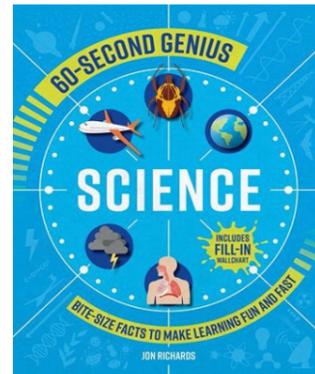
Produced in association with the Science Museum, which welcomes over 3 million visitors every year.

Key inventions from history that have changed the way we live are brought together in this stunning illustrated book.

Let this book take you on a guided tour through the world's most significant, innovative and amazing technological inventions. Find out how, when and why the inventions which we take for granted today happened, and learn more about the people who created them. Discover how the cutting-edge technology of today exists because of the long line of inventions and discoveries that came before. See inside mysterious machines to uncover how they function and what special materials they are made from.

Engaging text, imaginatively designed layouts and striking, diagrammatic illustrations help readers to understand the importance of various inventions, explore how one major invention often led to others, and look at competing inventions to find out which ones were successful and why. With over 40 inventions featured, this is a brilliant STEM-themed read for kids interested in the



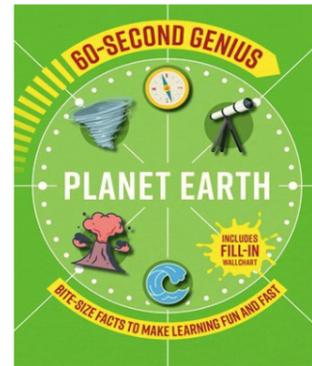


60-SECOND GENIUS - SCIENCE

Bite-size facts to make learning fun and fast

Mortimer Children's Books
September 2021

Juvenile Nonfiction / Science & Nature
237mm 185mm Paperback /128 pages £10.99

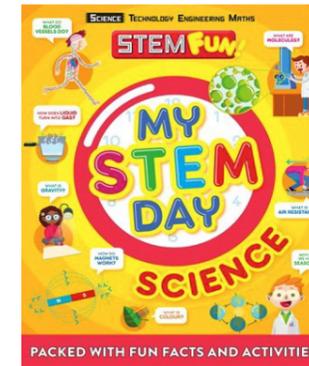


60-SECOND GENIUS - PLANET EARTH

Bite-size facts to make learning fun and fast

Mortimer Children's Books
November 2021

Juvenile Nonfiction / Science & Nature
237mm 185mm Paperback /128 pages £10.99

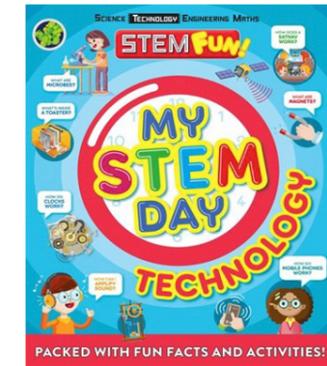


MY STEM DAY - SCIENCE

Packed with fun facts and activities!

Rooney, Anne
June 2019

Juvenile Nonfiction / Activity Books
270mm 216mm Paperback /64 pages £7.99

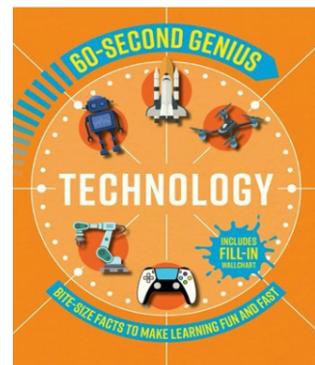


MY STEM DAY - TECHNOLOGY

Packed with fun facts and activities!

Dickmann, Nancy
June 2019

Juvenile Nonfiction / Activity Books
270mm 216mm Paperback /64 pages £7.99

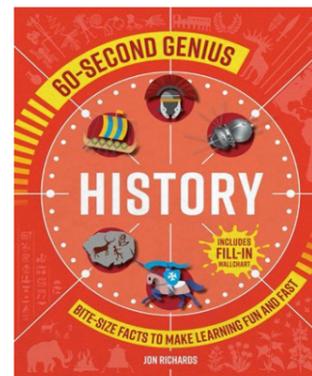


60-SECOND GENIUS - TECHNOLOGY

Bite-size facts to make learning fun and fast

Mortimer Children's Books
November 2021

Juvenile Nonfiction / Technology
237mm 185mm Paperback /128 pages £10.99

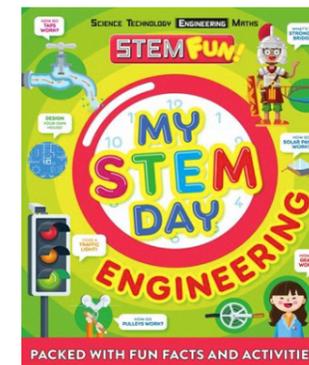


60-SECOND GENIUS - HISTORY

Bite-size facts to make learning fun and fast

Mortimer Children's Books
September 2021

Juvenile Nonfiction / History
237mm 185mm Paperback /128 pages £10.99

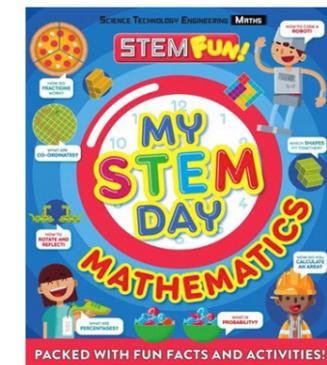


MY STEM DAY - ENGINEERING

Packed with fun facts and activities!

Dickmann, Nancy
June 2019

Juvenile Nonfiction / Activity Books
270mm 216mm Paperback /64 pages £7.99



MY STEM DAY - MATHEMATICS

Packed with fun facts and activities!

Rooney, Anne
June 2019

Juvenile Nonfiction / Activity Books
270mm 216mm Paperback /64 pages £7.99

The Football Encyclopedia

FIFA Official Licensed Publication



FIFA FOOTBALL ENCYCLOPEDIA

Everything you need to know about the beautiful game

Emily Stead

October 2021

280mm 230mm

Hardback

128 pages

£16.99

Juvenile Nonfiction / Sports & Recreation

The *FIFA Football Encyclopedia* offers comprehensive coverage of world football, from leagues around the world to the pinnacle of the international game, the FIFA World Cup.

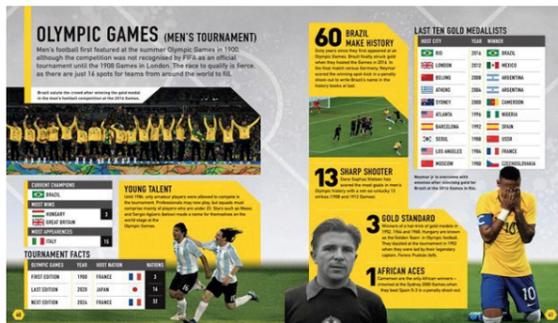
Includes punchy team and player profiles; essential info about leagues and the major tournaments around the world; quirky trivia and astounding records; rundown of legendary managers and most popular formations and tactics.

Dynamic, all-action photographs is integrated with bite-sized chunks of text, making the content easy to digest and the book a great purchase for reluctant readers.

The *FIFA Football Encyclopedia* will make you an expert of the most popular game in the world. The pages are brimming with the latest facts, stats and records, plus punchy profiles of the best teams and players on the planet, and essential info about the top leagues and tournaments in world football. What's more, you can get the lowdown on the ever-changing world of managers and tactics. With updates at the end of each season, the *FIFA Football Encyclopedia* will make an essential purchase for every football-hungry child aged 8+.

Full of the latest facts, stats and records, plus profiles of the best teams and players on the planet, and essential info about the top leagues and tournaments in world football.

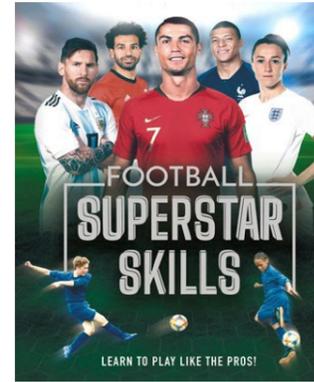
Emily Stead is an accomplished author who has written literally hundreds of children's titles, from best-selling character annuals through to story and activity books, including several colouring and activity books for top UK football clubs.



FOOTBALL SUPERSTAR SKILLS

Learn to play like the superstars

Radnedge, Aidan



Contains dynamic profiles, including memorable facts and stats, about the world's 20 greatest players in men's and women's football today, such as Cristiano Ronaldo, Sam Kerr and Memphis Depay.

Want to control the ball like Kylian Mbappé, dribble like Lionel Messi and pull off stunning saves like David de Gea? *Football Superstar Skills* is guaranteed to help you emulate the feats of some of the most iconic players in world football!

The book features 20 modern greats, from headline-grabbing young stars to world-beating legends, offering key facts about their signature skills and what it takes to be a great footballer. Then follow the simple step-by-steps to master essential footballing skills, from the basics such as controlling the ball and passing, to more advanced techniques such as finding space and bending a free-kick. What's more, you will learn about the game's greatest managers, formations and tactics and even relive the greatest goals in World Cup football history.

£14.99

Hardback

October 2020

246mm 189mm

112 pages

Juvenile Nonfiction / Sports & Recreation

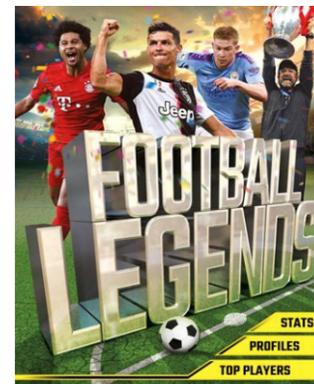
CONTENTS

4	Introduction	34	Heading the ball	76	Free kicks and penalties	102	Five-number goals
6	Goals of the game	36	Set pieces	78	Goalkeeping	104	All-time Greatest Goals
12	On the pitch	38	Tactics	80	All-time Greatest Strikers	106	Formation and style
14	Scoring goals	40	Defence and set pieces	82	Penalty takers	108	Lineups
16	Controlling the ball	42	Goal and set pieces	84	All-time Greatest Defenders	110	Index
18	Passing	44	Goalkeeping	86	Goalkeeping	112	Acknowledgements
20	Freeing up	46	Goalkeeping	88	All-time Greatest Goalkeepers		
22	Freeing up	48	Goalkeeping	90	Goalkeeping		
24	Freeing up	50	Goalkeeping	92	Goalkeeping		
26	Freeing up	52	Goalkeeping	94	Goalkeeping		
28	Freeing up	54	Goalkeeping	96	Goalkeeping		
30	Freeing up	56	Goalkeeping	98	Goalkeeping		

FOOTBALL LEGENDS

The top 100 stars of the modern game

Ballheimer, David



Packed with the most accurate and incisive player information available, covering top leagues such as EPL, La Liga, Serie A and Bundesliga, with data sourced from leading football data provider Optasports.com.

Bright and colourful with easy-to-interpret graphics, including 'heatmaps' of player action areas,

Akin to a book version of *Top Trumps* cards, *Football Legends* presents the top 100 stars in modern football. The book offers facts and stats of players operating in Europe's top leagues, with records presented concisely and with the use of infographics. The chapters are divided into player positions, namely defenders, midfielders, strikers, goalkeepers, plus there's a final chapter that profiles today's top 10 coaches. The profile-per-page is visually arresting, packed with incisive data, which the reader can use to compare and contrast the achievements and technical merits of the current icons of the beautiful game.

The top 100 stars in modern football. The book offers facts and stats of players operating in Europe's top leagues, with records presented concisely and with the use of infographics.

£9.99

Paperback / softback

September 2020

280mm 216mm

112 pages

Juvenile Nonfiction / Sports & Recreation

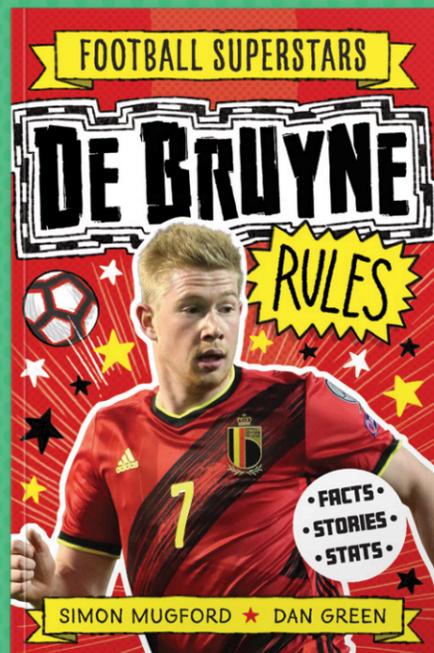


FOOTBALL SUPERSTARS

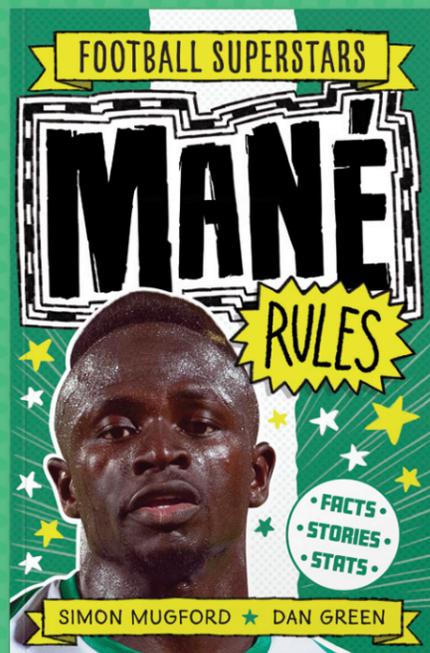
Written by Simon Mugford and illustrated by Dan Green, these are the next books in a fantastic new series aimed at young football fans everywhere. Each book tells the story of a different football superstar's rise to glory, and includes all kinds of facts, stats, football jokes, cartoons and more.

198 x 129 mm
128 pages
Paperback
Approx. 3,000 words
£5.99

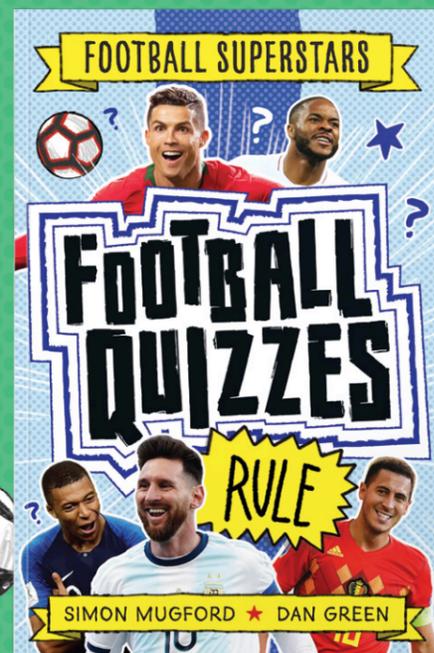
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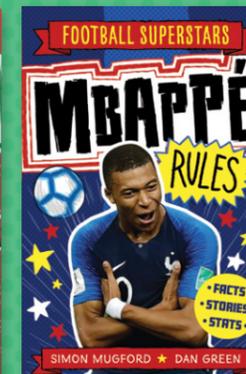
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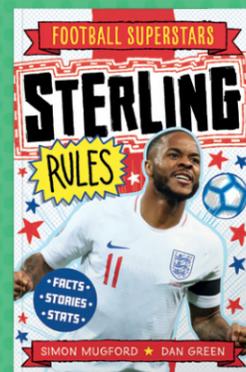
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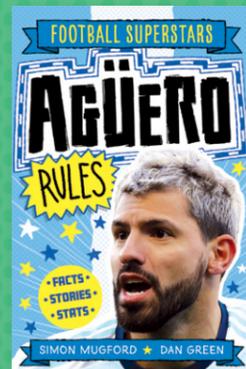
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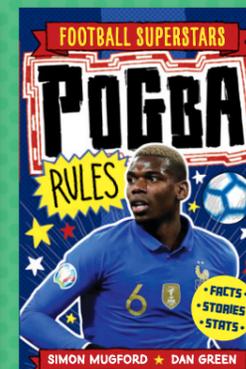
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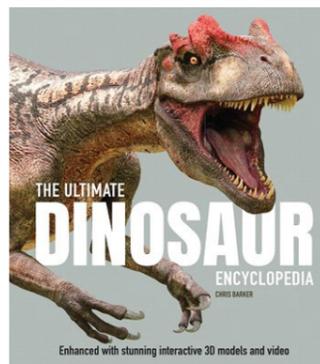
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THE ULTIMATE DINOSAUR ENCYCLOPEDIA

Barker, Chris

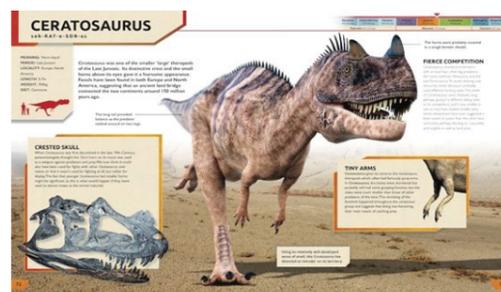
Populated with amazing all-new CGI models, showing incredible life-like detail.

Augmented Reality brings many dinosaurs to life as 3D models on your book.

See video of dinosaur reconstructions appear to play right on the page in Augmented Reality.

You've never seen a dinosaur book like this before! *The Ultimate Dinosaur Encyclopedia* is a whole new type of encyclopedia, developed in conjunction with cutting-edge 3D-art and science. Using groundbreaking recent research, palaeontologist Chris Barker recreates the world of prehistoric giants with photorealistic images more lifelike than any you've seen before.

Use the free AR app to view the pages, and you'll see dinosaurs spring into life with stunning 3D. As well as learning about their appearance and behaviours, the app lets you see them as breathtaking life-size models. Selected pages even have video clips that seem to play right on the page. Short of hopping in a time machine, it's the best way to get close to these amazing animals.



£19.99

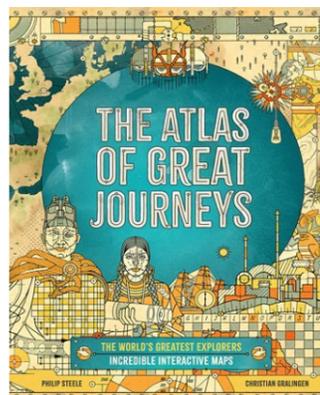
Hardback

October 2020

280mm 230mm

160 pages

Juvenile Nonfiction / Animals



THE ATLAS OF GREAT JOURNEYS

The Story of Discovery in Amazing Maps

Steele, Philip

Features beautifully illustrated maps of different regions of the world, showing the routes of the world's greatest explorers.

Download the free app to see each map come to life. View the map pages in the app and you'll be able to follow the explorers as they journey across the page, triggering pop-up facts and events at

The Atlas of Great Journeys allows readers to follow in the footsteps of the most daring adventurers as they set out to explore the unknown. Fascinating original map illustrations show the world's greatest journeys, and lavishly illustrated fact pages tell the stories of each expedition – what dangers they faced, how long they travelled, and much more.

As well as amazing illustrated maps and stories, this book has a unique Augmented Reality component that magically brings these journeys to life. Use your tablet or phone on each map spread to trace the routes they took and read about every stage of their journeys.

Original map illustrations show the world's greatest journeys, and illustrated fact pages tell the stories of each expedition.



£17.99

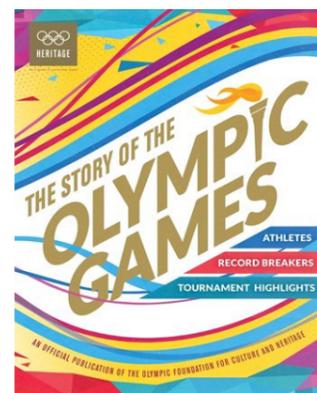
Hardback

October 2020

340mm 260mm

48 pages

Juvenile Nonfiction / History



THE STORY OF THE OLYMPIC GAMES

An Official Olympic Museum Publication

International Olympic Committee

Official and exclusive children's title charting the history of the summer Olympic Games, published in association with the Olympic Museum in Lausanne, a foundation of the International Olympic Committee.

Features up to 200 colour photographs and artworks from the archives of the Olympic Museum;

Created in association with the Olympic Museum in Lausanne, *The Story of the Olympic Games* brings to life the glorious history of the Games of the Olympiad.

Chronologically structured and featuring up to 200 original photographs, the book charts the story of this famous global event, beginning in 776 BC in ancient Greece through to its revival in 1896 and the 27 subsequent games. The pages are packed with exclusive photographs of the action, athletes and artefacts that have defined each game, so young fans can become immersed in the world's greatest sporting spectacle in the run-up to the 2020 Games in Tokyo.

Official children's book charting the history of the summer Olympic Games.

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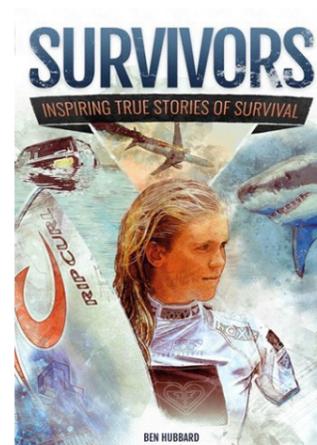
Hardback

June 2021

270mm 216mm

96 pages

Juvenile Nonfiction / Sports & Recreation



SURVIVORS OF LAND, SEA AND SKY

Inspiring true stories of survival

Hubbard, Ben

Fifteen amazing stories of survival against the odds, focussing on positive outcomes of natural disasters and accidents from recent history.

Dramatic, high interest topic presented in a smaller 'reader' format will appeal to more reluctant readers.

Prepare to be amazed by these incredible tales of human strength and determination in the face of disaster. Read 15 amazing survival stories, and let the exciting narrative text and dramatic illustrations drop you right into the action.

Disasters often make the headlines, but this book focusses on the survivors. Find out how these real-life heroes survived volcanic eruptions, floods, tsunamis, wildfires, plane crashes, shark attacks and much more, using only their wits, their determination and the most basic of tools. From the much anticipated 2018 rescue of the 13 Thai boys who were trapped in a cave, to Steve Callahan, who was adrift at sea for 76 days, you'll be astonished by these thrilling stories of survival.

£9.99

Paperback / softback

April 2021

246mm 189mm

96 pages

Juvenile Nonfiction / Science & Nature





HOW MANY SLEEPS 'TIL HALLOWEEN?

A Countdown to the Spookiest Night of the Year

Knowles, Laura

A fun rhyming book with a counting theme, featuring all your favourite Halloween characters.

Perfect for reading aloud to eager trick-or-treaters in anticipation of the spookiest night of the year.

Includes two bonus activity spreads.

Count down to the most exciting and spooky night of the year with this celebration of fun and familiar Halloween characters.

Featuring a vampire, skeleton, ghost, zombie, witch, and more, each character is getting ready for Halloween. Will they cause mischief and mayhem, or do they just want to join in with the trick-or-treating fun?



£6.99

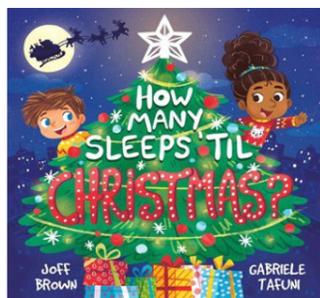
Paperback / softback

September 2021

260mm 260mm

32 pages

Juvenile Fiction / Holidays & Celebrations



HOW MANY SLEEPS 'TIL CHRISTMAS?

A Countdown to the Most Special Day of the Year

Mortimer Children's Books

A fun rhyming book with a counting theme, featuring all your favourite Christmas festivities.

Perfect for reading aloud to eager youngsters who can't wait for Santa.

Includes inspiration for Christmas activities to do at home, such as making paper chains and a

Count down to the most exciting day of the year with this celebration of fun and familiar Christmas activities and characters.

Featuring carol singing, Christmas tree decorating, and gingerbread, dancing snowmen, prancing reindeer, and of course the one-and-only Santa Claus, this is a heart-warming tribute to children's boundless anticipation of Christmas.



£6.99

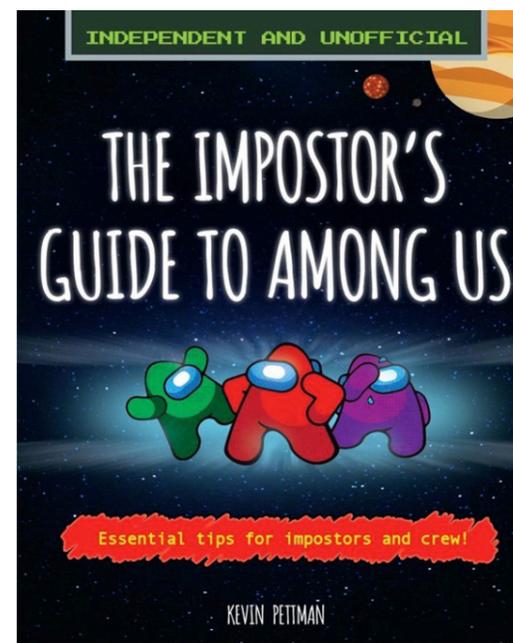
Paperback / softback

October 2021

260mm 260mm

32 pages

Juvenile Fiction / Holidays & Celebrations



THE IMPOSTOR'S GUIDE TO AMONG US

Independent and Unofficial

Kevin Pettman

April 2021

246mm 189mm

Paperback / softback

80 pages

£7.99

Juvenile Nonfiction / Games & Activities

Among Us is massively popular PC and mobile game, trending with older kids, teens and Instagram stars.

Over 100 million players have enjoyed its murder-mystery style gameplay, with over 3.8 million playing concurrently.

Unique two-in-one book concept means this is the only Among Us guide readers will ever need.

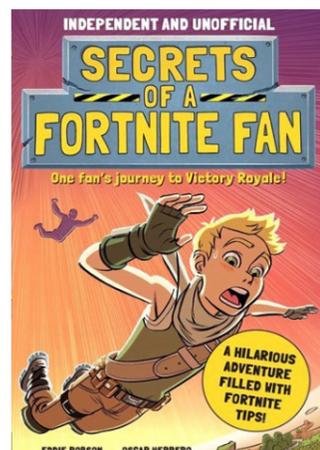
In this two-part, unofficial and independent guide to Among Us, you'll learn how to spot impostors... and how to fool the team when you are one!

The first section gives you all the best techniques for spotting the impostors in your crew. Learn all about task checking, questioning, time management, teaming up, and loads of other excellent snooping skills. And then it's time for the sneaky stuff! The Impostor's Handbook section gives you all the tools you need to fool everyone and win the game. You'll read about crafting alibis, faking task work, and lying with confidence.

Together, they make the only guide to Among Us you'll need – it's the perfect read for anyone who wants to survive in space (or destroy everyone!).

In this unofficial and independent guide to Among Us, you'll learn how to spot impostors... and how to fool the team when you are one! The first section gives you all the best techniques for spotting the impostors in your crew; the second section gives you all the tools to fool everyone.

Kevin Pettman is a writer and editor of children's magazines, books and annuals, including *Match of the Day* and *Match*. He is also a regular contributor to *Top Gear's* annuals and children's titles. He has written some of Welbeck's best-selling game guides, including *How to Beat Minecraft* and the *Fortnite Battle Royale Pro Gamer Guide*.



£5.99
B-format paperback
February 2021
198mm 129mm
208 pages
Juvenile Nonfiction / Computers

SECRETS OF A FORTNITE FAN

Robson, Eddie

Packed with real Fortnite tips, tricks and secrets that let readers become pros alongside the hero.

Filled with hilarious original illustrations and easy-to-follow text for reluctant readers and Fortnite fans everywhere.

This independent and unofficial chapter book combines an accessible Fortnite play guide with the laugh-out-loud story of one kid's quest for gaming glory.

Meet Tyler Meeks – he's officially bored with being left out of the Fortnite craze. Now he's on a mission to become the world's best Fortnite player... or at least the best player in Class 5C! You'll learn all the tips, tricks and secrets just as Tyler does, so you too can progress from being a noob to a total Fortnite master. Tons of original illustration and snappy, easy-to-read text make this the ideal book for game-obsessed readers. Fans of *Diary of a Wimpy Kid*, *Tom Gates*, and *Captain Underpants* will love this book... and anyone who's into Fortnite will laugh all the way to Victory Royale.



£5.99
B-format paperback
June 2021
198mm 129mm
208 pages
Juvenile Nonfiction / Computers

SECRETS OF A FORTNITE FAN 2

Robson, Eddie

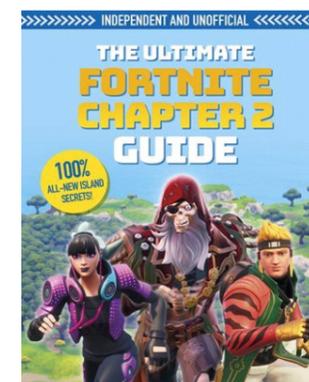
Builds on the success of Welbeck's best-selling fully illustrated Football Superstars series.

Filled with hilarious original illustrations and easy-to-follow text for reluctant readers and Fortnite fans everywhere.

The Fortnite competition is hotting up at Tyler Meeks' school, and he's ready to take on the world!

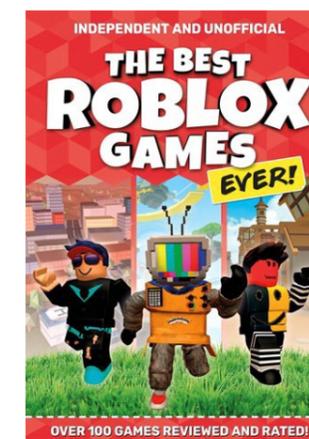
This independent and unofficial chapter book combines an accessible Fortnite play guide with the laugh-out-loud story of Tyler's continuing journey from a complete Fortnite noob to a master player. Readers will learn all-new tips, tricks and secrets along with Tyler, while reading about his hilarious adventures in the game and at school. Original illustrations and easy-to-read text make this the ideal book for Fortnite-obsessed reluctant readers and fans of *Diary of a Wimpy Kid* and *Tom Gates*.

The Fortnite competition is hotting up at Tyler Meeks' school, and he's ready to take on the world! A chapter book combining an accessible Fortnite play guide with the laugh-out-loud story of one



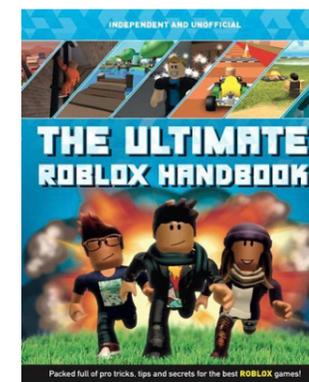
THE ULTIMATE FORTNITE CHAPTER 2 GUIDE

Pettman, Kevin
July 2020
Juvenile Nonfiction / Games & Activities
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THE BEST ROBLOX GAMES EVER

Over 100 games reviewed and rated!
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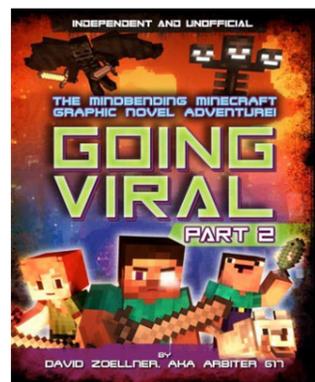
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GOING VIRAL: PART 2

The conclusion to the mindbending graphic novel adventure!

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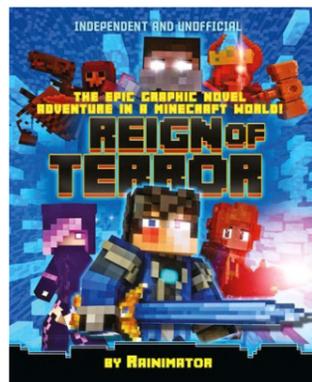


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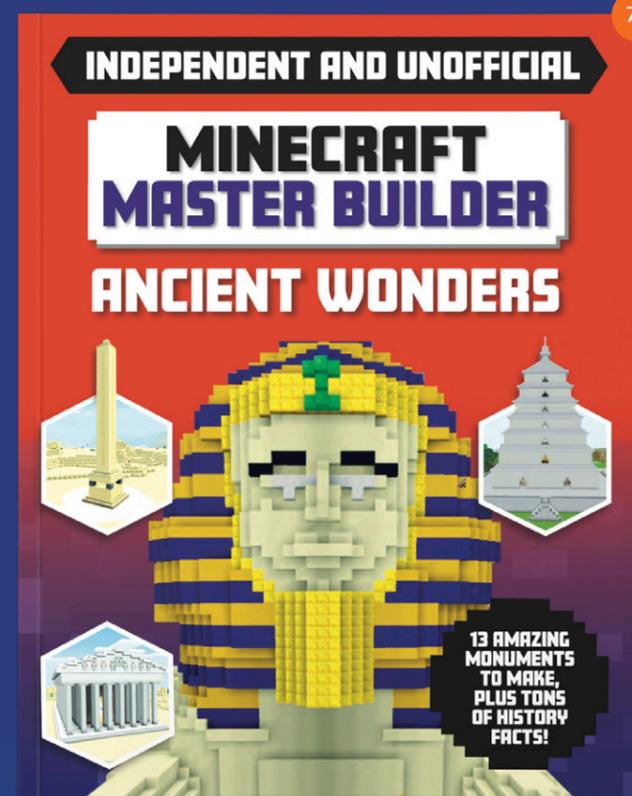


REIGN OF TERROR

The epic graphic novel adventure in a Minecraft world!

Olaguer, Rain
June 2019

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7+

MINECRAFT MASTER BUILDER ANCIENT WONDERS

INDEPENDENT AND UNOFFICIAL

Written by Sara Stanford

UK RRP **£8.99**
978-1-83935-084-9
September 2021
270 x 216 mm

Paperback
80 pages
6,000 words
Computer Game Guides

Minecraft continues to tower over all other young people's gaming brands, with over 200 million copies sold and more than 126 million users playing worldwide every month.

This new *Master Builder* book builds on the popularity of Welbeck's popular Minecraft titles, with over 500,000 titles in print.

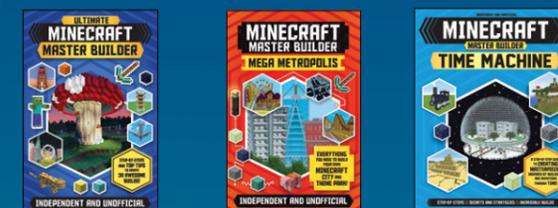
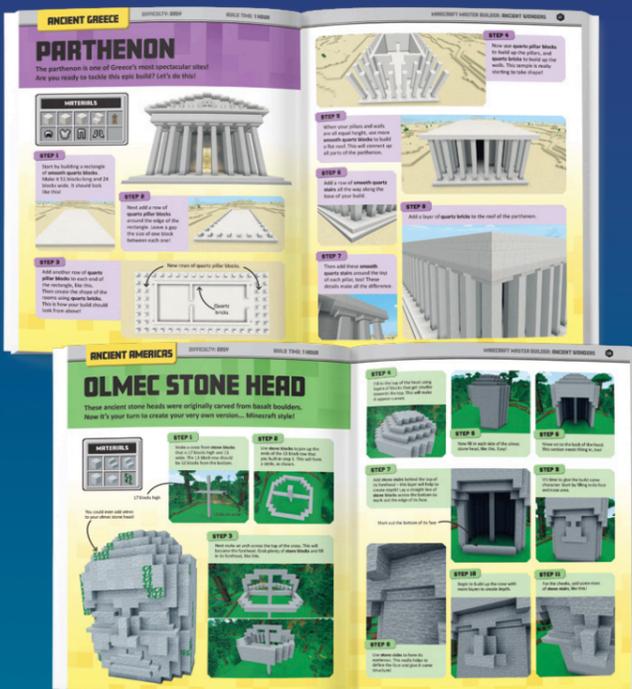
With building instructions and facts on Ancient Greece, Egypt, the Americas and China, this is the perfect educational companion for anyone who loves learning through creativity and play.

This fun, accessible guide is filled with detailed instructions on making fabulous Ancient World structures in Minecraft. It includes 13 different structures from Ancient Greece, Egypt, China and the Americas, with everything from the Great Wall of China to the Colossus of Rhodes.

Builds range in difficulty, so there's something for every reader to get creating right away. Plus, every section is filled with fun facts about each ancient culture, helping to turn historical information into amazing interactive play. It's perfect for anyone who wants to learn and create at the same time – or for anyone who just loves making the most awesome Minecraft builds.

Sara Stanford is a freelance writer and editor with a passion for arts and crafts. She has worked on licensed and own-brand books, magazines and partworks for Egmont, Scholastic, Hachette and Eaglemoss.

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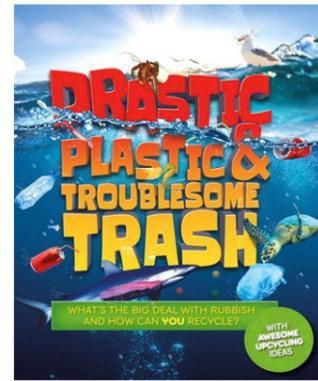
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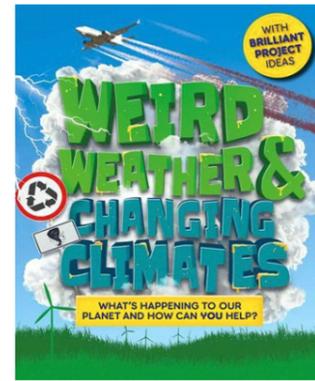


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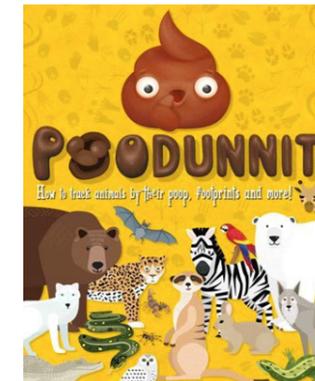


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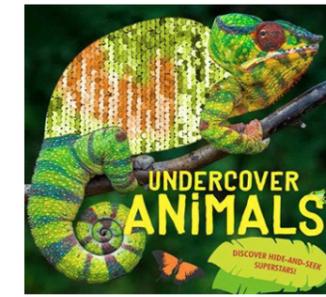


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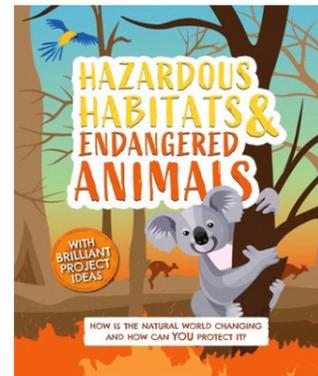


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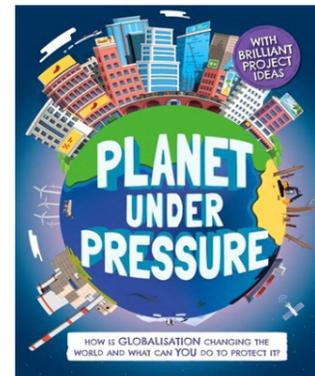


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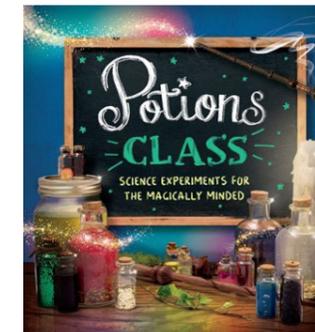


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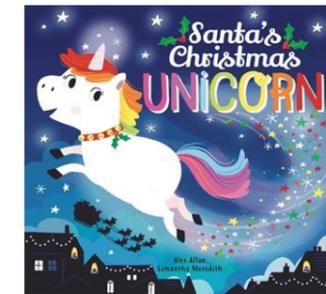


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Robson, Eddie
June 2020

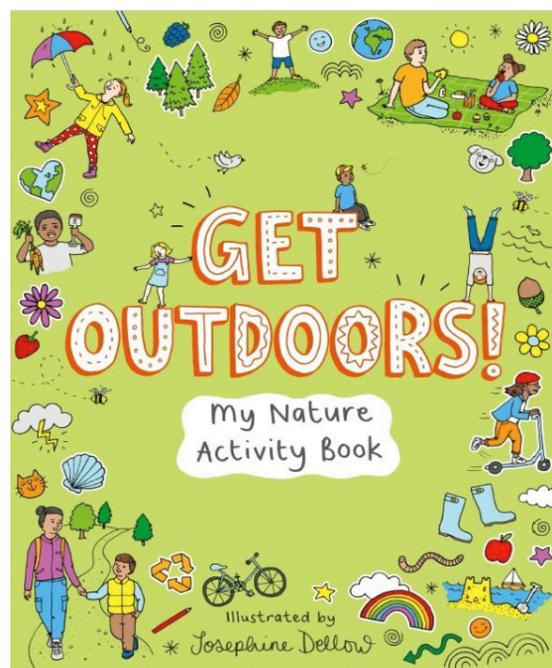
Juvenile Nonfiction / Science & Nature
246mm 216mm Paperback /48 pages £7.99



SANTA'S CHRISTMAS UNICORN

Allan, Alex
October 2020

Juvenile Fiction / Animals
260mm 260mm Paperback /32 pages £7.99



GET OUTDOORS!

Josephine Dellow

November 2021

280mm 220mm

Paperback / softback
64 pages

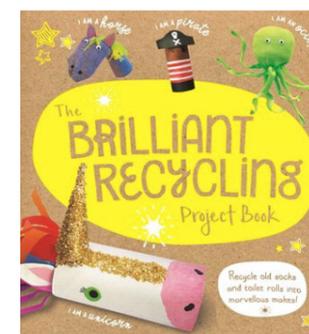
£9.99

Juvenile Nonfiction / Activity Books

- A fun activity book focusing on one wellbeing topic, tailored especially for children
- A fantastic range of engaging and meaningful activities including puzzles, colouring, doodling and crafts
- Amazing, eye-catching artwork by renowned artist and illustrator, Josephine Dellow

Step inside for a mash-up of puzzles and crafts for children on the theme of nature. Each page bursts with exciting and creative activities to encourage children to step outside and engage with the Great Outdoors. With each fun activity and friendly tip, nature becomes interesting and appealing, helping children to learn and have fun, all at the same time.

Josephine Dellow is a freelance illustrator and designer who combines a commercial eye with a signature quirky and whimsical style. Having worked for several years in the giftware industry, for clients such as Sainsbury's, Asda, Tesco and Waitrose, she began to illustrate within the field of book publishing and has since illustrated for Little, Brown Book Group and Hodder & Stoughton. Her time is also spent teaching and designing products and prints for her online shop.



THE BRILLIANT RECYCLING PROJECT

Recycle old socks and toilet rolls into marvellous makes!

Stanford, Sara

February 2020

JUVENILE NONFICTION / Recycling &
262mm 228mm Paperback /96 pages £8.99



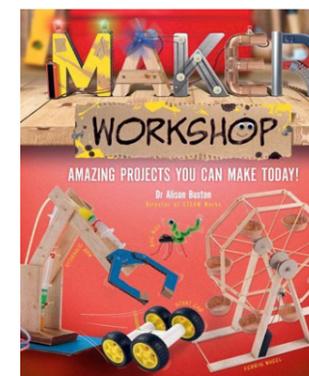
THE AMAZING RECYCLING PROJECT BOOK

Recycle egg and cereal boxes into marvellous makes!

Stanford, Sara

April 2020

JUVENILE NONFICTION / Recycling &
262mm 228mm Paperback /96 pages £8.99



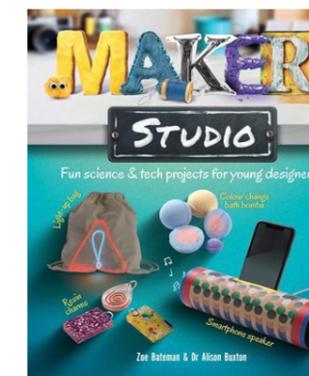
MAKER WORKSHOP

15 amazing projects you can make today

Buxton, Alison

February 2020

Juvenile Nonfiction / Science & Nature
246mm 189mm Hardback 112 pages £12.99



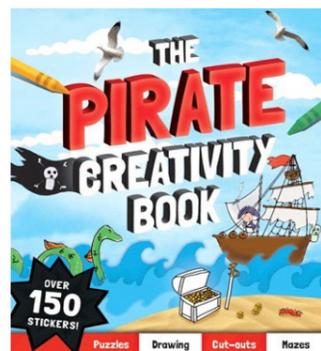
MAKER STUDIO

Fun science and tech projects for young designers

Buxton, Alison

July 2020

Juvenile Nonfiction / Crafts & Hobbies
246mm 189mm Hardback 112 pages £12.99



THE PIRATE CREATIVITY BOOK

Pinnington, Andrea

This high-quality activity book includes the following special items:

Two sticker pages containing over 150 stickers.

A sumptuous gatefold cover for readers to use to create their own unique swashbuckling pirate

Let your imagination run riot in this ultimate activity book on pirates. Design your own pirate flag, learn to read a treasure map and make a pirate's cutlass. Packed with stickers, pull-out decorated pirate-themed pages, puzzles, colouring, games, and projects to make and try at home, kids will be enthralled by this fabulous activity book. Snip! Stick! Colour! Create!

Activity book all about pirate – packed with stickers, pull-out decorated pirate-themed pages, puzzles, colouring, games, and projects to make.

£9.99

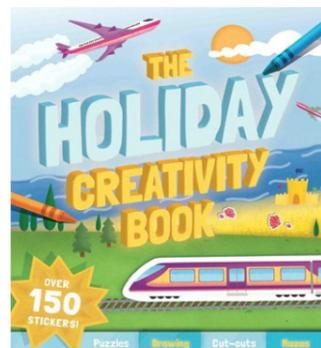
Wire-O

March 2020

270mm 216mm

84 pages

Juvenile Nonfiction / Activity Books



THE HOLIDAY CREATIVITY BOOK

Archer, Mandy

This high-quality activity book includes the following special items:

Two sticker pages containing over 150 stickers.

A sumptuous gatefold cover for readers to use to create their own unique holiday destination

Globetrotters get ready for this ultimate activity book all about holidays. Navigate an Egyptian maze, design your own luggage labels and make your own ice cream! Packed with stickers, pull-out decorated holiday-themed pages, puzzles, colouring, games, and projects to make and try at home, kids will be enthralled by this fabulous activity book. Snip! Stick! Colour! Create!

Activity book all about holidays – packed with stickers, pull-out decorated holiday-themed pages, puzzles, colouring, games, and projects to make.

£9.99

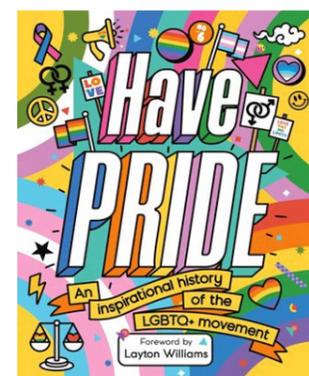
Wire-O

March 2020

270mm 216mm

84 pages

Juvenile Nonfiction / Activity Books



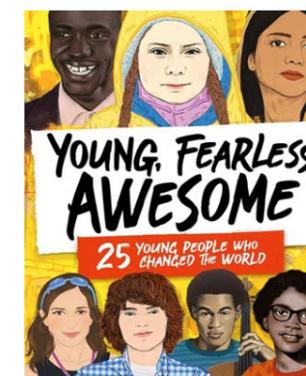
HAVE PRIDE

An inspirational history of the LGBTQ+ movement

Caldwell, Stella

June 2020

220mm 170mm Hardback 128 pages £14.99



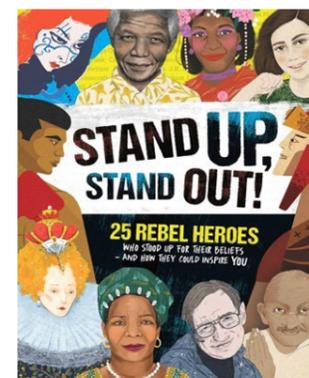
YOUNG, FEARLESS, AWESOME

25 Young People who Changed the World

Caldwell, Stella

April 2020

246mm 189mm Hardback 112 pages £12.99



STAND UP, STAND OUT!

25 rebel heroes who stood up for what they believe

Woodward, Kay

June 2020

Juvenile Nonfiction / History

246mm 189mm Paperback /112 pages £9.99



STAR SIGNS

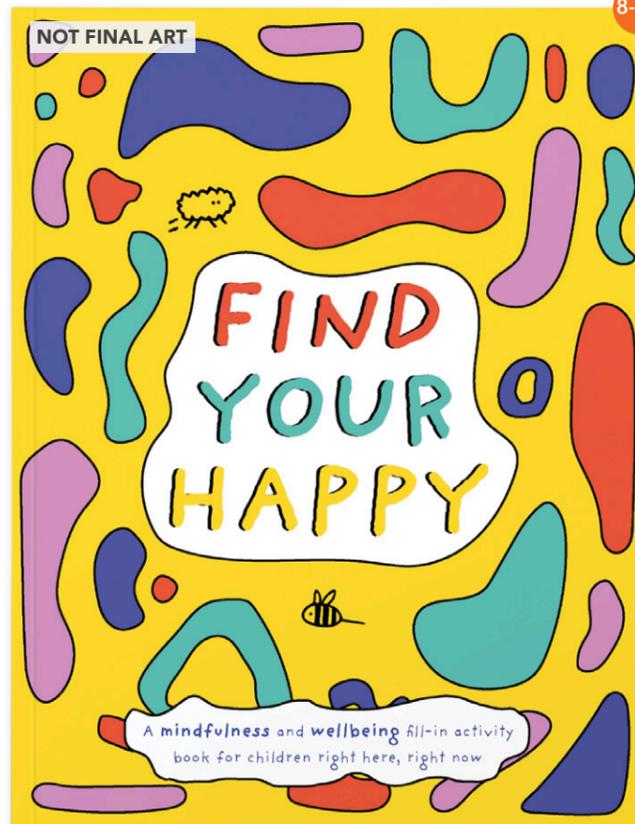
Reveal the secrets of the zodiac

Mortimer Children's Books

January 2021

Juvenile Nonfiction / Social Science

225mm 225mm Paperback /72 pages £7.99



8-12

FIND YOUR HAPPY

UK RRP **£9.99**
978-1-78312-638-5
September 2021
220 x 170 mm

Paperback
112 pages
6,000 words
Personal & Social Issues

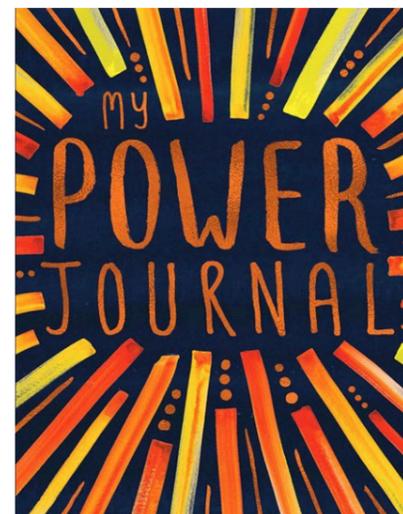
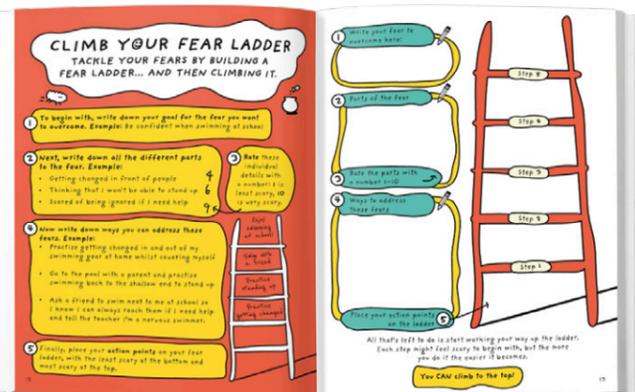
Developed by child psychologist Sarah Davis.

Giving children a place to digest their emotions and the world around them has never been more important than now, with children experiencing the upheaval, uncertainty and isolation brought about by the Covid pandemic.

An ideal tool for kids who find it hard to understand and express their emotions, hopes and anxieties.

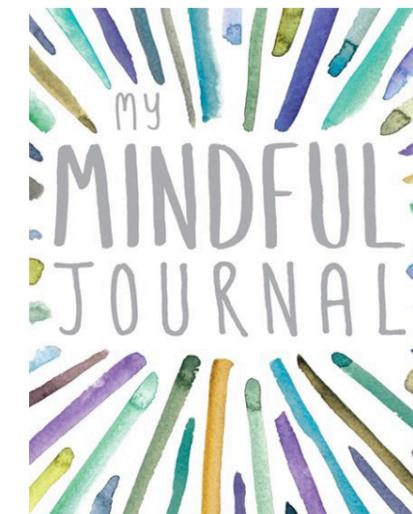
Includes recording/logging spreads for day-to-day activities, writing prompts, aspirational planning-ahead features, as well as lots of space for kids to express themselves in multiple ways.

Find Your Happy is a stylish fill-in journal that helps kids to keep track of their daily life and their dreams for the future, as well as encouraging them to pay attention to their emotions. Featuring inspirational quotes and fun quizzes, as well as tips and tricks for setting goals and remaining positive, this journal is a great way to reduce stress and improve wellbeing by spending time away from the screens that take up so much of our attention. Exploring topics of gratitude and growth-mindset, this book has a strong focus on compassion and becoming the very best version of yourself.



MY POWER JOURNAL

Ups!de Down Books
January 2021
190mm 140mm Paperback /160 pages £9.99



MY MINDFUL JOURNAL

Ups!de Down Books
February 2020
190mm 140mm Paperback /160 pages £9.99



MY FEELINGS JOURNAL

Ups!de Down Books
February 2020
190mm 140mm Paperback /160 pages £9.99



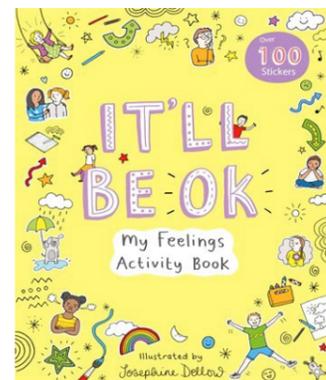
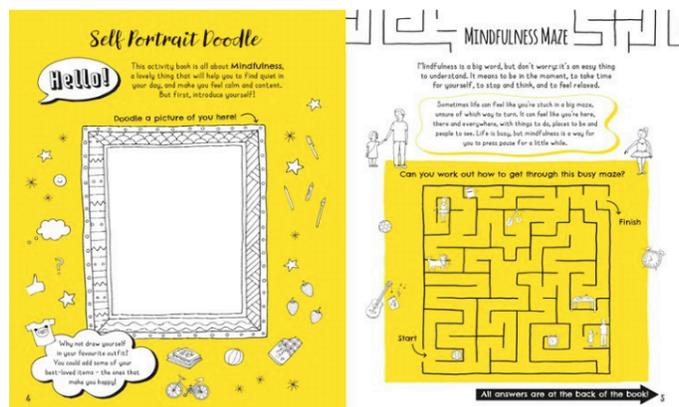
CHILL OUT: MY MINDFULNESS ACTIVITY BOOK

Ups!de Down Books

Step inside for a magical mash-up of puzzles and games for kids, all with the theme of Mindfulness at their core. Each page bursts with kind and creative activities to help soothe the mind, focus in on a task and bring a little bit of peace to any child's day. With each fun activity and friendly tip, Mindfulness becomes relatable and enjoyable, helping kids to zone in and have fun, all at the same time.

This activity book is a mash-up of activities, puzzles, games and crafts, created with 5-8-year-olds in mind. Part of a thoughtful range of activity books, this title centres on the theme of mindfulness, allowing children to learn about its power and its practices via the fun activities and friendly text.

£7.99
Paperback / softback
May 2020
280mm 220mm
64 pages
Juvenile Nonfiction / Activity Books



IT'LL BE OK: MY FEELINGS ACTIVITY BOOK

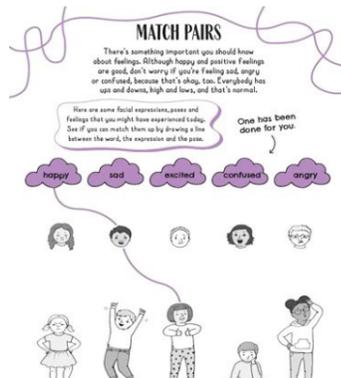
Dellow, Josephine

Jump inside for a magical mash-up of puzzles and games for young people, with the theme of Feelings at their core.

Each page bursts with kind and creative activities to help children think about their emotions and make sense of the different feelings running around inside. With each fun activity and friendly tip, emotions become more understandable, helping children to open up and to make sense of each high and low.

Full of fun activities, puzzles, games and crafts. Part of a thoughtful and kind new range of activity books, this title centres on the theme of feelings.

£7.99
Paperback / softback
August 2020
280mm 220mm
64 pages
Juvenile Nonfiction / Activity Books



THE SMART GIRLS HANDBOOK

Clark, Scarlett V

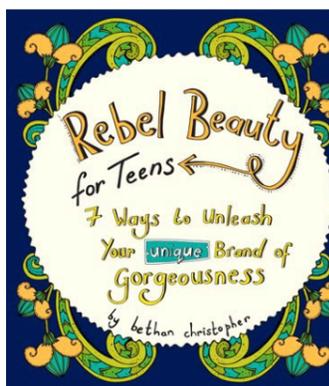
Scarlett Clark is the founder and CEO of the Smart Girl Tribe, one of the UK's leading female empowerment organizations. The Smart Girl Tribe also hosts an annual summit along with its top rated podcast. Alongside her UK commitments Scarlett regularly hosts workshops and talks abroad. Stats, demographic 16-34/11-25, predominantly female. Social Media: Instagram; 7k, FB: 6k,

Using her own story alongside the most popular questions that Scarlett is asked at the many events she runs in schools and colleges, *The Smart Girl's Handbook* will show you how to:

- Discover your talent and find your passion.
- Learn how to deal with fear of failure.
- Cope with anxiety and start speaking your truth.
- Build a strong group of true friends and slay the naysayers.
- Be confident and love yourself.

£10.99
Paperback / softback
April 2021
190mm 140mm
160 pages

Each chapter follows the themes above and uses examples from Scarlett's own life to explore the central idea.



REBEL BEAUTY FOR TEENS

Christopher, Bethan

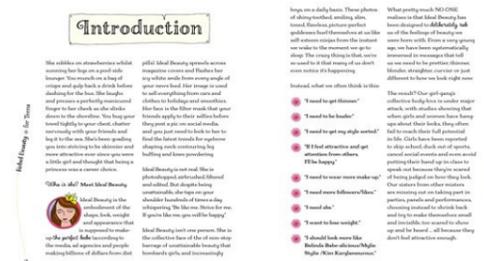
The term "gorgeousness" describes an energy that is unique to every woman. It is the individual quality of your You-Ness.

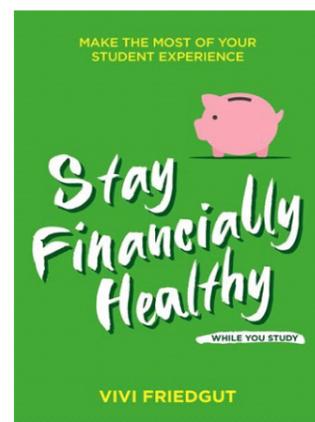
In a world immersed in visual media, where stick-thin models are used to sell everything, teenage girls are under increasing pressure to achieve an unattainable physical perfection.

Rebel Beauty for Teens has been created to help girls develop a resilient relationship with themselves and their bodies, encouraging them to feel excited about their own unique brand of gorgeousness — irrespective of age, looks and body shape.

Beautifully illustrated throughout, using the principals of NLP and CBT.

£14.99
Paperback / softback
April 2021
220mm 180mm
176 pages



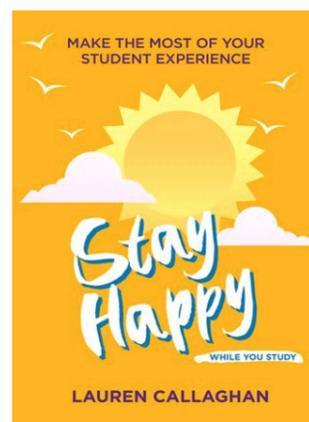


STAY FINANCIALLY HEALTHY WHILE YOU STUDY

Make the Most of Your Student Experience

Friedgut, Vivi
March 2021

SELF-HELP / Self-Management
161mm 111mm Paperback /112 pages £5.99

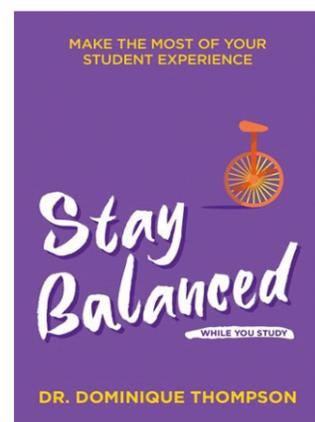


STAY HAPPY WHILE YOU STUDY

Make the Most of Your Student Experience

Callaghan, Lauren
March 2021

Self-Help / Personal Growth
161mm 111mm Paperback /96 pages £5.99

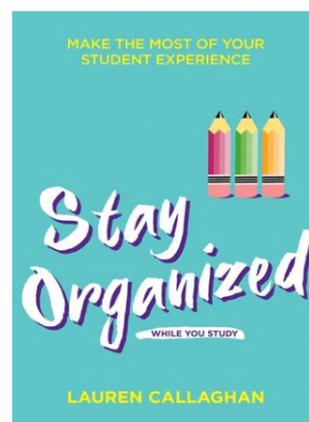


STAY BALANCED WHILE YOU STUDY

Make the Most of Your Student Experience

Thompson, Dominique
September 2020

Self-Help / Personal Growth
161mm 111mm Paperback /96 pages £5.99

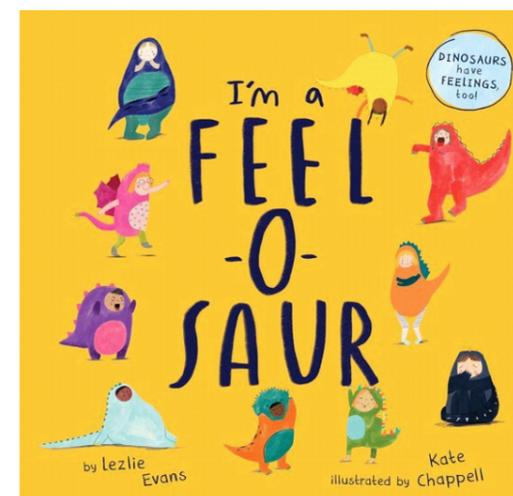


STAY ORGANIZED WHILE YOU STUDY

Make the Most of Your Student Experience

Callaghan, Lauren
September 2020

SELF-HELP / Self-Management
161mm 111mm Paperback /96 pages £5.99



I'M A FEEL-O-SAUR

Lezlie Evans, Kate Chappell

February 2021

250mm 250mm

Paperback / softback

32 pages

£6.99

Juvenile Nonfiction / Social Issues

Explores emotions through appealing child characters dressed in dinosaur costumes. The text is commercially appealing and fun to read aloud.

US-based author Lezlie Evans has a sales track of published books.

Adorable art by UK-based illustrator Kate Chappell will ensure this book pops on bookstore shelves.

'Dinosaur Day' is the 3rd Tuesday in May, and will likely coincide with Mental Health Awareness Week in 2021.

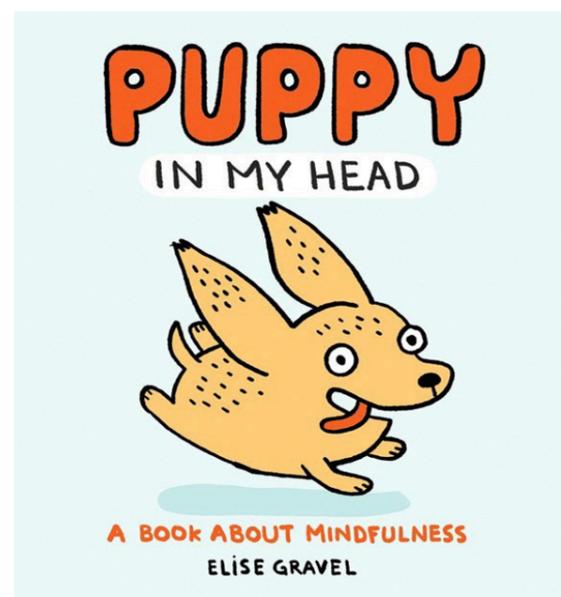
I'm a Feel-o-saur is a fun rhyming romp through all the different feelings that kids (and all of us!) experience, from sad, to 'hangry', to happy.

Specifically geared towards children aged 3 to 5, and introducing children dressed as dinosaurs with names like Grumpy-saurus, Happy-saurus, and Bored-o-saurus, this picture book is a great way to start conversations about feelings with the youngest readers. The final spread gives a quick overview of the best ways to handle each different emotion. This charming cast of diverse children characters, all dressed up in adorable dinosaur costumes, will reassure young readers that whatever their mood is today, it's all OK!

Whatever they're feeling, young readers can explore their range of emotions through funny, bouncy rhymes.

Lezlie Evans is the award-winning author of numerous picture books including *Daddies Do* (Sterling 2018), *Finding Christmas* (Albert Whitman 2017), *The Bunnies' Picnic* (Disney-Hyperion 2007), and *Can You Count 10 Toes? Counting to 10 in 10 Different Languages* (Houghton Mifflin Harcourt, 2005). She is a member of The Washington D.C. Children's Book Guild, mother of six, and grandmother of eight.

Kate Chappell is a freelance illustrator living and working from her home in Lincolnshire. She graduated from Falmouth University with a BA (Hons) Illustration in 2013. A lover of all animals (especially dogs!) and often inspired by people she knows, Kate uses gouache, pencil crayon and Photoshop to create fun, dynamic characters and illustrations. She likes to include an element of humour in her work whenever possible.



PUPPY IN MY HEAD

A Book About Mindfulness

Elise Gravel

March 2020

203mm 178mm

Paperback / softback

32 pages

£6.99

I've got a puppy running around inside my head. His name is Ollie. Sometimes my puppy is quiet, curious, or scared. And sometimes he gets excited... too excited!

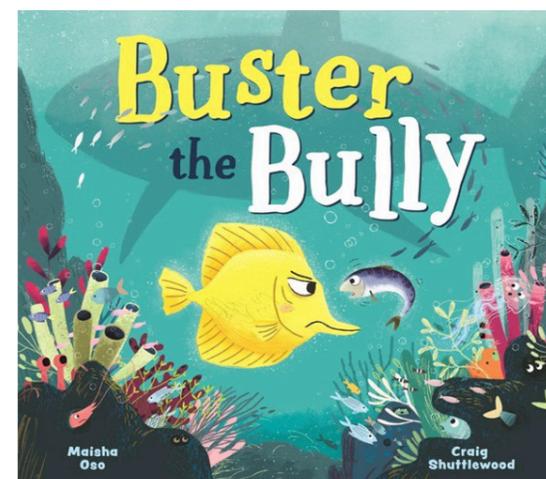
Ollie's emotions can be overwhelming for both of us, so I use my breath, words, and actions to calm myself – and my puppy – right down.

Do you have a puppy inside your head, too?

Puppy in My Head, by award-winning author-illustrator Elise Gravel, helps children identify and deal with anxiety in an age-appropriate comic-style format.

This book helps children identify and deal with anxiety using mindfulness, in an age-appropriate comic-style format.

Elise Gravel is an award-winning children's book author and illustrator based in Montreal, Quebec. Her books have most recently been listed on Bank Street College's Best Books of the Year, Chicago Public Library Best of the Best Books, and New York Public Library's Best Books for Kids. Still a kid at heart, Elise loves creating quirky characters and teaching kids to embrace the qualities that make them different. She is the author-illustrator of over thirty books for children.



BUSTER THE BULLY

Maisha Oso, Craig Shuttlewood

September 2021

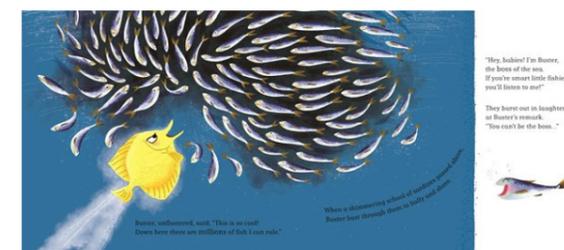
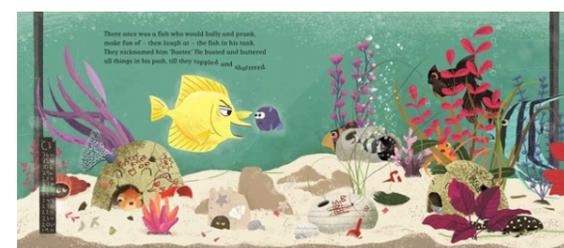
230mm 250mm

Hardback

32 pages

£6.99

Juvenile Fiction / Social Issues

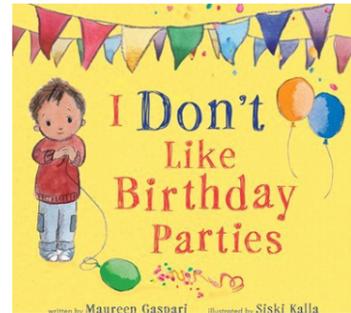


- Debut author, Maisha Oso, looks at being a bully from both sides in this relatable story
- Illustrator Craig Shuttlewood is based in the UK, and has created a wonderful undersea world for children to explore. He is keen to help promote the book
- Young readers will delight in watching the interaction between the adorable fish, scary shark, and whopping whale characters
- Publishing in time for Anti-Bullying Week in November 2021
- Universal theme and rhyming text make this story a great way to discuss bullies - and bullying - with children
- Author is part of 12 x 12 and SCBWI, both wide networks in the US which she can use to help promote her book over there

Buster is the big fish in a small pond: he is the bully of his fish tank who terrorizes all the smaller fish. But when he gets kicked out and sent to the ocean for his bullying behaviour, a shark bullies him! Buster quickly finds a safe hiding spot and as he catches his breath, he reflects on how it feels to be on the receiving end of a bully's bashing. So, when Buster sees another little fish in danger of being eaten by the same shark, he comes to the rescue and saves them both. Having gone from bully to bullied to brave, Buster discovers the error of his previous bullying ways and vows to change for the better. This rhyming picture book shows the perspective of both the bully and the bullied, within the same character, and clearly shows how someone could have a change of heart through experience and empathy.

Maisha Oso is a former strategy and analytics professional from New York City, currently working in her most challenging role to date: as a stay at home mom. She has recently moved to Atlanta, GA with her husband and three young children.

Craig Shuttlewood is an illustrator and storyteller dreaming up ideas from a garden studio in Brighton. With a background in fine art, he has exhibited original work in many galleries from London to New York. His debut book, *Who's in the Tree That Shouldn't Be?* received a highly commended award at the Cambridgeshire 'Read it Again' Awards. Another book, *Town and Country*, won the Best Children's Book in the Junior Design Awards.

**I DON'T LIKE BIRTHDAY**

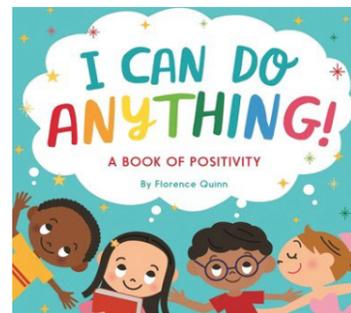
Gaspari, Maureen
September 2021 Hardback
250mm 250mm 32 pages £7.99
Juvenile Fiction / Social Issues

**MIGHTY LIONS & THE BIG**

Chapman, Tom
July 2021 Paperback /
230mm 250mm 32 pages £6.99
Juvenile Fiction / Sports & Recreation

**BIGGEST THING OF ALL**

Thurman, Kathryn
March 2021 Paperback /
230mm 250mm 32 pages £10.99
Juvenile Fiction / Social Issues

**I CAN DO ANYTHING!**

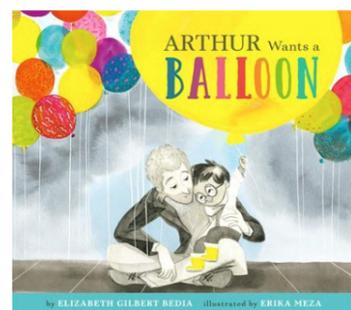
Quinn, Florence
June 2021 Paperback /
203mm 203mm 24 pages £6.99
Juvenile Nonfiction / Social Issues

**TOMORROW I'LL BE BRAVE**

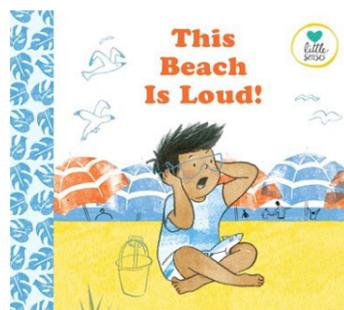
Hische, Jessica
April 2020 Paperback /
254mm 203mm 40 pages £6.99
Juvenile Nonfiction / Social Issues

**TOMORROW I'LL BE KIND**

Hische, Jessica
September 2020 Paperback /
254mm 203mm 40 pages £6.99
Juvenile Nonfiction / Social Issues

**ARTHUR WANTS A BALLOON**

Bedia, Elizabeth Gilbert
October 2020 Paperback /
230mm 250mm 32 pages £6.99
Juvenile Nonfiction / Social Issues

**THIS BEACH IS LOUD!**

Cotterill, Samantha
July 2020 Paperback /
230mm 230mm 32 pages £6.99
Juvenile Fiction / Social Issues



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