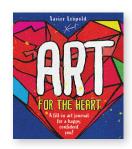
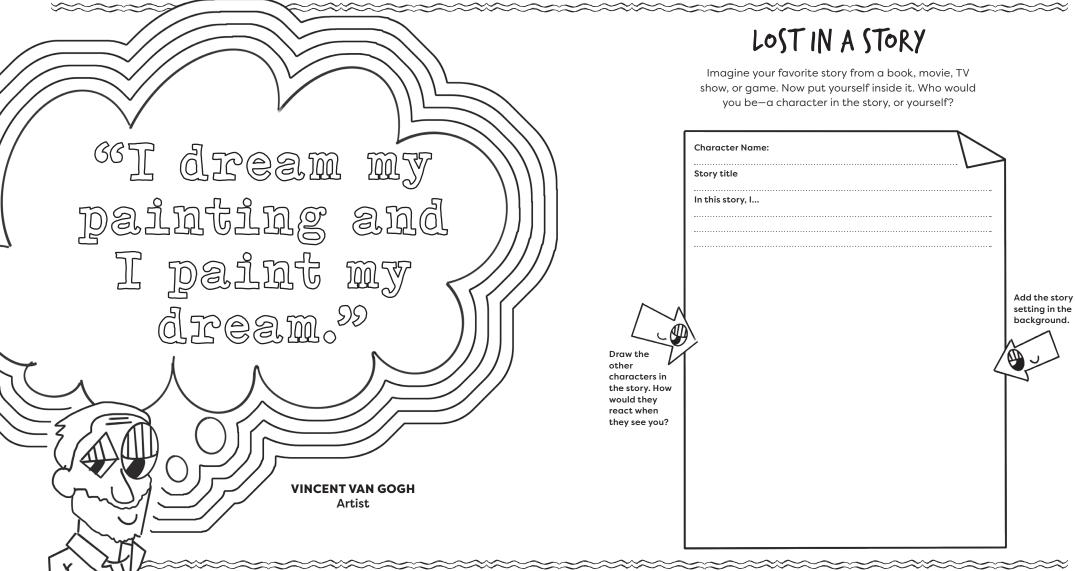


You'll find lots of fun videos to get you creating your own cool art — check out the Xavi Art (lub at www.youtube.com/WelbeckPublishingGroup

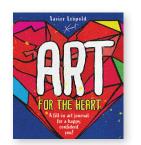








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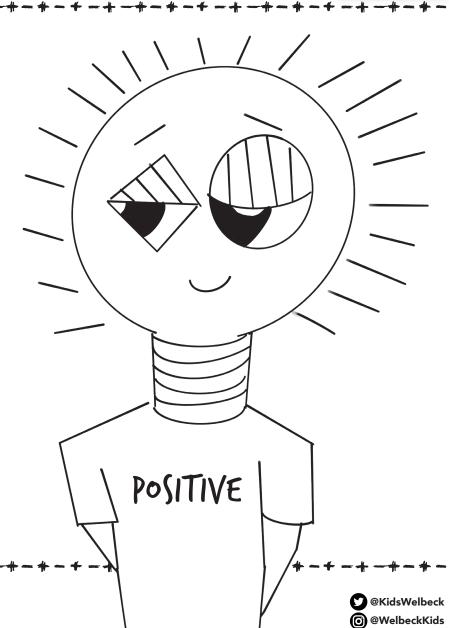


THINK POSITIVE

MAKING ART MAKES YOU FEEL GOOD

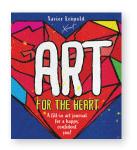
Creating art can help you bring out positive feelings—whether it's doodling, drawing, painting, writing, or making music.

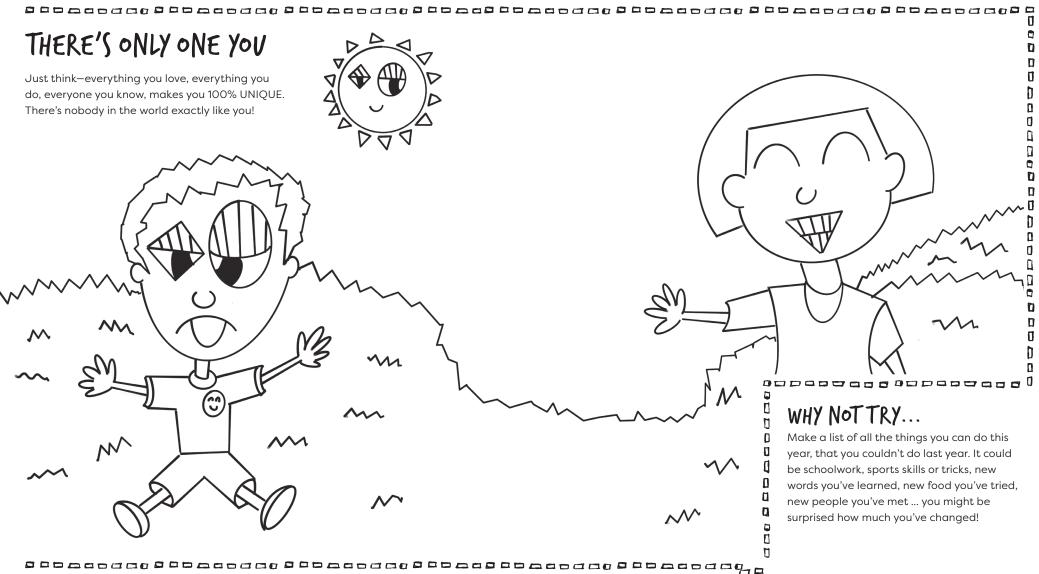
Remember, only YOU can create your own art—nobody else can do it just like you. Try these activities to bring some sunshine to your day!





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